

# Professional Development Opportunity in Infant, Early Childhood and Family Mental Health

The **University of Wisconsin Infant, Early Childhood, and Family Mental Health Capstone Certificate Program** is an excellent opportunity for professionals in Wisconsin to learn about and gain skills related to the mental health and well-being of infants, young children and their families in the prenatal and postpartum periods through early childhood. This Program leads to increased knowledge and skills to help ameliorate and treat early parent-child disturbances before they become more serious disorders. This program is sponsored by the Department of Psychiatry, University of Wisconsin School of Medicine and Public Health.

## University of Wisconsin Infant, Early Childhood and Family Mental Health Capstone Certificate Program

Applications are being accepted for the University of Wisconsin Infant, Early Childhood and Family Mental Health Capstone Certificate Program Class of 2019-2020.



### **Application & Scholarships:**

Participation is by application and enrollment is limited. Apply **now** for first consideration for admission and scholarships. Applications will continue to be accepted, as space is available. Information about the Capstone Certificate Program and application guidance, including the application form, is available at this site: <http://infantfamilymentalhealth.psychiatry.wisc.edu/>.

### **Description**

The Capstone Certificate Program is an interdisciplinary, one-year academic program for practicing professionals who provide consultation and relationship-based services to families in the prenatal and postpartum periods and for families with children ages birth through five years. Specifically, this program is designed for licensed mental health and health care professionals in clinical, counseling or school psychology, social work, marriage and family therapy, nursing, psychiatry, pediatrics or family medicine. The program is also developed for professionals from the fields of early childhood who provide direct services to young children and their families in Home Visiting, Birth to 3, Early Childhood Special Education, Early Head Start, Head Start, Childcare, and Child Protective Services.

Following a cohort model, enrolled participants are provided with three days of class instruction each month as well as a Mindfulness class and small Reflective Mentoring Groups and individualized opportunities to reflect upon and integrate program content into their professional work experiences. These experiences contribute to an increased knowledge base and skills in providing appropriate screening, assessment, diagnostic and therapeutic or supportive intervention services to support the mental health of infants, young children and their families. Those who complete the Capstone Certificate Program will earn 10-12 graduate course credits from the University of Wisconsin-Madison.

Those who complete this Capstone Certificate Program will have gained knowledge and competencies to assist them in pursuing endorsement as an Infant Family Specialist, Infant Mental Health Specialist or Infant Mental Health Mentor through the Wisconsin Infant Mental Health Endorsement, Wisconsin Alliance for Infant Mental Health (WI-AIMH).

### **Questions:**

For questions about whether this Capstone Certificate Program is right for you and about the application process, feel free to contact one of the Program Directors:

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