

WISDOM WALKS

*30-Day Proverbs Devotional
for Parents & Kids*



Written Together
by Bobby and Charlie Cooley



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DAY 1

T H E B E G I N N I N G O F W I S D O M

SCRIPTURE: “The fear of the Lord is the beginning of knowledge; fools despise wisdom and discipline.” (Proverbs 1:7).

TRUTH: Wisdom begins when we honor God. Respecting him means we listen to what he says, trust him, and want to do what's right. This is the starting line for a life of wisdom.

Kids Ask Parents:

When did you first take God seriously?

Parents Ask Kids:

What does it mean to you to fear the Lord?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, help us always put you first and listen when you speak.

DAY 2

CHOOSE YOUR FRIENDS WISELY

SCRIPTURE: “My son, if sinners entice you, don’t be persuaded.” (Proverbs 1:10).

TRUTH: Not everyone gives good advice. Some friends might lead us into trouble. Wisdom helps us see the difference between helpful and harmful friendships.

Kids Ask Parents:

Did a friend ever lead you to make a bad choice?

Parents Ask Kids:

How do you choose your friends?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: Lord, help us surround ourselves with people who follow you.

DAY 3

L I S T E N A N D L E A R N

SCRIPTURE: “Listen, my son, to your father’s instruction, and don’t reject your mother’s teaching...” (Proverbs 1:8-9).

TRUTH: Parents are given by God to teach their children. Listening to their wisdom is like wearing a crown of honor.

Kids Ask Parents:

What lesson from your parents helped you most?

Parents Ask Kids:

What’s something we’ve taught you that stuck with you?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, help us listen to the wisdom you give us through each other.

DAY 4

W I S D O M S H O U T S

SCRIPTURE: “Wisdom calls out in the street; she makes her voice heard in the public squares....”
(Proverbs 1:20).

TRUTH: Wisdom isn’t hiding! God wants us to hear it loud and clear. We just have to be ready to listen.

Kids Ask Parents:

When have you clearly heard God speak to you?

Parents Ask Kids: What helps you recognize God’s wisdom?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: Lord, make our hearts open to hear your voice.

DAY 5

G U A R D Y O U R H E A R T

SCRIPTURE: “Guard your heart above all else, for it is the source of life.” (Proverbs 4:23).

TRUTH: Our heart is where we think, feel, and make choices. What we let in shapes who we become. Guarding it means being careful with what we watch, hear, and believe.

Kids Ask Parents:

How do you guard your heart?

Parents Ask Kids:

What do you think it means to protect your heart?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, help us protect our hearts with your truth.

DAY 6

W A L K S T R A I G H T

SCRIPTURE: “Carefully consider the path for your feet, and all your ways will be established.” (Proverbs 4:26).

TRUTH: Wisdom doesn’t stumble in the dark; it looks ahead. God wants us to make careful choices and walk the right path.

Kids Ask Parents:

Was there a time you got off the path?

Parents Ask Kids:

What helps you make wise choices?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, help us walk in your ways with steady steps.

DAY 7

T R U S T C O M P L E T E L Y

SCRIPTURE: “Trust in the Lord with all your heart, and do not rely on your own understanding....”
(Proverbs 3:5-6).

TRUTH: We won't always understand what God is doing, but we can trust him. He sees the whole picture and leads us well.

Kids Ask Parents:

When was it hard to trust God?

Parents Ask Kids:

What makes it easier for you to trust God?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, help us trust you fully and follow your lead.

DAY 8

D O N ' T B E W I S E
I N Y O U R O W N
E Y E S

SCRIPTURE: “Don’t be wise in your own eyes; fear the Lord and turn away from evil.” (Proverbs 3:7).

TRUTH: It's easy to think we have all the answers, but true wisdom means humbling ourselves and asking God.

Kids Ask Parents:

Have you ever thought you were right but weren't?

Parents Ask Kids:

What helps you stay humble and ask for help?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, remind us that your wisdom is always better than ours.

DAY 9

DISCIPLINE IS LOVE

SCRIPTURE: “For the Lord disciplines the one he loves, just as a father disciplines the son in whom he delights.” (Proverbs 3:12).

TRUTH: God disciplines us not to punish, but because he loves us. Parents do the same—to help us grow strong.

Kids Ask Parents:

Was there a time you were thankful for discipline?

Parents Ask Kids:

How do you feel when you are corrected?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, thank you for loving us enough to correct us.

DAY 10

S P E A K L I F E

SCRIPTURE: “A gentle answer turns away anger, but a harsh word stirs up wrath.” (Proverbs 15:1).

TRUTH: The words we choose can bring peace or cause problems. Wisdom uses gentle words.

Kids Ask Parents:

When have you seen gentle words make a big difference?

Parents Ask Kids:

How do you feel when someone speaks gently to you?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, help our words be full of peace and love.

