

# TUESDAY, November 16, 2021 at Plymouth Place Senior Living

315 N. LaGrange Road, LaGrange Park, IL 60526



## The Mind, Body and Spirit Connection for Individuals Living with Dementia

### Speaker

**Joan M. O'Brien**

RN, MSN

Owner,  
Independence 4  
Seniors

Joan has over 30 years of healthcare experience as an RN, with extensive skills in physical assessment and diagnosis.



She has held clinical and management positions at the University of Chicago Medical Center and Rush-Presbyterian-St. Luke's Medical Center.

As an owner of Independence-4-Seniors Home Care, she coordinates home care services for all senior clients and manages a staff of caregivers.

*An interactive presentation to assist clergy on the causes of dementia that affect the function of the brain, and practical tips on how spiritual experiences can improve relationships and connection for the individual and those who love them.*

- **Registration – 7:45 AM**
- **Breakfast & Presentation – 8 to 10 AM**

### RSVP by November 12

Gaye Wagner at  
[gwagner@independence4seniors.com](mailto:gwagner@independence4seniors.com)  
or 630-991-6663

*Plymouth  
Place*  
Senior Living

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SENIORS**  
DIGNITY, CHOICE, QUALITY & SAFETY  
Independence-4-Seniors Home Care