

OUTLOOK

A publication of OLLI at the University of New Hampshire



Fall Term Courses

Here are the available courses that begin in the first half of September listed by learning location. "On Location" means the course is held where the venue is an important part of the course content. You may find the specific location and address in the catalog or online.

On Location

- 9/11 [Learning History Through Objects](#)
- 9/11 [The History of Motorsports Racing in New England](#)
- 9/17 [Canterbury Shaker Stories: History & Legacy](#)
- 9/17 [Tour the Amesbury Carriage Museum & Explore New England's Industrial Past](#)
- 9/18 [Alnoba Art Tour](#)

UNH-Manchester

- 9/10 [And The Beat Goes On: Pop, Rock and More From the 60s & 70s](#)
- 9/11 [Some Science, Some History](#)
- 9/15 [Being Transgender: What's It All About?](#)
- 9/16 [The Holocaust & Philosophy](#)

UNH-PD&T

- 9/15 [Healthy Aging: The "Big Five" for Seniors Increasing their Longevity](#)
- 9/16 [Boston Massacre: A Fresh Look](#)

Mt. Washington Observatory Offices

- 9/15 [How "To Kill a Mockingbird" is Relevant in Today's World](#)
- 9/16 [Baby, It's Cold Outside: How Wildlife Adapts, Part II](#)
- 9/19 [Harvest Season Wreath Making](#)

Always check the information in the online course description before you register for any course – the print catalog may not be completely accurate.

SEPTEMBER 2026 - IN THIS ISSUE

CLICK ON ANY TOPIC TO GO TO THE PAGE CARRYING THE ARTICLE

[FALL TERM COURSES](#)

[DIRECTORS NOTES](#)

[COURSE IDEAS?](#)

[OLLI COMING ATTRACTIONS – ART, BOOKS, GAMES & FOOD](#)

[SIG NEWS](#)

[SIG BITS](#)

[SEPTEMBER CALENDAR](#)

[FALL SCHEDULE UPDATES](#)

[COURSE CANCELLATIONS](#)

[FALL COURSES – WEEK 1](#)

[BOOK CLUBS](#)

[SIG DIRECTORY](#)

[DIRECTORY \(ADDENDUM\)](#)

Fall Term Courses (cont.)

Zoom

- 9/11 [Impacts of Climate on Health](#)
- 9/14 [Blessed Bones: The Human Body & Religious Expression in Italy](#)
- 9/16 [Secret Life of Dirt](#)

Fall Schedule Updates

The following changes have occurred since the catalog was printed. Click the course name for full information.

[Wrapped in Woolly Goodness: Advanced Beginner Hat](#) rescheduled to 10/20

[Frank Lloyd Wright in Manchester](#) – second section added 10/21

[Becoming Wolf: Eastern Coyotes in New England](#) rescheduled to 11/4

[Kitchen Chemistry - Desserts!](#) - second section added 12/1

[Wellness That Works: A Whole-Person Approach to Thriving](#) rescheduled to 12/8

[Christmas at the Fells](#) – second section added 12/9

You may register for any course with available seats online until seven days before the course start date. After that, until the course begins, you may register by calling the OLLI Office.

Built for Connection. Powered by Curiosity.

Director's Notes

Reaching Out and Engaging With You

Submitted by Toniann Leavitt, Program Director

The new semester is officially underway, and what an exciting start it has been! With more than 2,500 course enrollments across the state, OLLI members are once again demonstrating the curiosity, enthusiasm and love of learning that make our community so special.

To our returning members, welcome back! It is wonderful to see familiar faces reconnecting in classrooms, on Zoom and at gatherings throughout New Hampshire. To our new members, we are so glad you are here. We hope you will quickly discover that OLLI is about much more than taking courses. We are a welcoming statewide community where friendships grow, experiences are shared and everyone has something valuable to contribute.

