

OUTLOOK

A publication of OLLI at the University of New Hampshire



Summer School

What You Never Knew About Manchester's Diner, The Red Arrow

July 15 – 10:00 a.m. at UNH-Manchester

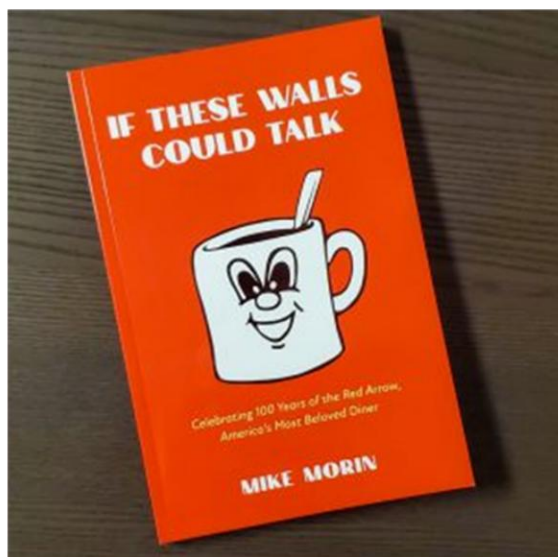
Mike Morin, Presenter

If These Walls Could Talk—Celebrating 100 Years of the Red Arrow, America's Most Beloved Diner, by Mike Morin, is filled with unknown and surprising stories of the evolution of a working person's eatery. Most shocking was the story of abuse by a Catholic Brother in Canada and the subsequent emigration to the U.S. by a pre-teen boy, David LaMontagne.

Just as unexpected was the role the Rockefeller family, Eleanor Roosevelt and actor Paul Newman played in the life of the founder's son, Raymond. Spoiler alert: Ray, a college baseball star for Yale declined a Major League Baseball offer to do overseas teaching in China, catching the attention of former first lady, Eleanor Roosevelt.

The jaw-dropping anecdotes continue for 35,000 more words. You must come to this class or buy the book to learn the rest. This course is intended for local history buffs and those who are fans of the Red Arrow Diner.

[Click here to register.](#)



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Summer School

Tour the Pierce Manse

August 5 – 1:00 p.m. at the Pierce Manse

Spend a summer afternoon with OLLI friends and learn about the 14th President of the United States, Franklin Pierce, born in Hillsborough and the only New Hampshire resident to be elected to the White House.

Gary Sparks, a long-time U.S. history teacher and, for over 25 years, an active volunteer guide at the Pierce Homestead in Hillsborough and the Pierce Manse in Concord, will share the challenges and accomplishments of President Pierce.

We'll then have a tour through the house and with exhibits, hands-on objects, visual clues, we will learn about the pre-Civil war life of this New Hampshire family. Franklin Pierce and his wife, Jane, lived in the historic house from 1842 to 1848. He served as President from 1853 to 1857.

Registration for this course will open July 7 on the OLLI registration website. **On or after that date**, search for it in the [Exploring Our Community](#) section of the website or call the OLLI Office at (603) 862-6554 to enroll.

Learning for the Fun of It!

Director's Notes

Reaching Out and Engaging With You

Submitted by Toniann Leavitt, Program Director

As we close the books on the Spring 2025 semester, I want to take a moment to say *thank you* to each of you who made it a success. From our dedicated volunteer presenters and committee members to our enthusiastic members who filled seats and Zoom rooms, OLLI at UNH continues to thrive because of the time, energy, and passion you bring to our learning community.

Over the past few months, we've shared over 160 engaging courses and events, and none of it would be possible without the incredible work of our volunteers. Whether you led a session, helped behind the scenes, served as a class assistant or Zoom moderator, or encouraged a friend to try a class for the first time—*thank you* for all you do.

I'm also deeply grateful to our Leadership Council, whose thoughtful guidance and support have helped steer us through another successful

year. And a warm welcome to the newest members of the Council—we're excited to have you join this important group of member representatives and leaders.

