

English New Year's Resolutions Adverbs of Frequency (Going to for plans/ adverbs of frequency/ learner training)

Add adverbs of frequency like “sometimes” or “never”, or “twice a week” or “once every three months” to at least half the sentences below to make your own (real) plans for learning English next year. Make sure you put the adverbs of frequency in the correct position.

Next year I am going to:

Read an English book.

Listen to the radio in English

Watch a movie in English with English subtitles

Watch a DVD in my language with English subtitles

Watch a DVD in English without subtitles

Use an English-English dictionary

Do online chat in English

Write to a penfriend in English

Listen to radio with an English speaking DJ

Listen to English speech radio such as BBC World Service or Voice of America

Meet with a conversation exchange partner

Do an internet search in English

Write emails in English

Read the lyrics of English language songs.

Play language learning computer games

Go through a list of new vocabulary I have learnt

Listen to an English language audio guide in a museum

Sing English language songs

Record myself speaking English

Tell your partner only the adverb of frequency (the part you have written) only and see if they can make a correct sentence about your English language learning plans

What parts of your English skills do you most want or need to improve? What are the best ways of improving those skills?

What things do you think you need to do most often to improve your English?

What do you think are the best ways of learning English from the list above?

Which things have you tried to do outside the classroom? Which are the easiest and the most difficult?