



Empowering Parents

Brought to you by



Topics Include:

- How to “Fight Fair” with your kids!
- Meal Planning-Making your shopping trips easier.
- Let’s meet...working together as a family.
- Paying bills...Budgeting tips and accessing resources.
- Managing Stress and building up support.
- Behavior. How our kids act and why.

Wednesdays February 13th-March 20th

10 AM – 12 PM @ Restoration Rome

1400 Crane Street

**Contact 706-290-0764 for more information
& to sign up for childcare**

**Drawing for \$10 cash each week!!*