



Sunday afternoon, October 23rd
through
Tuesday afternoon, October 25th

Tower Hill Camp and Retreat Center

Rev. Jeffrey Phillips, Retreat Leader

AUTUMN ADULT RETREAT ON THE BRINK



Wholeness is the goal [of life], but wholeness does not mean perfection. It means “embracing brokenness as an integral part of life.” Thus writes Parker Palmer in his 2018 book, **On the Brink of Everything: Grace, Gravity, and Getting Old**. In these 48 sacred hours, we’ll explore what’s brave and beautiful about aging by means of contemplation, community conversation, and adventures in nature. Our time together will include a range of contemplative practices, community activities, rest, silence, and fun! Participants will be encouraged to read Palmer’s book before the retreat.

Retreat leader Rev. Jeffrey Phillips is a UCC pastor and certified interfaith/ interspiritual spiritual companion. Participants will each have the option to spend thirty minutes with Jeffrey in a spiritual companionship session.

Guests will stay in one of our retreat centers, with their own bedroom, shared bathrooms, large gathering spaces, sunny decks and private fire circles. Meals include Supper on Sunday, and breakfasts / lunches on Monday / Tuesday. Retreat participants will go out for dinner on Monday. The Tower Hill Staff and Retreat Leaders are fully vaccinated and follow Berrien County Health Department guidance. All guests must be fully vaccinated to attend.

Cost for the Retreat is \$350 / person (*scholarships may be available*)

To register contact:

Rev. Tracy Heilman (she/her/hers), Site Director

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<http://www.il-outdoorministries.org>

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