



The Redeemer

Episcopal Church of

230 Pennswood Road Bryn Mawr, Pennsylvania 19010
610-525-2486 www.TheRedeemer.org

THE THIRD SUNDAY IN LENT
THE HOLY EUCHARIST
MARCH 8, 2026
8:00 AM

Welcome to The Redeemer. We're glad you're here!

Worship at The Redeemer

The order for worship is found within this leaflet. The Book of Common Prayer page numbers for the liturgy are indicated throughout. If you are a visitor, we invite you to sign the guest book in the entrance or fill out one of the cards in the pew and make yourself known to those around you—parishioners and staff will be happy to answer any questions you may have about our liturgy, programs or facilities. Information on parish activities can be found in the enclosed *News from The Redeemer* and on www.TheRedeemer.org.

Sunday
8:00am-Rite I
Holy Eucharist: without music
9:30am-Holy Eucharist
last Sunday of the month
Choral Matins with Communion
& via Livestream
5:00pm
1st & 3rd Sundays
Choral Evensong
8:00pm-Compline via Zoom
Tuesday & Thursday
9:00pm-Compline via Zoom

THE LITURGY OF THE WORD

OPENING ACCLAMATION

Presider Bless the Lord who forgiveth all our sins.
People **His mercy endureth for ever.**

SUMMARY OF THE LAW

BCP page 319

Presider Hear what our Lord Jesus saith:
Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets. *Matthew 22:37-40*

KYRIE

Presider Lord, have mercy upon us.
People **Christ, have mercy upon us.**
Presider Lord, have mercy upon us.

COLLECT OF THE DAY

Presider The Lord be with you.
People **And with thy spirit.**
Presider Let us pray.

Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

The congregation is seated.



READING from *The Letter of Paul to the Romans 5:1-11*

Following the reading:

Lector The Word of the Lord.

People **Thanks be to God.**

PSALM 95

Venite, exultemus (Come let us sing to the Lord)

said by all

- 1 **Come, let us sing to the LORD; *
let us shout for joy to the Rock of our salvation.**
- 2 **Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.**
- 3 **For the LORD is a great God, *
and a great King above all gods.**
- 4 **In his hand are the caverns of the earth, *
and the heights of the hills are his also.**
- 5 **The sea is his, for he made it, *
and his hands have molded the dry land.**
- 6 **Come, let us bow down, and bend the knee, *
and kneel before the LORD our Maker.**
- 7 **For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!**
- 8 **Harden not your hearts,
as your forebears did in the wilderness, *
at Meribah, and on that day at Massah,
when they tempted me.**
- 9 **They put me to the test, *
though they had seen my works.**
- 10 **Forty years long I detested that generation and said, *
“This people are wayward in their hearts;
they do not know my ways.”**
- 11 **So I swore in my wrath, *
“They shall not enter into my rest.”**

GOSPEL from *The Gospel According to John 4:5-15*

Priest The Holy Gospel of our Lord Jesus Christ According to John.

People **Glory be to thee, O Lord.**

Following the reading:

Priest The Gospel of the Lord.

People **Praise be to thee, O Christ.**

SERMON

The Rev. Peter T. Vanderveen

NICENE CREED, *said by all, standing*

BCP page 326

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**
**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God,
Light from Light, true God from true God, begotten, not made,
of one Being with the Father; through him all things were made.**
**For us and for our salvation he came down from heaven,
by the power of the Holy Spirit he became incarnate from the
Virgin Mary, and was made man.**
**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**
**On the third day he rose again in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**
**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**
**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son, who,
with the Father and the Son, is worshiped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

CONFESSION OF SIN, all kneeling

BCP page 331

Presider Let us humbly confess our sins unto Almighty God.

Presider **Most merciful God, we confess that we have sinned against thee in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved thee with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of thy Son Jesus Christ, have mercy on us and forgive us; that we may delight in thy will, and walk in thy ways, to the glory of thy Name. Amen.**

Presider Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

THE PEACE, all standing

BCP page 332

Presider The peace of the Lord be always with you.

People **And with thy spirit.**

THE HOLY COMMUNION

All are welcome to receive Communion. Please proceed by way of the center aisle and return to your pew via the side aisles. To receive the bread, simply extend your hands.

If you wish to partake of the wine, do so by intinction, dipping the host in the wine.

If you do not wish to take wine or you wish to receive a blessing, cross your hands over your chest.

*Infants and children may also receive Communion or a blessing,
according to their or their parents' wishes.*

If you need a gluten free wafer, please ask for it from the person administering Communion.

The congregation is invited to stand.

PRAYER OF REMEMBRANCE

THE GREAT THANKSGIVING

Eucharistic Prayer II
BCP page 340

Presider The Lord be with you.

People **And with thy spirit.**

Presider Lift up your hearts.

People **We lift them up unto the Lord.**

Presider Let us give thanks unto the Lord our God.

People **It is meet and right so to do.**

Presider It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. . .

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

**Holy, holy, holy, Lord God of hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is he who cometh in the name of the Lord.
Hosanna in the highest.**

The people kneel.

The presider continues,

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

THE LORD'S PRAYER, *said by all*

BCP page 336

Presider And now, as our Savior Christ has taught us, we are bold to say,

People and Presider

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power,
and the glory for ever and ever. Amen.**

The Presider breaks the consecrated Bread

Presider Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast.**

POST-COMMUNION PRAYER, *said by all, kneeling*

BCP page 339

After Communion, the Presider says: Let us pray.

