



No matter what challenges you're facing, Sedgwick is with you every step of the way. As the parent company of the CompManagement and CareWorks companies, we are here for you. We're keeping up with shifting trends, updating you on the latest news, sharing resources and providing guidance when you need it most — all so you can rest easy knowing you have what you need to move through the uncertainties.

Supporting your workforce looks a little different lately. That's why, this month, we're focused on bringing you content that addresses employee mental health, unemployment and more. Explore the resources below and reach out to your account manager if we can help in any way.

Kind regards,

A handwritten signature in black ink that reads 'Mary Beth Sanford'.

Mary Beth Sanford, Managing Director

Strategies for improving mental health at the workplace

As awareness and understanding of mental health conditions grow, employers are seeking ways to actively help those who need assistance. In this blog, Dr. Teresa Bartlett discusses the impact that mental health conditions have on the workplace in terms of lost productivity and performance, and ways to support employees.

[READ THE BLOG](#)

Unemployment taxes, fraudulent claims and identity theft

As we approach unemployment tax season, the uncertainties around COVID-19 will only increase. How will the pandemic impact 2021 unemployment taxes? What about the years that follow? And in addressing unemployment, how can employers avoid fraud and identity theft within their organizations?

[READ THE BLOG](#)

Working from home safely and effectively

As our office environment becomes more sedentary, Lisa Orr has tips to help employees work from home safely and more effectively. Read the blog and watch the accompanying video demonstrations to learn everything you need to know about remote office ergonomics.

[READ THE BLOG](#)

How can we address unique challenges of injured and ill workers staying at home?

In this blog, Mark Debus and Rebecca Sherman share 6 ways to keep our mental health in check during the COVID-19 pandemic.

[READ THE BLOG](#)

Additional resources

- Visit Sedgwick's [COVID-19 update center](#)
- Explore our [back to business toolkit](#)
- Reference our unemployment flyers:
 - [Real-time data integration for unemployment and verification service](#)
 - [Unemployment claims management solutions](#)
 - [Unemployment tax management services](#)

Sedgwick is a leading global provider of technology-enabled risk, benefits and integrated business solutions.

If you have any questions or would like to discuss further, please contact your account manager.