

## **“Souper Cereal Bowl”**

Bring in your non-perishable food items by February 9th to vote for your favorite team. (New England Patriots or Seattle Seahawks.) or if you really don't care – there's a bin for that too.

Suggested items:

- Soups of all kinds. Carton or boxed soups, canned soups, and dry soup mixes are all accepted. (But let's avoid mushroom soup. )
- Cereals of all kinds. (Prefer boxed cereals to avoid bags that may tear during handling.)
- Oatmeal, including small or individual packets of instant oatmeal
- Macaroni & Cheese dinners
- Boxed Skillet dinners such as Hamburger Helper, Hy-Vee Skillet meals, Tuna Helper, Banquet Homestyle Bakes, Bird's Eye Skillet Meals, Betty Crocker meals. (NO frozen meals please.)
- Canned complete meals such as Chef Boyardee Beef Ravioli Canned Pasta, Campbell's meatballs & spaghetti, Dinty Moore Beef Stew, etc.
- Rice (in 1 or 2 lb. bags)
- Knorr pasta sides or rice dishes (or similar products).

Items collected will benefit From the Heart Food Pantry at  
Trinity Lutheran.