



Phone: (904) 733-3724 www.zumbajear.com
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MORNINGS-OCTOBER 2019

Mon	Tue	Wed	Thu	Fri	Sat
	1 FREE for Studio Jear Patrons! 30 day Fitness Challenge!	2 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba with SPICY-E!	3	4	5 *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome MUST RSVP FOR SAT CLASSES 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
7 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba with SPICY-E!	8 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba with JEROME!	9 10 	11	12 *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome MUST RSVP FOR SAT CLASSES 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR	
14 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba with JEROME!	15 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba with JEROME!	16 17	18 ★10:00 am – 12:00pm 2 HOUR ZUMBA FITNESS JAM! *special event* LOCATION: MOJITOS! ★\$50.00 CASH PRIZE FOR BEST COSTUME! ★ COSTUMES NOT REQUIRED TO PARTICIPATE!	19	
21 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba with SPICY-E!	22 	23 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba with SPICY-E!	24 	25	26 *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome MUST RSVP FOR SAT CLASSES 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
					2ND Annual Michelle A. Jones Breast Cancer Fundraiser Join Studio Jear in MAKING A DIFFERENCE for a local Jacksonville woman & family!
28 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba with JEROME!	29 30 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba with JEROME!	31			

WEEKDAY MORNINGS & EVENINGS AT JJVA – 8457 Western Way, Jacksonville, FL 32256
SATURDAY MORNINGS AT MOJITOS – 8206 Philips Hwy, #39, Jacksonville, FL 32256

2 HOUR ZUMBA FITNESS JAM!

Saturday – October 19th – 10am to 12pm!

FITNESS, FUN & FREE STUFF!

Including \$50.00 cash prize for best costume!

costumes not required to attend event

