



Phone: (904) 733-3724 /  
www.zumbajear.com



# Studio Jear Group Fitness

## Satellite Location: Absolute Dance

9850 San Jose Blvd Ste 9, Jacksonville, FL 32257

# NOVEMBER 2017

Mon	Tue	Wed	Thu	Fri	Sat
<b>Interested in MORNING CLASSES?</b> Check out Studio Jear's Satellite Location JJVA Workout Calendar!		1 <b>EVENING CLASSES AT JJVA</b> 5:30pm to 6:30pm - BODYPUMP 6:45pm to 7:45pm - ZUMBA FITNESS	2 5:45pm – 6:45pm BodyPump - Kelly G! ★7:00pm to 8:00pm SALSA & BACHATA with Tony	3 <b>JJVA LOCATION</b> <b>STRONG by Zumba™</b> 6:00pm to 7:00pm★	4 9:00am – 10:00am BodyPump with Jerome 10:30am – 11:30am ZUMBA with Jerome & Arlene aka ZUMBAJEAR
6 5:30 – 6:30pm BodyPump with Jerome 6:45pm – 7:45pm ZUMBA with Jerome & Arlene aka ZUMBAJEAR	7 5:45m to 6:45pm Pilates with Kelly G! 6:45pm to 7:45pm ZUMBA with "KELLY – THE CHAMELEON"!	8 <b>EVENING CLASSES AT JJVA</b> 5:30pm to 6:30pm - BODYPUMP 6:45pm to 7:45pm - ZUMBA FITNESS	9 5:45pm – 6:45pm BodyPump - Kelly G! ★7:00pm to 8:00pm SALSA & BACHATA with Tony	10 <b>JJVA LOCATION</b> <b>STRONG by Zumba™</b> 6:00pm to 7:00pm★	11 8:30am – 9:30am BodyPump with Jerome ★10:00 am – 12:00pm <b>ZUMBA TWO HOUR JAM!</b> *special event* <i>"We're working for food!"</i>
13 5:30 – 6:30pm BodyPump with Jerome 6:45pm – 7:45pm ZUMBA with Jerome & Arlene aka ZUMBAJEAR	14 5:45m to 6:45pm Pilates with Kelly G! 6:45pm to 7:45pm ZUMBA with "KELLY – THE CHAMELEON"!	15 <b>EVENING CLASSES AT JJVA</b> 5:30pm to 6:30pm - BODYPUMP 6:45pm to 7:45pm - ZUMBA FITNESS	16 5:45pm – 6:45pm BodyPump - Kelly G! ★7:00pm to 8:00pm SALSA & BACHATA with Tony	17 <b>JJVA LOCATION</b> <b>STRONG by Zumba™</b> 6:00pm to 7:00pm★	18 9:00am – 10:00am BodyPump with Jerome 10:30am – 11:30am ZUMBA with Jerome & Arlene aka ZUMBAJEAR
20 5:30 – 6:30pm BodyPump with Jerome 6:45pm – 7:45pm ZUMBA with Jerome & Arlene aka ZUMBAJEAR	21 5:45m to 6:45pm Pilates with Kelly G! 6:45pm to 7:45pm ZUMBA with "KELLY – THE CHAMELEON"!	22 <b>EVENING CLASSES AT JJVA</b> 5:30pm to 6:30pm - BODYPUMP 6:45pm to 7:45pm - ZUMBA FITNESS	23 CLOSED <b>HAPPY THANKSGIVING!</b> 	24 <b>JJVA LOCATION</b> <b>STRONG by Zumba™</b> 6:00pm to 7:00pm★ <b>Food, Relatives, Snacking Recovery!</b>	25 9:00am – 10:00am BodyPump with Jerome 10:30am – 11:30am ZUMBA with Jerome & Arlene aka ZUMBAJEAR
27 5:30 – 6:30pm BodyPump with Jerome 6:45pm – 7:45pm ZUMBA with Jerome & Arlene aka ZUMBAJEAR	28 5:45m to 6:45pm Pilates with Kelly G! 6:45pm to 7:45pm ZUMBA with "KELLY – THE CHAMELEON"!	29 <b>EVENING CLASSES AT JJVA</b> 5:30pm to 6:30pm - BODYPUMP 6:45pm to 7:45pm - ZUMBA FITNESS	30 5:45pm – 6:45pm BodyPump - Kelly G! ★7:00pm to 8:00pm SALSA & BACHATA with Tony	<b>My name is consistency, I am related to success.</b> <b>We should hang out more than... every once in a while.</b>	