

# L'Shana Tovah Tikateivu

"Every soul needs to express itself. Every heart needs to crack itself open. Every one of us needs to move from anger to healing, from denial to consciousness, from boredom to renewal. These needs did not arise yesterday. They are among the most ancient of human yearnings, and they are fully expressed in the pageantry and ritual of the Days of Awe, in the great journey we make between Rosh Hashanah and Yom Kippur." *Rabbi Alan Lew*

"And, the Eternal said, 'I pardon you as asked'." *Numbers 14:20.*

"The first mitzvah in the Torah is 'Let there be light!' So we are commanded: in everything you do, be a menorah, a bringer of light. Live with honor, act with integrity, do your work with passion – and the radiance of your deeds will live after you. May our ideals burn bright, forever unextinguished, and may we live our lives like the flames we kindle – always stretching upward, striving for the good, reaching for You." *Mishkan HaNefesh*

We ask: Have we the will to change? And if not now, when? – *Mishkan HaLev*

*Worship services will be in person. For those who wish to Zoom into the services, online registration is required.*

**Saturday, September 9<sup>th</sup>**

6:00 pm Selichot Observance,  
including Havdalah, screening & discussion of  
the short film, *The Tribe*, and worship service

**Friday, September 15<sup>th</sup>**

7:30 pm Erev Rosh Hashanah service

**Saturday, September 16<sup>th</sup>**

9:30 am Rosh Hashanah Morning Service

12:30 pm Tashlich on the Chester-Hadlyme  
Ferry (short walk from CBSRZ Parking Lot)

2:30pm Rosh Hashanah Family Service (most  
suitable for Pre-K – 3<sup>rd</sup> grade, open to all)

**Sunday, September 17<sup>th</sup>**

9:30 am Rosh Hashanah 2<sup>nd</sup> Day Service

1:00 pm Cemetery Memorial Service  
Fountain Hill, Deep River

2:30 pm Cemetery Memorial Service  
Rodfe Zedek, Moodus

**Friday, September 22<sup>nd</sup>**

7:30 pm Shabbat Shuvah - Erev Shabbat Service

If you choose to zoom the service, you have three options for how to access the *Mishkan HaNefesh* prayerbook from home:

1. You can **borrow hard copies** of the two books (Rosh HaShanah and Yom Kippur) from our synagogue for the duration of the holidays and return them immediately following the conclusion of Yom Kippur.
2. You can **purchase hard copies** of your own at [ccarpress.com](http://ccarpress.com).
3. You can purchase **Kindle copies of your own** at a discounted rate on [amazon.com](http://amazon.com).

"Shanah tovah means both a good year, and a good change. Today you can change the rest of your life. It is never too late." *Rabbi Laura Geller*

It is customary to clothe the Torah scrolls in white during the High Holy Days, and to clothe ourselves in white garments from Erev Kol Nidrei through the end of Yom Kippur. White refers not to purity and unblemished perfection, but to forgiveness, as Scripture says, "Though your sins be as scarlet, they shall be white as snow." (Isaiah 1:18)

"Like grapes in the wilderness, I found Israel; like the first fruit on the fig tree in its first season, I saw your fathers..." *Hosea 9:10*

"That we may start fresh/That we may come clear/That we may know sweetness and peace/Throughout the year/ That we may find love/ Where we need it most/ And open our hears and hands/ And draw each other close." *Judith Kate-Friedman*

*Sh'ma Koleinu –Hear our voice, O God; have compassion upon us,  
and with compassion, accept our prayers, High Holy Day Liturgy*

"Listen, all you who  
wrestle with your fate: the  
intimate and the infinite  
are one. Trust that unity  
with your whole heart,  
doubt and all; with your  
whole soul, and with all  
the powers at your  
command. Remember it;  
repeat it everywhere,  
working or resting, sitting  
or walking, night and  
morning, alone and to all  
you love. See it written on  
your hand, on your brow,  
in every common place  
and in every face."

*Catherine Madsen*

Ben Azzai used to say:  
Treat no one with scorn;  
regard nothing as useless,  
for all people have their  
moment, and all things  
have their place.  
Diamonds, when found  
in the ground, may look  
like worthless pieces of  
glass. It takes an expert to  
see the precious gem that  
is hidden within. Become  
an expert in human  
beings. Learn to see each  
one as a diamond in the  
rough. *Based on a teaching  
of Rabbi Abraham Twerski*

*Worship services will be in person. For those who wish to  
Zoom into the services, online registration is required.*

**Sunday, September 24<sup>th</sup>**

7:30 pm Kol Nidre

**Monday, September 25<sup>th</sup>**

9:30 am Yom Kippur Morning

2:30 pm Yom Kippur Family Service (suitable for  
Pre-K – 3<sup>rd</sup> grade, open to all)

3:30 pm Yom Kippur Contemplative Service

4:45 pm Yizkor Memorial Service

5:30 pm Neilah

6:30 pm Congregational Break the Fast

**Friday, September 29<sup>th</sup>**

6:30 pm Hang in Sukkah Potluck Dinner and  
Sukkah Decorating

7:30 pm Erev Shabbat and Erev Sukkot Service,  
including New Member Welcome

**Sunday, October 6<sup>th</sup>**

6:45 pm Yizkor Memorial Service

7:30 pm Erev Shabbat and Erev Simchat Torah  
Celebration

"God does not wish,  
according to the words of  
a prophet, that man  
should build Him a house  
again, for heaven is His  
throne and earth His  
footstool; it is not only in  
holiness and the height  
that He delights to dwell,  
but with the contrite and  
lowly of spirit, to revive  
the spirit of the lowly, to  
revive the spirit of the  
contrite. He who is  
infinitely above the  
domains of the mighty  
descends to those who lie  
in the dust of the earth  
and shares their  
afflictions." *Martin Buber,  
The Prophetic Faith.*

"Throughout the year, our  
actions condemn us;  
throughout the year our  
deeds are open to blame.  
But on this day we rise  
above our human failings.  
Fasting, praying, wrapped  
in white tallitot, we stand  
like angels, reaching for  
the Divine. On this one  
day, we catch a glimpse of  
what we could be – we  
celebrate the better angels  
of our nature." *Based on  
Midrash Tehillim 27:4*

"For on this day shall  
atonement be made for  
you, to cleanse you from  
all your sins....and you  
shall be clean before the  
Eternal." *Lev. 16:30*

"In truth, You are judge and plaintiff,  
counselor and witness.  
You inscribe and seal.  
You record and recount.  
You remember all that we have forgotten.  
And when You open the Book of Memories,  
it speaks for itself –  
for every human hand leaves its mark,  
an imprint like no other.  
*High Holy Day Liturgy*