



Take Courage:

Recovering the Sacred Heart of Masculinity

Friday, Sept 23– Sunday, Sept 25, Tower Hill Camp and Retreat Center
Rev. Nate Craddock, Retreat Leader

Western society has done a remarkable job of severing men from their hearts. The fallout is swiftly pushing our planet deeper into a climatological crisis of apocalyptic proportions—to say nothing of the collateral damage done to partners, friends, children, and communities in the process. Is there a way to fix it? Is it possible to come back to a redemptive embodiment of masculinity that can be a key piece of the healing of this world?

Yes. But the work starts and ends at the heart of the matter: coming home to our sacred male hearts.

Together we'll explore and experience what it means to come back to the sacred heart of our vocation as strong, loving, wise, and courageous bearers of the divine masculine. Through thoughtful conversations, intentional vulnerability, and embodied practices of the Christian mystical tradition, we'll enkindle our hearts again as we discover new ways to offer our male experience for the holding and healing of our world in this vulnerable moment in history.

This retreat is open to all who identify as men, and we stand in whole-hearted solidarity with men who are sexual and gender minorities.

Guests will stay in one of our retreat centers, with their own bedroom, shared bathrooms, large gathering spaces, sunny decks and private fire circles. Meals begin with Supper on Friday and conclude with Lunch on Sunday. The Tower Hill Staff and Retreat Leaders are fully vaccinated and follow Berrien County Health Department guidance. All guests must be fully vaccinated to attend. Cost for the Retreat is \$300/person

The Rev. Nate Craddock is a UCC pastor, husband, father, and spiritual seeker. His desire to recover the heart of what it means to be "a real man" as a sexual minority has led him deep into the tradition of Christian contemplative mysticism, whole-hearted engagement with animist and Earth-honoring spiritualities, and the perennial wisdom found at the heart of the world's great traditions. Nate is a student of Dr. Cynthia Bourgeault's wisdom school and is the organizer of Cereal City Wisdom, as well as a student of the Sri Acyutānanda lineage of classical Vedic science. He lives in ancestral Notawaseppi Potawatomi land (Battle Creek, Michigan), with his husband Michael, daughter Lucy, and their dog, Calvin. In his daily life he works to cultivate whole-hearted friendship with both the human and more than human world, and serves the people at First Congregational Church of Battle Creek.