Looking ahead, I'm thrilled about what's coming this fall. Our Fall 2025 catalog just went to print, so keep an eye on your mailbox—it will be arriving soon! We've got a fantastic lineup of courses, events, and presenters you won't want to miss. Be sure to mark your calendars: course registration begins **Monday, August 4 at 9:00 a.m.**, and we look forward to seeing you at our Fall Previews where you can learn more about the upcoming offerings and connect with fellow members.

Finally, as a reminder, **OLLI at UNH has a new phone number: (603) 862-OLLI (6554)**. We encourage you to save it in your contacts and use it moving forward.

Thank you again for being part of what makes OLLI at UNH so special. I hope you enjoy the rest of your summer, and I can't wait to learn, laugh and grow with you again this fall!

Warmly,

Toniann Leavitt, Director, OLLI at UNH

Fall Term Course Previews

Join OLLI friends and prospective members hearing directly from presenters about upcoming courses.

Capital Region, Tuesday, July 22 at 200 p.m.
(social gathering begins at 1:30 p.m.)

Tad's Place at Havenwood Heritage Heights
149 East Side Drive, Concord

Seacoast, Tuesday, July 22 at 10:30 a.m.
(social gathering begins at 10:00 a.m.)

St. John's United Methodist Church
28 Cataract Avenue, Dover

Mt. Washington Valley, Wednesday, July 23
at 10:00 a.m.

Mt. Washington Observatory Offices
2779 White Mountain Highway, North Conway

Lunching, Munching & Learning

Lunch & Learn

Tech for All: Making Technology Easier to See, Hear, and Use

Friday, July 18, noon – on Zoom -- Free



Presented by Mark Glisson of the Hooksett Library

Join us for a session dedicated to making today's technology work better for you! Whether it's making the text on your phone or tablet larger, having your device read out loud to you, or using voice commands instead of typing—there are many built-in accessibility features designed to make computers, smartphones, and tablets easier to use. We'll explore helpful tools for vision, hearing, mobility, and more, with plenty of time for questions and hands-on examples. Discover how to customize your tech so it fits your needs—not the other way around!

Click [here](#) to register or call the OLLI Office at (603) 862-6554..

Lunch & Learn

Biofabrication and the STEM-MoBILE

Thursday, July 17, 11:30 a.m. – UNH Manchester -- Free

Southern New Hampshire, otherwise known as ReGen Valley, has become a hub for the rapidly growing field of biofabrication, the production of human tissues from organic and synthetic sources. Expanding this life-changing industry requires a diverse workforce in advanced manufacturing, biology, biotechnology, computer science, data analytics, engineering, manufacturing, automation, information technology and more. Through hands-on learning, the STEM-MoBILE seeks to educate people of all ages about the world-changing field of biofabrication.

Join us as Sydney Rollins, University of New Hampshire at Manchester's STEM-MoBILE Project Manager and Adjunct Faculty Lab Instructor, shares how this initiative came to be and why. Sydney will also lead you through one or two hands-on science experiments as part of this free lunch and learn, and you will tour the STEM-MoBILE!



BYO Lunch at 11:30 a.m.
Program at noon

Click [here](#) to register.

Seacoast L&L waitlist only

Mt. Washington Valley Munch Bunch

Thursday, July 24 – Place TBD

Diane Rozek, Munch Bunch Coordinator
Email at owlsandeagles317@gmail.com or call
(603) 367-8568 (H) (603) 662-8640 (C)
Bring your friends!

Capital Region Lunch Bunch

Tuesday, July 15, Noon

Daniel's of Henniker Restaurant and Pub
48 Main Street, Henniker

RSVP to Jean Russell at j6russ@aol.com



<https://www.facebook.com/olliunh>

June Jaunts



At left, "Fun Guy" (Dan Fogarty) and Fungo (Fisher Cat) trying to look cool even if they couldn't be cool. Below, the rest of the OLLI baseball fans enjoying the game while, below right, Casey the Bat Dog only lasted one inning in the scorching heat.