Learning is important at every stage of life. It keeps us curious, introduces us to new ideas and encourages us to remain engaged with the world around us. Lifelong learning can also support our overall well-being by providing opportunities for intellectual stimulation, social connection and a renewed sense of purpose. At OLLI, there is always something new to explore and someone new to meet.

A successful semester of this size would not be possible without our incredible volunteers. From developing courses and supporting presenters to greeting members, moderating Zoom sessions and organizing social activities, volunteers make OLLI possible. Thank you to everyone who has already offered their time, talents and energy. Your dedication strengthens our program and creates meaningful experiences for members across the state.

If you have been thinking about volunteering, this is a wonderful time to get involved. Opportunities come in

many shapes and sizes, whether you would like to help with a single event, assist occasionally or take on a more regular role. You do not need special experience to volunteer—just a willingness to participate, meet others and help our community thrive.

The best way to maximize your OLLI membership is to become an active part of the community. Take a course that introduces you to something new. Join a Shared Interest Group, attend a social gathering, volunteer for a project or invite another member to join you at an activity. Share your ideas, experiences and enthusiasm with others. Every connection adds something valuable to OLLI.

You can also help our community grow by inviting a friend or family member to experience OLLI. Tell them about a course you enjoyed, bring them to an upcoming event or encourage them to become a member. A personal invitation can be the first step toward helping someone discover new interests, form meaningful friendships and experience the joy of learning at every age.

Our tagline, “Built for Connection. Powered by Curiosity.” is more than a description of our program. It reflects what our members create together every day. I encourage you to explore all that OLLI has to offer this semester and find opportunities that inspire you to learn, connect and contribute.

Thank you for being part of OLLI at UNH. I look forward to seeing you throughout the semester!

Warmly,
Toniann

Fall Course Cancellations

- ✗ The History of the Bearcamp Center for Sustainable Community
- ✗ Intermediate Beginner Knitting: You Know How to Cast on Stitches, Now What?

Got a Good Idea for an OLLI Course?

We've made it even easier for you to suggest a topic or presenter. You can find a form on the OLLI website, [Course Proposal page](#) to submit your idea. Click [here](#) to access the form. Also on this page, if you think you might be interested in offering a course, but you're not quite ready to complete a formal proposal, please click the “Course Interest & Inquiry” button to request information.

Fall Classes – We’ve Got Some Diversity!

The first week of classes showcased just how diverse our course offerings and member tastes are.

Here’s an OLLI story: A few terms ago, Jo Hendry took an OLLI class in making art from dried, pressed flowers. And she was hooked. The pool table in her basement disappeared under a blanket of nature: flowers, petals, leaves, seeds, pods – all pressed between sheets of paper towels between pages of a thick telephone book in various stages of drying and flattening.

Months later, on the first day of the Fall 2026 term, 18 feet of conference table were covered in a similar batch of delicate pressed flowers and greens. And student-turned-teacher, Jo



took the stage with samples of the beautiful art she has created, and started nine eager OLLI students on their own artistic journey. At left, Jo with her own works, and below left, the class hard at work placing and gluing flowers, and showing off their own masterpieces.



Another journey, directed by presenter Paul Doscher, carried OLLI members and Havenwood/Heritage Heights guests to the extraordinary culture and nature of the islands of Aotearoa (Maori for New Zealand).



After a six-year hiatus, Retired Portsmouth Police Chief David “Lou” Ferland reprised the course that has always delighted OLLI members, *Booze, Brothels and the Badges of Portsmouth*. As if the topic isn’t entertaining enough, Lou’s appearance in period uniform capped (or helmeted) the experience for all.



Squeeze – and music comes out! How? David Moore takes apart an accordion to show OLLI members how it works.

OLLI Coming Attractions

Mt. Washington Valley invites you to Art Works Gallery & Fine Crafts

Friday, September 4, 5:00-7:00 p.m.

Meet the gallery's [artists](#), learn about Artworks various [classes and events](#), and meet other members from the Mt. Washington Valley area for a special gathering with beautiful art!

