



Phone: (904) 733-3724 [www.zumbajear.com](http://www.zumbajear.com)  
Email: zumbajear@yahoo.com

**EXCUSES**  
*don't burn*  
**CALORIES.**

## JUNE 2018

Mon	Tue	Wed	Thu	Fri	Sat
	 Your time as a caterpillar has expired. Your wings are ready.		Summer Body Ready means being the best <b>YOU</b> can be! Get that image of a fitness model out of your head! <b>LET'S DO THIS!</b>	1 <b>STRONG by Zumba™</b> 6:00pm to 7:00pm ★ (HIIT Program) with <b>JEROME</b>	LOCATION: MOJITOS 2 <b>*NOTE CLASS TIMES*</b> 8:30AM to 9:30AM BodyPump with Jerome
4	5	6	7	8	10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR LOCATION: MOJITOS 9 <b>*NOTE CLASS TIMES*</b> 8:30AM to 9:30AM BodyPump with Jerome
5:30 – 6:30pm BodyPump with Jerome 5:45pm to 6:45pm Kids Self Defense	5:45m to 6:45pm Pilates with Kelly G!	5:30 – 6:30pm BodyPump with Jerome	5:45pm – 6:45pm BodyPump - Kelly G!	STRONG by Zumba™ 6:00pm to 7:00pm ★ (HIIT Program) with <b>KELLY "Chameleon"</b>	10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	6:45pm to 7:45pm ZUMBA with "KELLY – THE CHAMELEON"!	6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	★7:00pm to 8:00pm SALSA DANCE CLASS with Mike		10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
11	12	13	14	15	LOCATION: MOJITOS 16 ★10:00 am – 12:00pm 2 HOUR ZUMBA FITNESS JAM! *special event* <b>LOCATION: MOJITOS!</b> Join us at Jacksonville's #1 Nightspot! 8206 Philips Hwy #39, Jacksonville, FL 32256
5:30 – 6:30pm BodyPump with Jerome ★5:45pm to 6:45pm – KIDS "GET MOVING" WORKOUT with The Chameleon! ★	5:45m to 6:45pm Pilates with Kelly G!	5:30 – 6:30pm BodyPump with Jerome	5:45pm – 6:45pm BodyPump - Kelly G!	STRONG by Zumba™ 6:00pm to 7:00pm ★ (HIIT Program) with <b>JEN "Squeaks"</b>	LOCATION: MOJITOS 23 <b>*NOTE CLASS TIMES*</b> 8:30AM to 9:30AM BodyPump with Jerome
6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	6:45pm to 7:45pm ZUMBA with "KELLY – THE CHAMELEON"!	6:45pm – 7:45pm ZUMBA with "SQUEAKS"	★7:00pm to 8:00pm SALSA DANCE CLASS with Mike		10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
18	19	20	21	22	LOCATION: MOJITOS 23 <b>*NOTE CLASS TIMES*</b> 8:30AM to 9:30AM BodyPump with Jerome
5:30 – 6:30pm BodyPump with Jerome 5:45pm to 6:45pm Kids Self Defense	5:45m to 6:45pm Pilates with Kelly G!	5:30 – 6:30pm BodyPump with Jerome	5:45pm – 6:45pm BodyPump - Kelly G!	STRONG by Zumba™ 6:00pm to 7:00pm ★ (HIIT Program) with <b>JEROME</b>	10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	6:45pm to 7:45pm ZUMBA with "KELLY – THE CHAMELEON"!	6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	★7:00pm to 8:00pm SALSA DANCE CLASS with Mike		10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
25	26	27	28	29	LOCATION: MOJITOS 30 <b>*NOTE CLASS TIMES*</b> 8:30AM to 9:30AM BodyPump with Jerome
5:30 – 6:30pm BodyPump with Jerome	5:45m to 6:45pm Pilates with Kelly G!	5:30 – 6:30pm BodyPump with Jerome	5:45pm – 6:45pm BodyPump - Kelly G!	STRONG by Zumba™ 6:00pm to 7:00pm ★ (HIIT Program) <b>ALL INSTRUCTOR MEDLEY!</b>	10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	6:45pm to 7:45pm ZUMBA with "KELLY – THE CHAMELEON"!	6:45pm – 7:45pm ZUMBA with "SQUEAKS"	★7:00pm to 8:00pm SALSA DANCE CLASS with Mike		10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR

### JUNE 2018 FITNESS CHALLENGE!



\*all Saturday Morning Classes at Mojitos!\*  
8206 Philips Hwy, #39  
Jacksonville, FL 32256