Below, MWV learned all about the new/old game of Bocce from presenter Tony DiSimone.

Below, Thirteen members attended the "Tour the Great Bay National Estuarine Research Reserve" course with presenter Tess Vennard. Class Assistant Martha reported: "Thirteen of us braved the iffy weather and experienced a wonderful bay tour today. I was happy to see members from other regions including some who were visiting this fantastic area for the first time. A highlight was watching the male Osprey fly in with a big fish. A pair of Osprey have been nesting since 2020 and have three babies this year. As we were leaving, we saw the female and babies feasting on the fish via the center's webcam."



More June Jaunts



Above, Capital Region ice cream lovers met up at Chucksters where Sue Callahan (pictured left) actually ordered the custom flavor, Upchuck ice cream ("puke green cake batter ice cream with white chocolate bits and marshmallows" – who could resist!).



Presenter Jill Hutchins led the "Walking Tour of Blossom Hill Cemetery" course in Concord.



Above, a smiling group participated in "Explore the Remick Country Doctor Museum & Farm" in Tamworth.

Below and at right, Cindy Graham explains "What Is An OLLI Anyway?" to new and prospective members in Mt. Washington Valley.



Concord MA – June 4
Celebrating the Spirit of Revolution



Above left, the Minuteman Monument at the North Bridge, still guarding the spirit of freedom; top right, the North Bridge where, 250 years ago, the colonists rallied to stop the British soldiers and the shot heard round the world solidified the start of the American Revolution; above right, OLLI member Joyce Prowse with the tour guide at the Lexington Battle Green. Below, the entire OLLI group of travelers (minus photographer John Russell) gathered on the famous bridge.





All OLLI Book Clubs welcome members from any region

Capital Region Chapter Chats

Submitted by Mary Davies

Chapter Chats will meet July 28 and this will be an in-person gathering. The meeting will start at 11:30 a.m. For location and driving directions please contact Mary Davies, marbob75@yahoo.com. Zoom access can be arranged for anyone who cannot meet in person.

The July book selection is *The Frozen River* by Ariel Lawthorn. It is a mystery set in 18th century Maine and inspired by the life and diary of Martha Ballard. Ballard was a midwife called upon to examine a man's body entombed in an icy river and to determine the cause of death. The legal system, status of women, small town gossip and power structure all enter into this engrossing novel.

This book group normally meets the last Monday of each month at 1:30 p.m. via Zoom. To receive a Zoom link for the July 28 meeting, contact Donna Frost at dfrost49@hotmail.com.

Future books will be determined at this meeting. As always, there's no requirement to finish or even read the book before the meetings. Readers residing anywhere are welcome to join. Try us out!

Fresh Reads - Seacoast

Submitted by John Russell

Fresh Reads is a book club hosted by the Seacoast Region. Its focus is on nonfiction works of topical interest. The club normally meets on the third Monday of each month at 1:30 p.m. on Zoom, however, it takes off the two months between spring and fall terms. So, look for information about the next meeting on Monday, September 15. Information about Fresh Reads is available from SIG leader John Russell at russelljohnt@comcast.net.



Manchester Book Club

Submitted by Mike Baker

The Manchester Book Club generally meets on the fourth Tuesday of the month at 7:00 p.m. on Zoom. Members discuss books of general interest. Information about the Manchester Book Club is available from SIG leader Mike Baker at mbmikebaker0@gmail.com.

OLLI/UNH Collaboration - Offering Wise Words on Healthy Aging

This summer, a few of our OLLI members volunteered their time to participate in a UNH course for Occupational Therapy doctoral students in Durham.

Associate Clinical Professor John M. Wilcox OTD, OTR/L, CAPS, reached out to our Admin team, asking for a few volunteers to share their thoughts with his students

about what healthy aging means to them and what factors his students should be thinking about when providing OT services for the older adult population.