Members are encouraged to bring a family member, a neighbor, or a friend as your guest at this free program.

Contact: Cindy Graham at graham168@icloud.com



Capital Region Books We Love

Tuesday, October 13, 10:00 a.m.-12:00 p.m.

City-Wide Community Center
14 Canterbury Road, Concord

Book Lovers

This will be the fourth book lovers event held in the Capital Region in recent years and it gets better each time. Each time we get to know each other better (or sometimes meet for the first time) and we learn about books that have had an impact on us. What wonderful stories we heard at the last event!

More information will be available in a few weeks but, for now, put this date on your calendar – it's worth your time. And in lighter moments you can take a side in the debate:

real books with pages you can turn

vs.

electronic readers

vs.

audiobooks



Registration will be required; details will follow.



Manchester Game Day

Friday, October 16, 1:00-4:00 p.m.

UNH-Manchester

Meet new and old OLLI friends for an afternoon of friendly competition – board games, card games and any other that strike your fancy. Games will be provided, but if you have a favorite that you'd like to introduce, let Game Day host, Diane Parks, know (email dparks43@aol.com)



Registration for this event is required; call the OLLI office at (603) 862-6554 or click [here](#).

The event is free; you'll need your UNH-Manchester parking pass. You're invited to bring refreshments (no nuts please and nothing orange like cheese puffs; bottled water will be provided.



Capital Region Lunch Bunch

Tuesday, September 22, 12:00 p.m.

Pembroke Pines Country Club
45A Whittemore Road, Pembroke
Contact: Jean Russell (joruss@aol.com)

MWV Munch Bunch

Friday, September 25, 10:30 a.m.

Rise and Dine Bistro
27 Seavey Street, North Conway
Contact: Diane Rozek (owlsandeagles317@gmail.com)



Find us on
Facebook

<https://www.facebook.com/olliunh>

SIG (Shared Interest Groups) News

Ice Cream SIGs

Capital Region

As the ice cream summer goes dripping to the end of the season, there is one final meet-up.



Thursday, September 10, 1:30 p.m.

Frekey's

74 Fisherville Road, Concord

Celebrate the end of a great season where 23 members got their licks, 101 ice cream orders were placed, 13 different venues were visited and it only

Prizes will be awarded at the final meet-up.

Mt. Washington Valley

The SIG met at Super Secrets in August and the smiling faces tell the whole story.



Seacoast Hiking SIG

Seacoast Hiking/Walking SIG will meet on Wednesday, September 9 at 9:00 a.m. at the Parker River National Wildlife Refuge, parking lot 4, in Newbury, MA ([Parker River National Wildlife Refuge | U.S. Fish & Wildlife Service](#)). There is an entrance fee for the refuge, but the Lifetime Senior Pass for National Parks gets you in free.

The group will walk the boardwalk trail called "Hellcat Trail," which is accessed by parking lot 4, and other trails as chosen that morning. Total walking distance for the trip will be about 2-3 miles, but the walking is done in increments so participants can opt out of any of the trails after Hellcat. That walk is only a mile.



If you are not on the email list for this group, please contact Sandy O'Neill at sandy_oneill@comcast.net. A more detailed description of trails and conditions is sent to those on the email list. It is important to be on the email list in case last minute changes occur.

Crafting Crew - Fun With Felt

On this day, members of the Crafting Crew SIG were having creative fun making felt ornaments, felt pictures and knitting patterns.



The SIG meets every Wednesday 1:00-3:00 p.m. in the Chick Room, Madison Library. Contact: Paula Gray (Teacher3paulagray@yahoo.com)



All OLLI Book Clubs welcome members from any region

Capital Region Chapter Chats

On Monday, September 28 at 1:30 p.m., the Chapter Chat book club will meet on Zoom.

The subject will be ***Theo of Golden***, a heart-warming novel by Allen Levi, which follows a mysterious elderly visitor to the small town of Golden, Georgia and his life-changing interactions with individual local residents.

