

# *L'Shana Tovah Tikateivu*

“Every soul needs to express itself. Every heart needs to crack itself open. Every one of us needs to move from anger to healing, from denial to consciousness, from boredom to renewal. These needs did not arise yesterday. They are among the most ancient of human yearnings, and they are fully expressed in the pageantry and ritual of the Days of Awe, in the great journey we make between Rosh Hashanah and Yom Kippur.” *Rabbi Alan Lew*

“And, the Eternal said, ‘I pardon you as asked.’” *Numbers 14:20.*

“The first mitzvah in the Torah is ‘Let there be light’ So we are commanded: in everything you do, be a menorah, a bringer of light. Live with honor, act with integrity, do your work with passion – and the radiance of your deeds will live after you. May our ideals burn bright, forever unextinguished, and may we live our lives like the flames we kindle – always stretching upward, striving for the good, reaching for You.”

*Mishkan HaNefesh*

We ask: Have we the will to change? And if not now, when? – *Mishkan HaLev*

*Worship services will be in person. For those who wish to Zoom into the services, online registration is required.*

**Saturday, September 9<sup>th</sup>**

6:00 pm Selichot Observance, including Havdalah, screening & discussion of the short film, *The Tribe*, and worship service

**Friday, September 15<sup>th</sup>**

7:30 pm Erev Rosh Hashanah service

**Saturday, September 16<sup>th</sup>**

9:30 am Rosh Hashanah Morning Service

12:30 pm Tashlich on the Chester-Hadlyme Ferry (short walk from CBSRZ Parking Lot)

2:30pm Rosh Hashanah Family Service (most suitable for Pre-K – 3<sup>rd</sup> grade, open to all)

**Sunday, September 17<sup>th</sup>**

9:30 am Rosh Hashanah 2<sup>nd</sup> Day Service

1:00 pm Cemetery Memorial Service  
Fountain Hill, Deep River

2:30 pm Cemetery Memorial Service  
Rodfe Zedek, Moodus

**Friday, September 22<sup>nd</sup>**

7:30 pm Shabbat Shuvah - Erev Shabbat Service

“*Shanah tovah* means both a good year, and a good change. Today you can change the rest of your life. It is never too late.” *Rabbi Laura Geller*

It is customary to clothe the Torah scrolls in white during the High Holy Days, and to clothe ourselves in white garments from Erev Kol Nidrei through the end of Yom Kippur. White refers not to purity and unblemished perfection, but to forgiveness, as Scripture says,

“Though your sins be as scarlet, they shall be white as snow.” *(Isaiah 1:18)*

“Like grapes in the wilderness, I found Israel; like the first fruit on the fig tree in its first season, I saw your fathers...” *Hosea 9:10*

If you choose to zoom the service, you have three options for how to access the *Mishkan HaNefesh* prayerbook from home:

1. You can **borrow hard copies** of the two books (Rosh HaShanah and Yom Kippur) from our synagogue for the duration of the holidays and return them immediately following the conclusion of Yom Kippur.
2. You can **purchase hard copies** of your own at [ccapress.com](http://ccapress.com).
3. You can purchase **Kindle copies of your own** at a discounted rate on [amazon.com](http://amazon.com).

“That we may start fresh/That we may come clear/That we may know sweetness and peace/Throughout the year/ That we may find love/ Where we need it most/ And open our ears and hands/ And draw each other close.” *Judith Kate-Friedman*

*Sh'ma Koleinu –Hear our voice, O God; have compassion upon us, and with compassion, accept our prayers, High Holy Day Liturgy*

“Listen, all you who wrestle with your fate: the intimate and the infinite are one. Trust that unity with your whole heart, doubt and all; with your whole soul, and with all the powers at your command. Remember it; repeat it everywhere, working or resting, sitting or walking, night and morning, alone and to all you love. See it written on your hand, on your brow, in every common place and in every face.”

Catherine Madsen

Ben Azzai used to say: Treat no one with scorn; regard nothing as useless, for all people have their moment, and all things have their place. Diamonds, when found in the ground, may look like worthless pieces of glass. It takes an expert to see the precious gem that is hidden within. Become an expert in human beings. Learn to see each one as a diamond in the rough. *Based on a teaching of Rabbi Abraham Twerski*

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**Sunday, September 24<sup>th</sup>**

7:30 pm Kol Nidre

**Monday, September 25<sup>th</sup>**

9:30 am Yom Kippur Morning

2:30 pm Yom Kippur Family Service (suitable for Pre-K – 3<sup>rd</sup> grade, open to all)

3:30 pm Yom Kippur Contemplative Service

4:45 pm Yizkor Memorial Service

5:30 pm Neilah

6:30 pm Congregational Break the Fast

**Friday, September 29<sup>th</sup>**

6:30 pm Hang in Sukkah Potluck Dinner and Sukkah Decorating

7:30 pm Erev Shabbat and Erev Sukkot Service, including New Member Welcome

**Sunday, October 6<sup>th</sup>**

6:45 pm Yizkor Memorial Service

7:30 pm Erev Shabbat and Erev Simchat Torah Celebration

“God does not wish, according to the words of a prophet, that man should build Him a house again, for heaven is His throne and earth His footstool; it is not only in holiness and the height that He delights to dwell, but with the contrite and lowly of spirit, to revive the spirit of the lowly, to revive the spirit of the contrite. He who is infinitely above the domains of the mighty descends to those who lie in the dust of the earth and shares their afflictions.” Martin Buber, *The Prophetic Faith*.

“Throughout the year, our actions condemn us; throughout the year our deeds are open to blame. But on this day we rise above our human failings. Fasting, praying, wrapped in white tallitot, we stand like angels, reaching for the Divine. On this one day, we catch a glimpse of what we could be – we celebrate the better angels of our nature.” Based on *Midrash Tehillim 27:4*

“In truth, You are judge and plaintiff,  
counselor and witness.  
You inscribe and seal.  
You record and recount.  
You remember all that we have forgotten.  
And when You open the Book of Memories,  
it speaks for itself –  
for every human hand leaves its mark,  
an imprint like no other.  
*High Holy Day Liturgy*

“For on this day shall atonement be made for you, to cleanse you from all your sins....and you shall be clean before the Eternal.” *Lev. 16:30*