

*Are you feeling a little down  
at this time of year?*

Losses or other changes often make for an unhappy holiday season, when others are enjoying cheer and goodwill.

**The “Holiday Blues” Support Group**

Will be meeting at

**Old St. Andrew’s Episcopal Church library**

**59 Tariffville Road**

**Bloomfield, CT**

**Wednesdays 5:00-6:30 p.m. (includes a break)**

**November 29 through January 3**

**Sessions are led by**

**Robin Resin, LCSW (retired) and**

**Marlene Hoerle, MDiv (retired)**

**860-242-4660 for more information**