

## The History of St. Valentine's Day

St. Valentine was a bishop who lived in the third century in Rome. He fought against Emperor Claudius who banned his soldiers from marrying.

He helped soldiers who wanted to get married. He married them secretly. The emperor found out and arrested him.

While waiting for his sentence the jailor Asterius came to Valentine to use his power to heal his blind daughter. Valentine healed her. Her sight was restored. They fell in love.

After a while, the Emperor asked Valentine to give up his religion. Valentine refused. Just before his execution, Valentine wrote message to his love. He signed it, "from your Valentine", and the phrase has lived ever after.