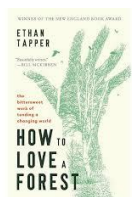
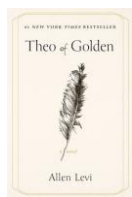
Chapter Chats meets on the last Monday of the month at 1:30 p.m. on Zoom. There's never a requirement to finish or even read the book before the meetings; you can simply enjoy the discussion. OLLI members everywhere are welcome to join us by Zoom.

To receive a Zoom link, please contact Donna Frost (dfrost@hotmail.com).

Manchester Book Club

The Manchester Book Group will resume its monthly meetings on Tuesday, September 15, at 7:00 p.m. with a discussion of Alexei Navalny's ***Patriot: A Memoir***.

For a Zoom link, contact Mike Baker (mbmikebaker0@gmail.com).



Fresh Reads - Seacoast

The first fall Fresh Reads selection is ***How to Love a Forest: The Bittersweet Work of Tending a Changing World*** by Ethan Tapper. "Only those who love trees should cut them," writes the Vermont forester and author. In *How to Love a Forest*, he asks what it means to live in a time in which ecosystems are in retreat and extinctions rattle the bones of the earth. How do we respond to the harmful legacies of the past? How do we use our species' incredible power to heal rather than to harm?

Walking us through the fragile and resilient community that is a forest, Trapper introduces us to wolf trees and spring ephemerals, and to the mysterious creatures of the rhizosphere and the necrosphere. He helps us reimagine what forests are and what it means to care for them. This world, Tapper writes, is degraded by people who do too much and by those who do nothing.

As the ecosystems that sustain all life struggle, we straddle two worlds: a status quo that treats them as commodities and opposing claims that the only true expression of love for the natural world is to leave it alone. Tapper argues that the actions we must take to protect ecosystems are often counterintuitive, uncomfortable, even heartbreaking. With striking prose, he shows how bittersweet acts--like loving deer and hunting them, loving trees and felling them--can be expressions of compassion. Tapper weaves a new land ethic for the modern world, reminding us that what is simple is rarely true, and what is necessary is rarely easy.

Join Fresh Reads on September 21 at 1:30 p.m. to discuss this fascinating topic. To receive a Zoom invitation contact John Russell (russelljohnt@comcast.net).

SIG-Bits*

*These are tidbits your SIG (Shared Interest Group) leaders want you to know.

(contact information on the following pages)

Back from Summer Vacation – Virtual Happy Hour

The theme is ***Drink Like a Pirate Day*** so get out your bottle of rum and your favorite recipe for GROG and join the fun.

Tuesday, September 15 at 6:00 p.m. on Zoom

Contact Dennis McGivern (dmcgivern52@gmail.com) by September 13 for a Zoom link.

SIGs (Shared Interest Groups)

What Are They?

A member benefit – you participate for free with other OLLI members who share your interest. All OLLI SIGs welcome members from any region. Nonmembers may attend up to three SIG meetings but must join OLLI to continue.

Try out a SIG this month! They're fun and there's no commitment.

Got an idea for a SIG? Contact your learning region's Central Committee.

Capital Region

Movie Club

Meets every Monday 3:00–4:00 p.m. on Zoom. Watch a member-chosen movie every week and discuss it at the SIG meeting.
Contact: Marty Bender (mbender@tds.net).

Creative Writing

Meets every other Thursday (9/10 and 9/24) 1:00 p.m. on Zoom. Prompted writing assignments are shared for group feedback.
Contact: Pam Otis (lakesregion@comcast.net).

Lunch Bunch

Meets to enjoy a lunch together – no set schedule. Next meeting 9/22.
Contact: Jean Russell (jbuss@aol.com) to get on the mailing list.

Ice Cream

Meets weekly during the summer to explore ice cream shops in the Capital Region. Next meeting 9/1 at 1:30 p.m.
Contact: Jacki Fogarty (jgfogarty228@aol.com).