DAY 11

K E E P Y O U R E Y E S
O N T H E P A T H

SCRIPTURE: “Let your eyes look forward; fix your gaze straight ahead.” (Proverbs 4:25).

TRUTH: Staying focused on God’s way keeps us from wandering off. Keep looking ahead to what God has for you.

Kids Ask Parents:

What distracts you from following God?

Parents Ask Kids:

How do you stay focused on what matters?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, help us fix our eyes on you.

DAY 12

K I N D N E S S I S
W I S D O M

SCRIPTURE: “Never let loyalty and faithfulness leave you. Tie them around your neck; write them on the tablet of your heart.” (Proverbs 3:3).

TRUTH: Wisdom isn’t just about what we know; it’s about how we treat others. Be kind, loyal, and faithful.

Kids Ask Parents:

Who has shown you unexpected kindness?

Parents Ask Kids:

How can you be kind to someone this week?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, make us people who are kind and faithful.

DAY 13

W I S D O M I S
B E T T E R T H A N
G O L D

SCRIPTURE: “Get wisdom—how much better it is than gold! And get understanding—it is preferable to silver.” (Proverbs 16:16).

TRUTH: Money comes and goes, but wisdom lasts. God’s wisdom is worth more than anything we can buy.

Kids Ask Parents:

Have you ever chosen wisdom over something you really wanted?

Parents Ask Kids:

What do you think is more valuable—wisdom or treasure?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, help us treasure your wisdom above all else.

DAY 14

B E S L O W T O
S P E A K

SCRIPTURE: “The one who has knowledge restrains his words, and one who keeps a cool head is a person of understanding.” (Proverbs 17:27).

TRUTH: Sometimes the wisest thing we can do is be quiet and listen. Think before you speak.

Kids Ask Parents:

When has staying quiet helped you?

Parents Ask Kids:

What makes it hard to pause before speaking?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, teach us to speak with wisdom and patience.

DAY 15

A C H E E R F U L
H E A R T I S G O O D
M E D I C I N E

SCRIPTURE: “A joyful heart is good medicine, but a broken spirit dries up the bones.” (Proverbs 17:22).

TRUTH: Joy is contagious and healing. When we choose joy, we lift others up.

Kids Ask Parents:

What brings you joy even on hard days?

Parents Ask Kids:

What makes you laugh and feel happy?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, fill our hearts with joy that heals and refreshes.

DAY 16

H O N E S T S C A L E S

SCRIPTURE: “Dishonest scales are detestable to the Lord, but an accurate weight is his delight.” (Proverbs 11:1).

TRUTH: God loves honesty—even in small things. He cares about how we treat people and whether we are fair.

Kids Ask Parents:

Why do you think God cares about honesty?

Parents Ask Kids:

When is it hard to be honest?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, help us live truthfully in all we do.

DAY 17

W I S E W O R D S B U I L D U P

SCRIPTURE: “There is one who speaks rashly, like a piercing sword; but the tongue of the wise brings healing.” (Proverbs 12:18).

TRUTH: Words can hurt or heal. Speaking with wisdom builds others up and helps them feel loved and valued.

Kids Ask Parents:

Can you think of words that healed you?

Parents Ask Kids:

How can you use your words to build someone up today?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, give us words that heal and bring peace.

DAY 18

W O R K H A R D

SCRIPTURE: “The slacker craves, yet has nothing, but the diligent is fully satisfied.” (Proverbs 13:4).

TRUTH: God blesses hard work. When we are diligent and faithful in what we do, he honors it. Laziness may seem easy, but it leads nowhere.

Kids Ask Parents:

What’s one thing you worked hard at and felt proud of?

Parents Ask Kids:

What does it mean to be diligent in your schoolwork or chores?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, help us work hard in all we do for your glory.

DAY 19

W A L K W I T H T H E W I S E

SCRIPTURE: “The one who walks with the wise will become wise, but a companion of fools will suffer harm.” (Proverbs 13:20).

TRUTH: The people we spend time with shape us. Being around wise people helps us grow in wisdom, too.

Kids Ask Parents:

Who is someone wise that you learned from?

Parents Ask Kids:

Who is someone wise you enjoy being around?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, bring wise people into our lives who help us grow.

DAY 20

A G E N T L E
T O N G U E I S A
T R E E O F L I F E

SCRIPTURE: “The tongue that heals is a tree of life, but a devious tongue breaks the spirit.” (Proverbs 15:4).

TRUTH: Gentle, kind speech gives life to others. Just like a tree gives fruit and shade, our words can bring comfort and encouragement.

Kids Ask Parents:

Has someone’s kind words ever changed your day?

Parents Ask Kids:

How can you speak life to someone today?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, may our tongues be full of healing and life.

DAY 21

T H E R I G H T E O U S
A R E B O L D A S A
L I O N

SCRIPTURE: “The wicked flee when no one is pursuing them, but the righteous are as bold as a lion.” (Proverbs 28:1).

