DAY 2 (Friday)

7:45 am  Light breakfast
8:00  Ask the Endocrinologist
• Diabetes medication adjustments for procedures
• Management of steroid-induced hyperglycemia
• Using concentrated insulins
• Diabetes and driving
• Insulin pumps

9:15  Diabetes and the Foot: Neuropathy and Wound Care

10:00 Break
10:15  Cardiometabolic Risk: Targeting Hypertension
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11:45 Breakout Sessions:
A. Diabetes and Pregnancy
B. Using CGM to Adjust Medications: Case Studies

12:30 pm  Lunch
1:15  Type 2 Diabetes Prevention in Adolescents
1:45  Options for the Overweight Patient
2:45  Kidney Disease and Diabetes
3:30  Adjourn
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Primary care clinicians need extensive knowledge of the natural history of diabetes and recommended treatment options, as well as the ability to teach patients how to successfully manage their disease. Given the complex and diverse nature of diabetes, education on evidence-based practice guidelines and protocols is vital to a clinician’s ability to effectively treat patients.

This program uses lectures and interactive learning activities based on the latest research and clinically proven therapies. With an emphasis on application, this comprehensive program for clinicians includes practice-based case studies. This program will give clinicians increased knowledge, skills and confidence, and provide tools to manage this complex chronic disease.

Program objectives
Following this course, participants will be able to:

- Evaluate noninsulin diabetes therapies and identify principles for selecting, combining and advancing medications
- Initiate insulin therapy based on patient assessment and adjust insulin doses based on pattern management or using continuous glucose monitoring reports
- Develop strategies to improve adherence to diabetes self-management activities such as eating for better health and glucose monitoring
- Outline a systematic approach for managing the complications of diabetes: hypertension, dyslipidemia, renal disease, neuropathy, wound care and sexual function
- Describe diabetes management in specific circumstances such as steroid therapy, pregnancy and the elderly
- Discuss evidence-based strategies to address obesity, including diabetes prevention in adolescents

Faculty and planning committee
Rami Almekayyal, MBBS, ECNU
Richard Bergenstal, MD
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Gregg Simonson, PhD†
Maiken Strohm, MD
Sarah Topper, NP†
Jennifer Vreedy, MD
Amber Winkelman, DO
Anthony Woolley, MD
*Planning committee

Accreditation and credits
HealthPartners Institute is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Office of Continuing Medical Education, HealthPartners Institute, designates this live activity for a maximum of 13.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

This program has been approved by the Minnesota Board of Pharmacy and is acceptable for 13.75 hours. The program number assigned to this course is #2-088-306-039.

It is the responsibility of each participant to determine if the program meets the criteria for licensure or recertification for their discipline.

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Tuition
$575 for physicians
$475 for other professionals
$300 for residents and students

Includes continental breakfast and lunch. An electronic syllabus will be available for download prior to the conference. A printed syllabus for $50 when registering.

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Clinical Diabetes Management for Primary Care Clinicians

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parknicollet.com/cme/diabetes

You’ll find how to:
- Register and pay online
- Download a registration form – if you prefer – to print out, fill in and mail or fax with payment
- You’ll also find additional details about tuition, location and hotel recommendations.
- Questions?

email: cme@parknicollet.com
phone: 952-993-3511
toll free: 1-888-786-3119
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for Management
Diabetes
Clinical
Primary Care Clinicians
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Clinical Diabetes Management
for Primary Care Clinicians
Physicians
Nurse Practitioners
Physician Assistants
Pharmacists

2020
Thursday and Friday:
March 5–6 or
June 18–19 or
October 22–23

Park Nicollet Clinic & Specialty Center
Minneapolis, Minnesota

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### Agenda

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>7:30</td>
<td>Registration and light breakfast</td>
</tr>
<tr>
<td>8:00</td>
<td>Welcome and announcements</td>
</tr>
<tr>
<td>8:15</td>
<td>Diabetes Management Today</td>
</tr>
<tr>
<td>9:15</td>
<td>Medical Nutrition Therapy for Diabetes and Commonly Asked Nutrition Questions</td>
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<tr>
<td>10:15</td>
<td>Break</td>
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<tr>
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<td>Navigating the Maze of Noninsulin Therapies</td>
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<tr>
<td>Noon</td>
<td>Lunch</td>
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<tr>
<td>1:00</td>
<td>Comprehensive Diabetes Care</td>
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<tr>
<td>1:30</td>
<td>Moving the Needle on Insulin Therapy</td>
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<tr>
<td>2:30</td>
<td>Break</td>
</tr>
<tr>
<td>2:45</td>
<td>Glucose Pattern Management: Focus on Insulin</td>
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<tr>
<td>3:45</td>
<td>Managing Common Concerns for the Elderly Patient</td>
</tr>
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<td>4:15</td>
<td>How Diabetes Affects Sexual Health</td>
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**Clinical Diabetes Management**

*for Primary Care Clinicians*

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