Manchester

Happy Hour

Meets monthly on a Tuesday 6:00–7:00 p.m. on Zoom to share drinks and desserts, discuss wine and spirits and enjoy a themed virtual get-together whose motto is “Zoom responsibly.” Next meeting 9/15.
Contact: Dennis McGivern (dmcgivern52@gmail.com).

Artificial Intelligence (AI)

Meets on the first and third Monday of the month at 3:00 p.m. on Zoom. Share observations and experiences on all things AI.
Contact: Jim Isaak (OLLI@jimisaak.com).

Lunch Bunch

No set schedule. Get on a mailing list for information.
Contact: Mike Baker (mbmikebaker0@gmail.com).

Seacoast

Favorite Local Hiking Trails SIG

Meets monthly at 10:00 a.m. to hike (rain or shine) or snowshoe. Next hike 9/9 at 9:00 a.m.
Contact: Sandy O'Neill (sandy.oneill@comcast.net).

Public Policy SIG

Meets on the third Thursday of the month at 10:00 a.m. on Zoom to discuss domestic and international policy; diverse perspectives welcome to promote robust discussion in a safe environment! Next meeting 9/17.
Contact: Tessa McDonnell (tessamcd@comcast.net).

Mt. Washington Valley

Hiking/Walking

Meets in the fall and spring; no set schedule; get on a mailing list for information. Next meeting 9/10, 10:00 a.m.
Contact: John Rozek (eajohninnh@yahoo.com).

Snowshoe/Spikes Winter Hiking

Meets in winter; no set schedule; get on a mailing list for information.
Contact: Betsy Gemmecke (betsygemmecke@gmail.com).

Candlepin Bowling

Meets monthly at Saco Valley Sports Center at 1:00 p.m. on selected days for fun. Next meeting 9/9.
Contact: Barb Butler (barbara.butler@yahoo.com).

Munch Bunch

Meets to enjoy breakfast or lunch together on the fourth Friday of the month. Next meeting 9/25, 10:30 a.m.
Contact: Diane Rozek (owlsandeagles317@gmail.com).

Ice Cream Trail

Meets in the summer to visit specialty ice cream shops in the MWV area. On hiatus until summer.
Contact: Cindy Graham (graham02171@gmail.com).

Crafting Crew

Meets every Wednesday, 1:00–3:00 p.m. at Madison Library to work on your own crafts projects.
Contact: Paula Gray (teacher3paulagray@yahoo.com).

Why not go out on a limb?

That's where the fruit is.

Frank Scully

September Calendar

Meetings are by Zoom unless otherwise noted.

NOTE: Dates and contact information of SIG meetings (including Book Clubs) are now found on the SIG and Book Club pages.

Capital Region

Monday, September 14

Capital Region Central Committee – 10:00 a.m. (Jean Russell, contact)

Friday, September 18

Capital Region Curriculum Committee – 1:00 p.m. (Donna Frost, contact)

Greater Manchester Region

Friday, September 11

Manchester Curriculum Committee – 10:00 a.m., UNH-Manchester (Jim Higgins, contact)

Friday, September 18

Manchester Central Committee – 10:00 a.m., UNH Manchester (Steve Spain, contact)

Mt. Washington Valley Region

Wednesday, September 16

MWV Central Committee – 10:30 a.m., UNH Extension Services (Cindy Graham, contact)

Seacoast Region

Thursday, September 10

Seacoast Central/Curriculum Committee – 10:00 a.m. (Lynne Brosch, contact)

Statewide Meetings and Events

Monday, September 7

Labor Day - OLLI Office closed

Tuesday, September 22

Curriculum Council – 1:30 p.m. (Tori Berube, contact)

Monday, September 28

Leadership Council – 10:00 a.m. (John Russell, contact)

Looking Ahead

Directory of Contacts' Email Addresses and Directory of Class and Event Locations
– Click here or scroll down to the next page.