Thanks to OLLI members Dena Stern, Sandy O'Neil, Carl Nicolino, and Dr. Steve Soreff for taking time to meet with the students; we hope this is just the first of many opportunities for OLLI collaboration with UNH faculty and students!

SIG-Bits*

*These are tidbits your SIG (Shared Interest Group) leaders want you to know.

(contact information on the following pages)

On summer vacation:

- Virtual Happy Hour
- Seacoast Fresh Reads Book Club
- Manchester Book Club
- MWV Snowshoeing

Be on the lookout for new SIGs coming up soon:

- All Things Wool - Seacoast
- Public Policy – Seacoast host on Zoom
- Arts & Crafts (pending location of meeting space) – Capital Region

SIG News



Above, Capital Region Healthy Walkers - Concord Sunapee rail trail. Below, MWV Hikers - Levell ME.



Seacoast Hiking/Walking SIG



A morning at Barrington's Samuel A. Tamposi Water Supply Reserve (SATWaSR)

Future Dates and Destinations

Monday, July 14

Kingman Farm, Madbury

Monday, August 11

Tucker & French Family Trails, Kingston

Wednesday, September 10

Agamenticus, York ME or

SELT Birch Ridge, New Durham

Monday, October 6

SELT Stonehouse Forest, Barrington

Wednesday, November 12

Lake Massabesic Audubon Trail, Auburn

Wednesday, December 10

Wagon Hill Farm, Durham

Monday, January 5, 2026

Powder Major Trail, Madbury

MWV Ice Cream Trail

July 2 – 2:00 p.m.
Stow Corner Store
590 Stow Road, Stow ME

July 16 – 2:00 p.m.
Bobby Sue's
70 Eaton Road, Freedom



New SIG Coming in August

Submitted by Tessa McDonnell

Members of the spring Great Decisions course indicated an interest in continuing our dialogue and mental health support group regarding the current state of affairs.



So, we are introducing the Public Policy Shared Interest Group (SIG) hosted by the Seacoast Region and open to all OLLI members. The focus of this SIG is to promote discussion on public policy issues domestic and international.

The group will meet once a month on Zoom on the third Thursday of each month from 10:00 – 11:30 a.m. (except for the months that the Great Decisions course is scheduled). The first meeting will be August 21.

Diverse perspectives are welcome. We will talk about what's in the news, in the courts, in the legislature, and what's on your mind. Contact tessamcd@comcast.net if you are interested in joining.

Capital Region (CR) Ice Cream SIG

Having survived the "Upchuck ice cream" (see page 9), OLLI members continue to get in their licks with four more ice cream meets scheduled in July:

July 1 – 1:30 p.m. – Richardson's

July 11 – 2:00 p.m. – Ilsley's

July 14 – 1:30 p.m. – TBD

July 25 – 1:30 p.m. – TBD



Members interested in participating should email Jacki Fogarty at JGFogarty228@aol.com to be added to the mailing list.

SIGs (Shared Interest Groups)

What Are They?

A member benefit – you participate for free with other OLLI members who share your interest. All OLLI SIGs welcome members from any region. Nonmembers may attend up to three SIG meetings but must join OLLI to continue.

Capital Region

Movie Club

Meets every Monday 3:00-4:00 p.m. on Zoom. Watch a member-chosen movie every week and discuss it at the SIG meeting.

Contact: Marty Bender (mbender@tds.net).

Creative Writing

Meets every other Thursday (7/3, 7/19 & 7/31) 1:00 p.m. on Zoom. Prompted writing assignments are shared for group feedback.

Contact: Alan Pardy (alan.pardy@icloud.com).

Lunch Bunch

Meets to enjoy a lunch together – no set schedule. Next meeting 7/15.

Contact: Jean Russell (j6russ@aol.com) to get on the mailing list.

