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## **MAY 2019**



Mon	Tue	Wed	Thu	Fri	Sat
FREE FOR STUDIO .  MAY 2019 FITNESS 28-DAY ABS CHA		5:30 – 6:30pm BodyPump with Jerome 6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	2 5:45pm - 6:45pm BodyPump - Kelly G!  ★7:00pm to 8:00pm SALSA DANCE CLASS with Mike	3 STRONG by Zumba™ 6:00pm to 7:00pm☆(HIIT Program) with JEROME	LOCATION: MOJITOS 4  *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
CHALLENGE    Uncode   Uncode	2 Street profess   7   2 Street profess   7	8 5:30 – 6:30pm BodyPump with Jerome	9 5:45pm – 6:45pm BodyPump - Kelly G!	10 STRONG by Zumba™ 6:00pm to 7:00pm☆(HIIT Program) with JEN "Squeaks	LOCATION: MOJITOS 11  *10:00 am - 12:00pm 2 HOUR ZUMBA FITNESS JAM! *special event* LOCATION: MOJITOS!
6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	6:45pm to 7:45pm ZUMBA with "JEROME aka "MR. FITNESS"!!	6:45pm - 7:45pm ZUMBA with "SQUEAKS"	★7:00pm to 8:00pm SALSA DANCE CLASS with Mike		Join us at Jacksonville's #1 Nightspot!  HAPPY BIRTHDAY JEROME
5:30 – 6:30pm BodyPump with Jerome 6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	5:30 – 6:30pm BodyPump with Jerome 6:45pm – 7:45pm ZUMBA with "SQUEAKS"	5:30 – 6:30pm BodyPump with Jerome 6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	16 5:45pm – 6:45pm BodyPump - Kelly G!  ☆7:00pm to 8:00pm SALSA DANCE CLASS with Mike	17 STRONG by Zumba™ 6:00pm to 7:00pm (HIIT Program) with JEROME   **Whaters and the Tronger than you think**	*NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome  10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR SALSA NIGHT OUT AT AROMAS!
20 5:30 – 6:30pm BodyPump with Jerome	5:45m to 6:45pm Pilates with Kelly G!	22 5:30 – 6:30pm BodyPump with Jerome	23 5:45pm – 6:45pm BodyPump - Kelly G!	24 STRONG by Zumba™ 6:00pm to 7:00pm ★(HIIT Program) with JEN "Squeaks	LOCATION: MOJITOS 25  *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome
6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	6:45pm to 7:45pm ZUMBA with "JEROME aka "MR. FITNESS"!!	6:45pm – 7:45pm ZUMBA with "SQUEAKS"	☆7:00pm to 8:00pm SALSA DANCE CLASS with Mike		10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR  *FREE ZUMBA FOR MILITARY & THEIR FAMILIES! *
27 HAPPY MEMORIAL DAY! CLOSED - NO CLASSES!  *NOTE SUMMER CLASS TIME CHANGES! *	6:30pm to 7:30pm BodyPump with Jerome	6:30pm to 7:30pm BodyPump with Jerome	30 6:30pm to 7:30pm BodyPump - Kelly G!	31 STRONG by Zumba™ 6:00pm to 7:00pm☆(HIIT Program) with JEROME	Purchase your Studio Jear T-Shirts & Tanks on Saturdays at Mojitos!
WEEKDAY MODAIIA	7:45pm to 8:45pm ZUMBA with "SQUEAKS"	7:45pm to 8:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	≒7:30pm to 8:30pm SALSA DANCE CLASS with Mike		AAI CONTRACTOR OF THE PARTY OF

WEEKDAY MORNINGS & EVENINGS AT JJVA – 8457 Western Way, Jacksonville, FL 32256 SATURDAY MORNINGS AT MOJITOS – 8206 Philips Hwy, #39, Jacksonville, FL 32256

DON'T MISS THE **2 HOUR ZUMBA FITNESS JAM** ON MAY 11<sup>th</sup> AT MOJITOS! **5** STUDIO JEAR ZUMBA FITNESS INSTRUCTORS = **2** HOURS OF FITNESS, FUN & RESULTS!

SALSA NIGHT OUT Sat – May 18th at AROMAS – 9:00pm! Get discount entry fee of \$5.00 by giving Studio Jear your RSVP! Deadline to register 5/17/19 at 2pm (EST) \*21 yrs of age & up\*