

 The Silver Academy

Lunch Menu: January

Jan. 2 – Soft Tacos (Dairy)

Jan. 3 – Pizza (Dairy)

Jan. 6 – Mac – n - Cheese (Dairy)

Jan. 7 – Sloppy Joes (Meat)

Jan. 8 – Chicken (Meat)

Jan. 9 – Fish Sticks (Dairy)

Jan. 10 – Falafel (Dairy)

Jan. 13 – Breakfast (Dairy)

Jan. 14 – Hot Dogs (Meat)

Jan. 15 – Bagels & Blintzes (Dairy)

Jan. 16 – Grilled Cheese (Dairy)

Jan. 17 – Pizza (Dairy)

Jan. 20 – Pierogis (Dairy)

Jan. 21 – Fish Sticks (Dairy)

Jan. 22 – Burgers (Meat)

Jan. 23 – Deli (Meat)

Jan. 24 – Soft Tacos (Dairy)

Jan. 27 – Mac –n- Cheese (Dairy)

Jan. 28 – Sweet & Sour Meatballs (Meat)

Jan. 29 – Chicken (Meat)

Jan. 30 – Baked Ziti (Dairy)

Jan. 31 – Pizza (Dairy)

- ❖ Every lunch also includes a vegetable, fruit and salad bar
- ❖ On dairy days, the salad bar includes yogurt and cottage cheese
 - ❖ On dairy days, milk is served with lunch