Healthy Walking

Meets twice a month to enjoy easy walks on gentle trails in the greater Concord area. Next hikes TBD.

Contact: Ray Mercier (mercier.raymond@gmail.com).

Ice Cream

Meets weekly during the summer to explore ice cream shops in the Capital Region. (7/1, 7/11, 7/14, 7/25).

Contact: Jacki Fogarty (jgfogarty228@aol.com)

Seacoast

Favorite Local Hiking Trails SIG

Meets monthly, at 10:00 a.m. to hike (rain or shine) or snowshoe. See schedule on previous page. Next hike is 7/14.

Contact: Sandy O'Neill (sandy_oneill@comcast.net).

All Things Wool SIG

Meeting schedule to be determined closer to the start date in September.

Contact: Sandy O'Neill (sandy_oneill@comcast.net).

Public Policy SIG

Meets on the third Thursday of the month at 10:00 a.m. to discuss domestic and international policy; diverse perspectives welcome! First meeting 8/21.

Contact: Tessa McDonnell (tessamcd@comcast.net)

Greater Manchester

Happy Hour

Meets monthly on a Tuesday 6:00-7:00 p.m. on Zoom to share drinks and desserts, discuss wine and spirits and enjoy a themed virtual get-together whose motto is "Zoom responsibly." On hiatus for the summer.

Contact: Dennis McGivern (dmcgivern52@gmail.com).

Artificial Intelligence (AI)

Meets on the first and third Monday of the month at 3:00 p.m. on Zoom. Share observations and experiences on all things AI.

Contact: Jim Isaak (OLLI@jimisaak.com).

Lunch Bunch

No set schedule. Get on a mailing list for information.

Contact: Mike Baker (mbmikebaker0@gmail.com).

Mt. Washington Valley

Hiking/Walking

Meets in the fall and spring; no set schedule; get on a mailing list for information.

Contact: John Rozek (eajohninnh@yahoo.com).

Hiking/Snowshoeing

Meets in winter; no set schedule; get on a mailing list for information.

Contact: Betsy Gemmecke (betsygemmecke@gmail.com).

Candlepin Bowling

Saco Valley Sports Center at 1:00 p.m. on selected days.

Contact: Barb Butler (barbara.butler@yahoo.com).

Munch Bunch

Meets to enjoy a meal together generally on the fourth Thursday of the month. (7/24)

Contact: Diane Rozek (owlsandeagles317@gmail.com).

Ice Cream Trail

Meets in the summer to visit specialty ice cream shops in the MWV area. (7/2, 7/16)

Contact: Cindy Graham (graham02171@gmail.com).

Try out a SIG this month! They're fun and there's no commitment.

Got an idea for a SIG? Contact your learning region's Central Committee.



Chair's Chat

Submitted by Su Bennett, Chair

"The secret, Alice, is to surround yourself with people who make your heart smile. It's then, only then, that you'll find Wonderland."

Advice from The Mad Hatter in Alice in Wonderland

And there you have it, this summarizes how I feel about OLLI and I certainly hope you do too. There are so many things to make your heart smile in OLLI.

- There are 2 great classes being offered this summer that you will see mentioned elsewhere in this July *Outlook*.
- There are many SIGs getting together exploring ice cream shops, AI, a variety of books, hiking many places in this beautiful state, getting together for lunch and all kinds of other fun things.
- And yes, many of us will be meeting to plan events all over NH for the rest of the year.

Your Curriculum Committees are taking a small break this month but will be working diligently to come up with classes for the Spring semester. So read through the *Outlook* (Jacki does an amazing

job of collecting and condensing so much info for you!) and if any of these make you curious or make your heart smile, please, please contact me or the OLLI office and we will connect you with members who are involved in these activities. You don't have to make a long-term commitment; we have lots of things where you can lend a hand or an opinion!

And if you are at all curious about the Leadership Council, do let me know and we'll send you the link so you can visit one of our meetings as a guest.

May your July sparkle like fireworks on the Fourth!