Presider and People

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

SENDING OUT OF THE EUCHARISTIC VISITOR

BLESSING

DISMISSAL

Priest Let us go forth in the name of Christ.

People **Thanks be to God.**

GRACE NOTES. . .

small things that herald greater ones.

Eric O. Springsted, ed.: A Declaration of Duties Toward Humankind

Compiled by the Rector

The respect of the needs of human beings are of two types: physical needs or needs of the body... and the needs of the soul.

[Physical needs] which are quite easy to identify refer to things like... housing, clothing, heating, hygiene, and medical attention.

[Needs of the soul] are much more difficult to distinguish, but are equally important.

An encounter with another human being is *ipso facto* an encounter with a *soul* whose sufferings must be accorded a certain kind of *meaning* and *significance*.

COLLECT OF THE DAY

Traditional - Rite I

Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. Amen.

Contemporary - Rite II

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

SCRIPTURE LESSONS

READING from the Book of Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the LORD, "What

shall I do with this people? They are almost ready to stone me." The LORD said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

PSALM 95

1. O come, let us sing unto the Lord
let us heartily rejoice in the strength of our salvation.
2. Let us come before his presence with thanksgiving
and shew ourselves glad in him with psalms.
3. For the Lord is a great God
and a great King above all gods.
4. In his hand are all the corners of the earth
and the strength of the hills is his also.
5. The sea is his, and he made it
and his hands prepared the dry land.
6. O come, let us worship and fall down
and kneel before the Lord our Maker.

Venite, exultemus (Come let us sing to the Lord)

7. For he is the Lord our God
and we are the people of his pasture,
and the sheep of his hand.
8. To-day if ye will hear his voice, harden not your hearts
as in the provocation, and as in the day of temptation in the
wilderness.
9. When your fathers tempted me
proved me, and saw my works.
10. Forty years long was I grieved with this generation,
and said It is a people that do err in their hearts,
for they have not known my ways;
11. Unto whom I sware in my wrath
that they should not enter into my rest.

READING from The Letter of Paul to the Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a

righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

GOSPEL from The Gospel According to John 4:5-26

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well.

It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to
continued on the next page)

the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I

have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

ANTHEM TEXT

Laudate Dominum W.A. Mozart

Sung in Latin

Laudate Dominum omnes gentes.
Laudate eum, omnes populi.
Quoniam confirmata est.
Super nos misericordia eius.
Et veritas,
veritas Domini in aeternum.
Gloria Patri et Filio,
Et Spiritui Sancto.
Sicut erat in principio,
Et nunc, et semper,
Et in saecula saeculorum.
Amen

English translation

Praise the Lord, all ye nations.
praise him, all ye peoples.
For his loving kindness
has been bestowed upon us,
and the truth of the Lord endures
for eternity.
Glory be to the Father,
and to the Son,
and to the Holy Ghost.
As it was in the beginning is now,
and ever shall be,
world without end. Amen.

Ave verum W.A. Mozart

Sung in Latin

Ave verum corpus, natum
de Maria Virgine,
vere passum, immolatum
in cruce pro homine
cuius latus perforatum
fluxit aqua et sanguine:
esto nobis praegustatum
in mortis examine.

English translation

Hail, true Body, born
of the Virgin Mary,
having truly suffered, sacrificed
on the cross for mankind,
from whose pierced side
water and blood flowed:
Be for us a sweet foretaste
in the trial of death!

DID YOU KNOW

Did you know, or did you realize, that during Lent, the Episcopal liturgy does not include the word "Alleluia?" There are two spellings of the acclamation and both mean "Praise the Lord." Alleluia is the Latin translation and Hallelujah is the ancient Hebrew. The omission of Alleluia during Lent is a fast of joyous praise during this more reflective time of Lent, as we symbolically walk with Jesus during his forty days in the wilderness.

... Now that's Ministry and your Stewardship makes it happen!

SERVING THE PARISH

8:00am

Lector: Gloria DePasquale

Eucharistic Minister: Ann Strong

Altar Guild Team: Pam McMullin, Nancy Sharp, Presley Schwinn

Clergy: Peter Vanderveen-*Preacher*, Jo Ann Jones-*Officiant / Celebrant*

Eucharistic Visitor: Mike Thompson

Flower Guild: Marby Sparkman, Nadia Jannetta, Leslie Boris,
Babs Camerota, Lynne Chapman, Jane Hastings, Mary Ellen Partel

Ushers: Sook Hee Yoo, Lisa Mclean

9:30am

Lector: Wilson Jeffries

Eucharistic Minister: Ken Schwenke

Acolytes: William O'Neill, Lori Chojnacki, Stanley Chojnacki, Keira
McGinley, Caroline Pozos

Altar Guild Team: Pam McMullin, Nancy Sharp, Presley Schwinn

Choir: Camerata

Children's Chapel: Glen Beamer, Jo Ann Jones

Clergy: Peter Vanderveen-*Preacher*, Jeremy O'Neill-*Officiant*,
Jo Ann Jones-*Celebrant*

Flower Guild: Marby Sparkman, Nadia Jannetta, Leslie Boris,
Babs Camerota, Lynne Chapman, Jane Hastings, Mary Ellen Partel

Greeter: Emily Snell

Director of Music & Organist: Andrew Senn

Organ Scholar: Daniel Colaner

Livestream Operator: Emily Gibb

Ushers: TBD

Vergers: Bob Mikrut-*Head Verger*, Conor Beamer, Kay Stephan,
Marshall Zafriou