

My New Year's Resolutions

Listen to and read the following:

New Year's Eve has always been a time to think about what I have done during the year and more importantly, looking forward to the coming new year. It is a time to think about things we need to change and make sure they happen. You can improve your life by starting something new, by trying harder at something, by cutting down on something, or even giving up something. I am determined to make 2020 better than this year as I have decided I am going to work and live a good life. First, I have decided to learn more about my community so my family and I can enjoy activities. I am also planning to get in shape and go on a diet as well as joining a health club. I am also going to jog every morning. That is not all; I intend to live a healthier life. I plan to stop eating a lot of sweet stuff and junk food. What is more, I will eat more fruit and vegetables. I am not only going to worry about my health, I am also going to live a happier life with my family. I am planning to go on trips with them like going to Lake Michigan. I am determined to keep my resolutions and hopefully this time next year I will be proud of myself and what I accomplished.



Circle T (True) or F (False).

- | | | | |
|---|---|---|---|
| 1 | The narrator wants to make changes. | T | F |
| 2 | She knows about her community. | T | F |
| 3 | She wants to lose weight. | T | F |
| 5 | She is a sweet tooth. | T | F |
| 6 | She wants to spend more time with her family. | T | F |
| 7 | They might go to Lake Michigan. | T | F |
| 8 | The narrator has a lot to do. | T | F |