Leadership Council meetings are generally held on the Zoom platform on the fourth Monday of the month from 10:00 a.m. to noon, giving members the opportunity to observe our governance structure firsthand. The next meeting will be Monday, July 28. All members are welcome. Contact John Russell, at russelljohnt@comcast.net for information or a Zoom link.

Preparing for Fall Term Preview Week – July 21

- **The Fall Catalog will be mailed to members' homes (one catalog per household) for receipt before Preview week – be sure to bring yours to Preview.**
- **Presenter biographies will be available online; only the course descriptions are in the print catalog.**
- **A virtual preview consisting of brief presenter videos will be posted on the OLLI website during preview week.**
- **You will be asked to change your password when you log into the registration system; this will be required every 90 days.**
- **If your membership expires July 31, you may renew it before August 1. Be sure renewal is due before you buy the new membership. Click [here](#), go to My Profile and scroll all the way to the bottom for your expiration date. Or call the OLLI Office at (603) 862-6554 to check.**



July Calendar

Meetings are by Zoom unless otherwise noted.

NOTE: Dates and contact information of SIG meetings (including Book Clubs) are now found on the SIG and Book Club pages.

Capital Region

Friday, July 18

Capital Region Curriculum Committee – 1:00 p.m. (Donna Frost, contact)

Tuesday, July 22

Capital Region Preview -- 2:00 p.m., Tad's Place, Heritage Heights, Concord

Greater Manchester Region

Friday, July 25

Manchester Central Committee – 10:00 a.m., UNH Manchester (Jim Mahoney, contact)

Mt. Washington Valley Region

Wednesday, July 9

MWV Central/Curriculum Committee – 10:30 a.m., Carroll County Extension (Cindy Graham, contact)

Wednesday, July 23

MWV Preview/Social – 10:00 a.m., Mt. Washington Observatory Offices, Conway

Seacoast Region

Tuesday, July 22

Seacoast Preview -- 10:30 a.m., St. John's United Methodist Church, Dover

Statewide Meetings and Events

Friday, July 18

Lunch & Learn – Technology – 12:00 p.m. (Jacki Fogarty, contact)

Monday, July 28

Leadership Council – 10:00 a.m. (John Russell, contact)

Tuesday, July 29

Curriculum Council – 1:30 p.m.

Looking Ahead

Monday, August 4

Fall Course registration – 9:00 a.m.

Directory of Contacts' Email Addresses and Directory of Class and Event Locations
– Click here or scroll down to the next page.



OLLI at the University of New Hampshire

Taylor Hall, 59 College Road, Durham NH 03824

(603) 862-OLLI (6554)

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[OLLI National Resource Center](#)

*Learning regions: Capital Region, Greater Manchester,
Mt. Washington Valley & the Seacoast*

The *Outlook* is published monthly and sent to all current OLLI members. OLLI members are invited to submit articles of interest to the general membership. Articles, pictures and comments may be emailed to *Outlook* at OLLIOutlook@aol.com. Thank you.

Jacki G. Fogarty, Editor

Directory (Addendum)

Contact Email Addresses

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OLLI Class & Event Locations

NHTI – Little Hall

Room 113
31 College Drive, Concord
Park in Lot A

City Wide Community Center

14 Canterbury Road, Concord

UNH Manchester

88 Commercial Street, Manchester
Remember your parking pass

Professional Development & Training (PD&T)

230 Commerce Way, Portsmouth

The Gibson Center

14 Grove Street, North Conway

Mt. Washington Observatory Offices

2779 White Mountain Highway,
North Conway

OLLI at UNH is a department within the
Office of Outreach and Extension (OE).

OLLI Office Contact Information

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The ancient Romans defined the Dog Days Summer, the hottest and steamiest part of summer, from July 3 -August 11. This period is when Sirius, the Dog Star, rises at the same time as the Sun. The Canis Major constellation is the source of the name “Dog Days of Summer.”

