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# JULY 2019

Mon	Tue	Wed	Thu	Fri	Sat
1 6:30pm to 7:30pm BodyPump with Jerome 7:30pm to 8:30pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	2 6:30pm to 7:30pm Pilates with Kelly G! 7:30pm to 8:30pm ZUMBA with "JEN aka SQUEAKS!"	3 6:30pm to 7:30pm BodyPump with Jerome 7:30pm to 8:30pm ZUMBA with ROCKIN' ROBBIN!	4 CLOSED HAPPY 4 <sup>th</sup> of JULY! 	5 STRONG by Zumba™ 6:00pm to 7:00pm★ (HIIT Program) with JEROME 	6 LOCATION: MOJITOS 6 *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
8 6:30pm to 7:30pm BodyPump with Jerome 7:30pm to 8:30pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	9 6:30pm to 7:30pm Pilates with Kelly G! 7:30pm to 8:30pm ZUMBA with ROCKIN' ROBBIN!	10 6:30pm to 7:30pm BodyPump with Jerome 7:30pm to 8:30pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	11 6:30pm to 7:30pm BodyPump - Kelly G! ★7:30pm to 8:30pm SALSA DANCE CLASS with Mike	12 STRONG by Zumba™ 6:00pm to 7:00pm★ (HIIT Program) with JEN "Squeaks"	13 LOCATION: MOJITOS 13 ★10:00 am – 12:00pm 2 HOUR ZUMBA FITNESS JAM! *special event* LOCATION: MOJITOS! 5 STUDIO JEAR ZUMBA FITNESS INSTRUCTORS = 2 HOURS OF FITNESS, FUN & RESULTS!
15 6:30pm to 7:30pm BodyPump with Jerome 7:30pm to 8:30pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	16 6:30pm to 7:30pm Pilates with Kelly G! 7:30pm to 8:30pm ZUMBA with Jerome aka MR. FITNESS!	17 6:30pm to 7:30pm BodyPump with Jerome 7:30pm to 8:30pm ZUMBA with "JEN aka SQUEAKS!"	18 6:30pm to 7:30pm BodyPump - Kelly G! ★7:30pm to 8:30pm SALSA DANCE CLASS with Mike	19 STRONG by Zumba™ 6:00pm to 7:00pm★ (HIIT Program) with JEROME	20 LOCATION: MOJITOS 20 *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
22 6:30pm to 7:30pm BodyPump with Jerome 7:30pm to 8:30pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	23 6:30pm to 7:30pm Pilates with Kelly G! 7:30pm to 8:30pm ZUMBA with "JEN aka SQUEAKS!"	24 6:30pm to 7:30pm BodyPump with Jerome 7:30pm to 8:30pm ZUMBA with ROCKIN' ROBBIN!	25 6:30pm to 7:30pm BodyPump - Kelly G! ★7:30pm to 8:30pm SALSA DANCE CLASS with Mike	26 STRONG by Zumba™ 6:00pm to 7:00pm★ (HIIT Program) with JEN "Squeaks"	27 LOCATION: MOJITOS 27 *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
29 6:30pm to 7:30pm BodyPump with Jerome 7:30pm to 8:30pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	30 6:30pm to 7:30pm Pilates with Kelly G! 7:30pm to 8:30pm ZUMBA with Jerome aka MR. FITNESS!	31 6:30pm to 7:30pm BodyPump with Jerome 7:30pm to 8:30pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	<p><i>If you focus on results, you will never change.          If you focus on change, you will get results....</i></p>		
<p>WEEKDAY MORNINGS &amp; EVENINGS AT JJVA – 8457 Western Way, Jacksonville, FL 32256          SATURDAY MORNINGS AT MOJITOS – 8206 Philips Hwy, #39, Jacksonville, FL 32256</p>					

**DON'T MISS THE 2 HOUR ZUMBA FITNESS JAM ON JULY 13TH AT MOJITOS! 5 STUDIO JEAR ZUMBA FITNESS INSTRUCTORS = 2 HOURS OF FITNESS, FUN & RESULTS!**

