



Lunch Menu: October

October 2 – Grilled Cheese w/Tomato Soup (Dairy)

October 3 – Soft Tacos (Dairy)

October 10 – Bagels & Blintzes (Dairy)

October 16 – Baked Ziti (Dairy)

October 17 – Turkey Deli (Meat)

October 18 – Sloppy Joes (Meat)

October 19 – Fish Sticks (Dairy)

October 20 – Cheese Quesadillas (Dairy)

October 23 – Pizza (Dairy)

October 24 – Chicken (Meat)

October 25– Breakfast for Lunch (Dairy)

October 26 – Falafel (Dairy)

October 27 – Pierogis (Dairy)

October 30 – Burgers (Meat)

October 31 – Tuna (Dairy)

- ❖ Every lunch also includes a vegetable, fruit and salad bar
- ❖ On dairy days, the salad bar includes yogurt and cottage cheese
 - ❖ On dairy days, milk is served with lunch