



# The Silver Academy

## Lunch Menu: August & September

Aug. 26 – Mac-n-cheese (Dairy)

Aug. 27 – Sloppy Joes (Meat)

Aug. 28 – Soft Tacos (Dairy)

Aug. 29 – Tuna Sandwich (Dairy)

Aug. 30 – Pizza (Dairy)

Sept. 3 – Burgers (Meat)

Sept 4. – Breakfast (Dairy)

Sept. 5 – Fish Sticks (Dairy)

Sept. 6 – Pierogis (Dairy)

Sept. 9 – Mac-n-cheese (Dairy)

Sept. 10 – Bagels – n- Blintz's (Dairy)

Sept. 11 – Cheese Quesadilla's (Dairy)

Sept 12 – Deli (Meat)

Sept. 13 – Pizza (Dairy)

Sept. 16 – Grilled Cheese & Tomato Soup (Dairy)

Sept. 17 – Chicken (Meat)

Sept. 18 – Breakfast (Dairy)

Sept. 19 – Sweet & Sour Meatballs w/Rice (Meat)

Sept. 20 – Falafel (Dairy)

Sept. 23 – Soft Tacos (Dairy)

Sept. 24 – Pasta w/Meat Sauce (Meat)

Sept. 25 – Baked Ziti (Dairy)

Sept. 26 – Fish Sticks (Dairy)

Sept. 27 – Pizza (Dairy)

- ❖ Every lunch also includes a vegetable, fruit and salad bar
- ❖ On dairy days, the salad bar includes yogurt and cottage cheese
  - ❖ On dairy days, milk is served with lunch