#### **Bereavement Support Initiative**

### Step-By-Step

- Fill out our intake form by scanning the QR code provided, or give us a call at 734-386-0032.
- 2 An LDC volunteer will reach out to assess your needs and schedule a meeting with a Lunar Doula to provide you with appropriate support.
- Your meeting with your Lunar Doula will take place remotely (through a video call), and will be completely confidential.
- If you desire further support after your first meeting with a Lunar Doula, we will set up consistent meeting times with your doula, completely free of charge.

#### **Our Mission**

The Lunar Doula Collective (LDC) seeks to provide emotional and informational support to those undergoing miscarriage, stillbirth, or pregnancy termination in Southeast Michigan. We strive to honor the Reproductive Justice framework by creating a nonjudgmental space in which sexual and reproductive health equity is essential for all human beings regardless of sexual, racial, and gender identities.

#### Contact Us



lunardoulacollective@gmail.com



@lunardoulacollective



facebook.com/ lunardoulacollective

#### If you are in need of urgent support:

Suicide Hotline: 988

Crisis Textline: HOME to 741741



## Bereavement Support Initiative

Providing direct support and guidance for pregnancy loss and termination

#### Bereavement Support Initiative

Our Bereavement Support
Initiative (BSI) provides
bereavement care to support
clients through multiple avenues
to process feelings of grief,
completely free of charge. We
offer two main programs:

## 1 Referral Service

Through our referral service, we will provide you with a curated list of community services, programs, and providers in your area that specialize in pregnancy loss or termination bereavement care.

### 2 Direct Service

This program consists of our Lunar Doulas— who have been trained in reproductive loss support— offering support services via phone or video conferencing services as often as up to once a week.

# What is a Lunar Doula?

A Lunar Doula, or a loss doula, provides non-medical support before, during, and after pregnancy loss or termination.

All of our doulas are trained to specifically address and support the emotional needs of individuals who experience reproductive loss.

## Looking for support for yourself or someone else?

Please scan the QR code below to complete an intake form.



Or give us a call at 734-386-0032

#### **FAQ**

- Who does LDC provide services for?
  - LDC focuses efforts for providing services in the Southeast Michigan area.
- How much do services from LDC cost?
  Our services are completely free!
- Who provides services through the BSI?
  We train loss doulas who are passionate about providing compassionate reproductive care.
- LDC takes confidentiality very seriously. We have implemented procedures and methods of contact that ensure privacy for those seeking our services.