



Phone: (904) 733-3724 [www.zumbaear.com](http://www.zumbaear.com)  
 Email: [zumbaear@yahoo.com](mailto:zumbaear@yahoo.com)



# MORNING CLASSES - JULY 2019

Mon	Tue	Wed	Thu	Fri	Sat
1 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	2	3 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	4 HAPPY 4 <sup>th</sup> of JULY! 	5	6 LOCATION: MOJITOS *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
8 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	9 	10 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	11 12 		13 LOCATION: MOJITOS *10:00 am – 12:00pm 2 HOUR ZUMBA FITNESS JAM! *special event* LOCATION: MOJITOS! 5 STUDIO JEAR ZUMBA FITNESS INSTRUCTORS = 2 HOURS OF FITNESS, FUN & RESULTS!
15 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	16	17 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	18	19 	20 LOCATION: MOJITOS *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
22 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	23	24 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	25 26 		27 LOCATION: MOJITOS *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
29 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	30	31 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	Commitment means staying loyal to what you said you were going to do long after the mood you said it in has left you. . . .		

WEEKDAY MORNINGS & EVENINGS AT JJVA – 8457 Western Way, Jacksonville, FL 32256  
 SATURDAY MORNINGS AT MOJITOS – 8206 Philips Hwy, #39, Jacksonville, FL 32256

**DON'T MISS THE 2 HOUR ZUMBA FITNESS JAM ON JULY 13TH AT MOJITOS! 5 STUDIO JEAR ZUMBA FITNESS INSTRUCTORS = 2 HOURS OF FITNESS, FUN & RESULTS!**

