

appalled = very shocked: "They were appalled to hear that they would all lose their jobs at the end of the year."

apprehensive = slightly worried: "I feel a little apprehensive about my interview tomorrow."

ashamed: "How could you say such a thing? You should be ashamed of yourself!"

at the end of your tether = completely fed up: "The children have been misbehaving all day – I'm at the end of my tether."



B

bewildered = very confused: "He was bewildered by the choice of computers in the shop."

betrayed = when someone breaks the trust you have in them: "He betrayed my trust when he repeated my secret to everyone."

C

confused: "I'm sorry I forgot your birthday – I was confused about the dates."

confident = sure of your abilities: "I'm confident that we can find a solution to this problem."

cheated = when you don't get something that you think you deserve: "Of course I feel cheated – I should have won that competition."

cross = quite angry: "I was cross with him for not helping me, as he said he would."

D

depressed = very sad: "After he failed his English exam, he was depressed for a week."

delighted = very happy: "I'm delighted that I got the job. It's just what I always wanted."

down in the dumps = sad and fed up: "What's the matter with him? He's so down in the dumps these days."

disappointed: "She was disappointed by her son's poor results at school."

E

ecstatic = extremely happy: "When he asked her to marry him she was ecstatic."

excited: "I'm excited by the new opportunities that the internet brings."

emotional = you have strong feelings (happy or sad) and you cry: "When he heard the news, he became quite emotional."

envious = when you want something that someone else has: "I'm very envious of her happiness – I wish I was happy too."

embarrassed = slightly ashamed: "I felt so embarrassed that I went bright red."

F

furious = very angry: "I was furious with him for breaking my favourite vase."

frightened: "As a child she was frightened of the dark."

G

great = very good: "I feel great today!"

H

happy: "She was happy to hear the good news."

horrified = very shocked: "I'm horrified by the amount of violence on television today."