



International  
Diabetes Center

PROFESSIONAL  
EDUCATION

# Clinical Diabetes Management

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for **Primary Care Clinicians**

**2020**

Thursday and Friday: **March 5–6 or June 18–19 or October 22–23**

# Clinical Diabetes Management

for **Primary Care Clinicians**

Physicians  
Nurse Practitioners  
Physician Assistants  
Pharmacists

**2020**

Thursday and Friday:

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Park Nicollet Clinic & Specialty Center  
Minneapolis, Minnesota

## **Tuition**

**\$575** for physicians

**\$475** for other professionals

**\$300** for residents and students

Includes continental breakfast and lunch.  
An electronic syllabus will be available  
for download prior to the conference.  
Participants have the option of purchasing a  
printed syllabus for \$50 when registering.

See website for additional details.

[parknicollet.com/cme/diabetes](http://parknicollet.com/cme/diabetes)

Diabetes is a very common and serious disease. New diabetes therapies and technologies are expanding dramatically and evidence-based guidelines are continually changing, making management more challenging. Keeping current with the latest therapies and technologies for the management of diabetes and related comorbidities is difficult and time consuming.

Primary care clinicians need extensive knowledge of the natural history of diabetes and recommended treatment options, as well as the ability to teach patients how to successfully manage their disease. Given the complex and diverse nature of diabetes, education on evidence-based practice guidelines and protocols is vital to a clinician's ability to effectively treat patients.

This program uses lectures and interactive learning activities based on the latest research and clinically proven therapies. With an emphasis on application, this comprehensive program for clinicians includes practice-based case studies. This program will give clinicians increased knowledge, skills and confidence, and provide tools to manage this complex chronic disease.

## Program objectives

Following this course, participants will be able to:

- Evaluate noninsulin diabetes therapies and identify principles for selecting, combining and advancing medications
- Initiate insulin therapy based on patient assessment and adjust insulin doses based on pattern management or using continuous glucose monitoring reports
- Develop strategies to improve adherence to diabetes self-management activities such as eating for better health and glucose monitoring
- Outline a systematic approach for managing the complications of diabetes: hypertension, dyslipidemia, renal disease, neuropathy, wound care and sexual function
- Describe diabetes management in specific circumstances such as steroid therapy, pregnancy and the elderly
- Discuss evidence-based strategies to address obesity, including diabetes prevention in adolescents

## Faculty and planning committee

Rami Almokayyad, MBBS, ECNU

Richard Bergenstal, MD

Michael Butcher, DO

Anders Carlson, MD

Kristin Christiansen, MD

Jill Haugen\*

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Gregg Simonson, PhD\*

Maiken Strohm, MD

Sarah Tupper, NP\*

Jennifer Vesely, MD

Amber Winkelman, DO

Anthony Woolley, MD

\*Planning committee

## Accreditation and credits

HealthPartners Institute is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Office of Continuing Medical Education, HealthPartners Institute, designates this live activity for a maximum of 13.75 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

This program has been approved by the Minnesota Board of Pharmacy and is acceptable for 13.75 hours. The program number assigned to this course is #2-088-306-039.

It is the responsibility of each participant to determine if the program meets the criteria for licensure or recertification for their discipline.

## Cancellation and refund policy

The registration fee, less a \$50 administrative charge, is refundable if cancellation is received at least five business days before the conference date.

All continuing medical education activities are subject to cancellation. In the event this conference is canceled, the Office of Continuing Medical Education, HealthPartners Institute, is not responsible for any airfare, hotel or other costs incurred by participants.

## Life-changing diabetes training from the pioneer in team management

International Diabetes Center provides world-class diabetes care, education and clinical research to meet the needs of people with diabetes, their families and the health professionals who care for them. Located in suburban Minneapolis, the center is recognized internationally for its range of clinical and educational programs, products and services. International Diabetes Center is part of HealthPartners Institute.

## Register today

Go to:

[parknicollet.com/cme/diabetes](http://parknicollet.com/cme/diabetes)

You'll find how to:

- Register and pay online
- Download a registration form – if you prefer – to print out, fill in and mail or fax with payment

You'll also find additional details about tuition, location and hotel recommendations.

Questions?

email: [cme@parknicollet.com](mailto:cme@parknicollet.com)

phone: 952-993-3531

toll free: 1-888-786-3119

# Agenda

## DAY 1 (Thursday)

7:30 am	Registration and light breakfast
8:00	Welcome and announcements
8:15	Diabetes Management Today
9:15	Medical Nutrition Therapy for Diabetes and Commonly Asked Nutrition Questions
10:15	Break
10:30	Navigating the Maze of Noninsulin Therapies
Noon	Lunch
1 pm	Comprehensive Diabetes Care
1:30	Moving the Needle on Insulin Therapy
2:30	Break
2:45	Glucose Pattern Management: Focus on Insulin
3:45	Managing Common Concerns for the Elderly Patient
4:15	How Diabetes Affects Sexual Health
5:00	Adjourn

## DAY 2 (Friday)

7:45 am	Light breakfast
8:00	Ask the Endocrinologist <ul style="list-style-type: none"><li>• Diabetes medication adjustments for procedures</li><li>• Management of steroid-induced hyperglycemia</li><li>• Using concentrated insulins</li><li>• Diabetes and driving</li><li>• Insulin pumps</li></ul>
9:15	Diabetes and the Foot: Neuropathy and Wound Care
10:00	Break
10:15	Cardiometabolic Risk: Targeting Hypertension
11:00	Cardiometabolic Risk: Targeting Lipids
11:45	Breakout Sessions: <ul style="list-style-type: none"><li>A. Diabetes and Pregnancy</li><li>B. Using CGM to Adjust Medications: Case Studies</li></ul>
12:30 pm	Lunch
1:15	Type 2 Diabetes Prevention in Adolescents
1:45	Options for the Overweight Patient
2:45	Kidney Disease and Diabetes
3:30	Adjourn

# International Diabetes Center

## PROFESSIONAL EDUCATION



3800 Park Nicollet Blvd.  
Minneapolis, MN 55416

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U.S. Postage  
PAID  
Twin Cities, MN  
Permit No. 91906

## Our programs change lives.

- Acquire knowledge and skills from diabetes experts
- Learn practical solutions tested in real-world clinical settings
- Gain insights from practice-based, evidence-based programs
- Get hands-on experience and network with other professionals