

Playing for Keeps

by Carol Noddings Eichinger

PURPOSE

The goal for the book study was to learn together and share experiences, while enhancing professional development and growth. The book study was facilitated by two infant and early childhood consultants who guided the content and conversation. Participants were encouraged to engage in the conversation as they were comfortable and the author, Carol Noddings Eichinger, attended session 5. Six infant and early childhood mental health professionals participated in the book study, however, attendance for each of the six sessions varied and three of the six participants attended all sessions.

100%

I felt the book study was professionally engaging.

100%

I felt the book was relevant to my work.

100%

I gained new perspectives through participating in this book club.

% AGREEMENT

PARTICIPANTS MODERATELY OR STRONGLY AGREED TO THE FOLLOWING STATEMENTS

80%

Participating in the book study discussions deepened my understanding of the subject matter.

100%

I would recommend the book to a colleague.

80%

I would be interested in attending a similar book club again.

WHAT ARE PARTICIPANTS SAYING ABOUT THE BOOK CLUB?

*Participants indicated that the book club helped them **apply ideas**, thoughts and techniques through **connection** and **meaning making**.*

*The book study reinforced principles of infant mental health and **enhanced reflective capacity**.*

*Engaging with like-minded professionals **enhanced self-confidence** in the work.*

CONCLUSION

WI-AIMH offered a Book Study to IMH clinicians and consultants using the book titled, “*Playing for Keeps*” by Carol Noddings Eichinger. The book study was rated highly by participants and facilitators agreed that this was a good use of time that facilitated connection and fostered professional development. The facilitators indicated that they are excited for future opportunities to facilitate another book club and meet with other infant mental health professionals about the work.