



Free Nutrition & Healthy Living Class

Monday, February 22nd 9-10 am or 6-7 pm

- Unit Pricing & Other Shopping Strategies

Monday, March 22nd 9-10 am or 6-7 pm

- Saving Money on Food Away From Home

Receive a special meal box after each class attended. Those who attend both classes will be entered into a raffle for a small gift from

West Suburban Community pantry. 

To Register or for more information, contact: Nina Cross at 630-412-0702 or ncross@wscpantry.org

If you need reasonable accommodations to participate in this program, please contact: Cindy Glavin at cglavin@illinois.edu

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