



QUIT YOUR WAY

Quitting tobacco isn't easy. Finding help should be.



TOBACCO CESSATION GROUP QUIT COURSES

DATE	TIME	LOCATION	LANGUAGE
Mondays (2/12 - 3/19)	6:00 - 7:00pm	Florida Blue 8895 SW 136th Street Miami, FL 33176	Bilingual

Includes **FREE**

Nicotine patches, gum or lozenges*

More than **DOUBLES** your chances of success!

**If medically appropriate and 18 years of age or older.*



GROUP QUIT

Is the in-person option of
Tobacco Free Florida's Quit Your Way services.

**To register please call
(305) 243-2847**

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For more information, visit us at
tobaccofreeflorida.com/quityourway