OLLI at the University of New Hampshire

1 Leavitt Drive, Durham NH 03824

(603) 862-OLLI (6554)

olli.office@unh.edu

unh.edu/OLLI

[OLLI National Resource Center](#)

*Learning regions: Capital Region, Greater Manchester,
Mt. Washington Valley & the Seacoast*

The *Outlook* is published monthly and sent to all current OLLI members. OLLI members are invited to submit articles of interest to the general membership. Articles, pictures and comments may be emailed to *Outlook* at OLLIOutlook@aol.com. Thank you.

Jacki G. Fogarty, Editor

Directory (Addendum)

Contact Email Addresses

Linda Anderson
Dee Angwin
Mike Baker
Marty Bender
Su Bennett
Tori Berube
Lynne Brosch
Barb Butler
Sally Embley
Peg Fargo
Jacki Fogarty
Donna Frost
Jan Gagne
Betsy Gemmecke
Cindy Graham
Paula Gray
Jim Higgins

lhandrynh@gmail.com
deirdreangwin@outlook.com
mbmikebaker0@gmail.com
mbender@tds.net
subennett74@gmail.com
tori.berube@unh.edu
lugg1224@aol.com
barbara.butler@yahoo.com
ssembley@gmail.com
pegfargo7762@outlook.com
jgfogarty228@aol.com
dfrost49@hotmail.com
jgagne7844@gmail.com
betsygemmecke@gmail.com
graham168@icloud.com
teacher3paulagray@yahoo.com
je.higgins@comcast.net

Jim Isaak
Benny Jesseman
Tessa McDonnell
Dennis McGivern
Glenn Meyers
Bob Muzerall
Pat Nicolino
Beth Northcott
Sandy O'Neill
Pam Otis
Diane Parks
Diane Rozek
John Rozek
Jean Russell
John Russell
Steve Spain
Martha Walsh

OLLI@jimisaak.com
bjesseman1@roadrunner.com
tessa.mcdonnell@unh.edu
dmcgivern52@gmail.com
ggmeyers45@icloud.com
bmuzerall@gmail.com
pfnico07@gmail.com
bnorthc528@sbcglobal.net
sandy_oneill@comcast.net
lakesregion@comcast.net
dparks43@aol.com
owlsandeagles317@gmail.com
eajohninnh@yahoo.com
j6russ@aol.com
russelljohnt@comcast.net
steven.j.spain@gmail.com
mmarywalsh48@gmail.com

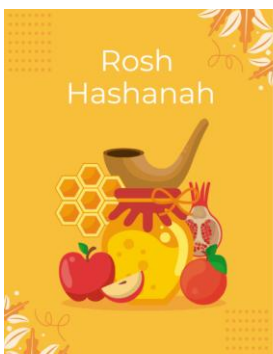
OLLI at UNH – Host Sites

City Wide Community Center
14 Canterbury Road, Concord

**Mt. Washington Observatory
Offices (MWOO)**
2779 White Mountain Highway,
North Conway

UNH Manchester
88 Commercial Street, Manchester
Remember your parking pass

**Professional Development &
Training (PD&T)**
230 Commerce Way, Portsmouth



OLLI at UNH is a department within the
**Office of Online & Continuing
Education.**

OLLI Office Contact Information
OLLI.office@unh.edu
(603) 862-OLLI (6554)

Mailing Address
OLLI at UNH, 1 Leavitt Lane,
Durham NH 03824

Website
unh.edu/OLLI

**Administrative Team
Contact Information**

Toniann Leavitt, Director
Toniann.Leavitt@unh.edu
(603) 862-0599

Tori Berube, Program Manager
Tori.Berube@unh.edu
(603) 825-0600

**Bryan Whittier, Enrollment
Coordinator**
Bryan.Whittier@unh.edu
(603) 862-OLLI (6554)

Tessa McDonnell, Program Support
Tessa.McDonnell@unh.edu
(603) 491-7370