

High School Spiritual Formation Trip To D.C

Trip Purpose Statement:

This Washington, D.C. trip is designed to help students explore what it means to **lead by serving others**. Through visits to the **Lincoln Memorial, MLK Memorial, World War II and Korean War Veterans Memorials**, as well as the **National Museum of African American History and Culture** and the **Museum of the Bible**, students will encounter inspiring stories of courage, integrity, and service.

The focus of the trip is **servant leadership**—learning how true leaders act with humility, put others first, and make choices that positively impact those around them. Guided reflections, journaling, and group discussions will help students connect these examples to their own lives and to the teaching of **Mark 10:43–44**, which reminds us that true greatness comes through serving others rather than seeking status or recognition.

This experience encourages students to see leadership not as a position of power or recognition, but as **a way of life marked by service, responsibility, and care for others**, equipping them to lead in meaningful ways at school, at home, and beyond.

Sign Up Link:

<https://subsplash.com/u/-X39HNC/forms/d/93eaed74-9f6d-4ad9-9821-dd5173b0f5e7>

Registration Deadline: Oct 17

When: Nov 7th-9th

Grades: 9th-12th

Trip Capacity Notice

- **Limited to 10 boys and 10 girls — no exceptions.**
- **Priority will be given to 10th–12th graders if more than 10 students of a gender sign up.**
- **9th graders will be considered based on sign-up order.**
- **Any students beyond the capacity will be placed on a waitlist.**

Where: Washington D.C

Housing: Shalom Place *Located within the St. Luke's Mission Center 3655 Calvert Street, NW, Washington, DC 20007*

Housing Set Up: 2 rooms of 12 bunk beds(one for boys, one for girls) 2 showers and 3 separate restrooms

Cost: \$200(Includes housing, all activities, and all meals) Please pay via check or venmo. All leader expenses will be covered by the church.

****If cost is an issue please let me know. We have scholarships available.(We do not want money to be the reason someone cannot attend)***

Depart/ Arrival: Leaving DUMC Nov 7th around 4:30pm, arriving back around 3:30 pm on Nov 9th

How we are getting there: A 15 passenger van and another vehicle if needed.

Adult Volunteers: All volunteers will be background checked, We must bring 2 male and 2 female adults. If you are interested in volunteering for the trip please email me!

Phones: Whether or not your student brings their phone is for you to decide in your family what is best. Phones will be allowed to come. If phones become a distraction, they will be told phones need to stay in the cabins.

Spending Money: You are welcome to spend money with your young person.

Medicine: There is a medication section on the sign up form, please indicate any medical needs we should be aware of. Leaders will always have access to a first aid kit.

Washington, D.C. Youth Trip Packing List

Clothing

- Comfortable walking shoes/sneakers
- Socks & underwear (enough for each day + extras)
- Pajamas / sleepwear
- Casual outfits for daytime activities (pants/shorts, t-shirts, long sleeves if cool)
- Sweater or light jacket (evenings can be cool)
- Dressier outfit for church / worship service
- Rain jacket or poncho (in case of rain)
- **Trip Shirt:** Students will be given a shirt to wear on Saturday for easy group identification

Toiletries / Shower Items

- Towel
- Washcloth
- Shampoo & conditioner
- Body wash / soap
- Toothbrush & toothpaste
- Deodorant
- Hairbrush / comb
- Hair ties (if needed)
- Flip-flops or shower shoes
- Face wash / personal skincare items

Bedding / Sleep

- Pillow + pillowcase
- Twin sheets + blanket
- Sleeping bag (optional, if preferred over blanket)
- Fitted sheet

Other Essentials

- Refillable water bottle
- Phone + charger (optional: portable charger)
- Small backpack or day bag for daily activities

- Sunglasses & hat (for sun)
- Medications (in original packaging, if needed)
- Snacks (optional)

Optional / Nice to Have

- Notebook & pen (for devotion notes)
- Camera (if phone not used)