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# MORNINGS - NOVEMBER 2018

Mon	Tue	Wed	Thu	Fri	Sat
Weekday Mornings at JJVA / Saturday Mornings at Mojitos			1	2	LOCATION: MOJITOS 3 *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
<i>Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow. ...</i>					
5 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	6 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	7 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	8 	9 	LOCATION: MOJITOS 10 ★ 10:00 am – 12:00pm 2 HOUR ZUMBA FITNESS JAM! *special event* LOCATION: MOJITOS! Join us at Jacksonville's #1 Nightspot!
12 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba ★HAPPY VETERANS DAY! CLASSES FREE FOR MILITARY & Their Families (active & inactive) Just show your ID at check in! ★	13 	14 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	15 WE'RE WORKING FOR FOOD!!! STICK TO YOUR WORKOUTS!	16 	LOCATION: MOJITOS 17 *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
19 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	20 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	21 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	22 HAPPY THANKSGIVING! 	23 	LOCATION: MOJITOS 24 *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR MARK YOUR CALENDAR! SALSA NIGHT OUT! SATURDAY, DECEMBER 1 <sup>ST</sup> – 9PM TILL WE GET TIRED!
26 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	27 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	28 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	29	30	
<b>STUDIO JEAR GROUP FITNESS SATELLITE LOCATIONS:</b> WEEKDAYS AT JJVA – 8457 Western Way, Jax, FL 32256      SATURDAYS – MOJITOS 8206 Philips Hwy, #39, Jax, FL 32256					

**KEEPING IT STRONG CONTEST** – 10/1/18 thru  
12/31/18!

THESE ARE THE DANGER MONTHS – STICK TO YOUR WORKOUTS!  
1<sup>ST</sup> PRIZE – FREE JAN AND FEB 2019 MONTHLY PASSES!

**STUDIO JEAR NOVEMBER 2018 FITNESS  
CHALLENGE!**

FREE for Studio Jear Patrons – STICK TO IT!