TRUTH: When we do what’s right and live with integrity, we can be brave. We don’t need to hide—we stand confident because God is with us.

Kids Ask Parents:

When have you needed courage to do the right thing?

Parents Ask Kids:

What makes you feel bold when doing what’s right?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, help us walk with courage and boldness in all we do.

DAY 22

H A T R E D S T I R S U P C O N F L I C T

SCRIPTURE: “Hatred stirs up conflicts, but love covers all offenses.” (Proverbs 10:12).

TRUTH: Hate causes fights and keeps pain alive, but love forgives and brings peace. God’s wisdom teaches us to respond in love, even when it’s hard.

Kids Ask Parents:

When has love helped you overcome a hurt?

Parents Ask Kids:

What does it mean to you that love covers mistakes?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, help us choose love over anger every time.

DAY 23

G O D S E E S T H E H E A R T

SCRIPTURE: “All a person’s ways seem right to him, but the Lord weighs hearts.” (Proverbs 21:2).

TRUTH: We might think we’re doing the right thing, but God knows our true motives. He cares more about what’s in our heart than what others see.

Kids Ask Parents:

Has God ever shown you something in your heart that needed to change?

Parents Ask Kids:

Why do you think it’s important that God sees our heart?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, help us have hearts that please you.

DAY 24

T H E W I S E
A V O I D
Q U A R R E L I N G

SCRIPTURE: “Honor belongs to the person who ends a dispute, but any fool can get himself into a quarrel.” (Proverbs 20:3).

TRUTH: It’s easy to argue and harder to bring peace. God says it’s wise and honorable to avoid fights.

Kids Ask Parents:

How do you handle conflict with wisdom?

Parents Ask Kids:

What can you do instead of arguing?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, help us to be peacemakers, not fighters.

DAY 25

H U M I L I T Y
C O M E S B E F O R E
H O N O R

SCRIPTURE: “Before his downfall a person’s heart is proud, but humility comes before honor.” (Proverbs 18:12).

TRUTH: Being proud can lead to trouble, but God lifts up those who are humble. Humility means knowing we need God and others.

Kids Ask Parents:

Can you tell me about a time when being humble helped you?

Parents Ask Kids:

What does being humble look like in your life?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, teach us to walk humbly before you and others.

DAY 26

P L A N S S U C C E E D W I T H C O U N S E L

SCRIPTURE: “Plans fail when there is no counsel, but with many advisers they succeed.” (Proverbs 15:22).

TRUTH: Wise people ask for help and listen to advice. We don’t have to figure everything out alone.

Kids Ask Parents:

Who do you go to for advice?

Parents Ask Kids:

When do you feel comfortable asking for help?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, thank you for putting wise people in our lives to guide us.

DAY 27

T H E R I G H T E O U S G I V E G E N E R O U S L Y

SCRIPTURE: “[B]ut the righteous give and don’t hold back.” (Proverbs 21:26).

TRUTH: A wise and godly heart is generous. We are blessed to bless others and show God’s love by giving.

Kids Ask Parents:

What motivates you to give to others?

Parents Ask Kids:

How do you feel when you give something to someone else?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, make us joyful and generous givers.

DAY 28

W I S E K I D S
B R I N G J O Y

SCRIPTURE: “The father of a righteous son will rejoice greatly, and one who fathers a wise son will delight in him.” (Proverbs 23:24).

TRUTH: Parents rejoice when their children walk in wisdom. Kids honor their parents by following God.

Kids Ask Parents:

What do you feel when you see me make a wise choice?

Parents Ask Kids:

What kind of decisions do you think bring God and us joy?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, help us to bring joy to each other through wise choices.

DAY 29

D O N ' T E N V Y
S I N N E R S

SCRIPTURE: “Don’t let your heart envy sinners; instead, always fear the Lord.” (Proverbs 23:17).

TRUTH: Sometimes it looks like people who do wrong are winning, but God says we should only look to him. What he gives is far better.

Kids Ask Parents:

When have you felt jealous of someone doing wrong?

Parents Ask Kids:

How can we keep our eyes on God instead of others?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, help us to be content and focused on you.

DAY 30

A W O M A N (A N D
M A N) W H O F E A R S
T H E L O R D

SCRIPTURE: “Charm is deceptive and beauty is fleeting, but a woman who fears the Lord will be praised.” (Proverbs 31:30).

TRUTH: What matters most isn’t how we look but how we love God. Men and women who respect and follow him will shine with true beauty.

Kids Ask Parents:

Who is someone whose heart for God you admire?

Parents Ask Kids:

What kind of person do you want to become as you grow?

Parents' Prayer Requests:

Kids' Prayer Requests:

Prayer: God, make our lives beautiful by helping us love and fear you above all.



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