



Phone: (904) 733-3724 www.zumbajear.com
 Email: zumbajear@yahoo.com



MORNINGS NOVEMBER 2019

Mon	Tue	Wed	Thu	Fri	Sat
Salsa Night Out! Saturday, November 9 th at 9:00pm at Aromas! RSVP for discount entry fee! *must be 21 years of age or older*				1	LOCATION: MOJITOS: 2 *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome MUST RSVP FOR SAT CLASSES 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
4 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba with JEROME!	5 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba with SPICY-E!	6 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba with SPICY-E!	7	8	LOCATION: MOJITOS: 9 *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome MUST RSVP FOR SAT CLASSES 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
11 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba with SPICY-E!	12 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba with JEROME!	13 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba with JEROME!	14 	15 ★10:00 am – 12:00pm 2 HOUR ZUMBA FITNESS JAM! *special event* LOCATION: MOJITOS!	LOCATION: MOJITOS: 16
★HAPPY VETERANS DAY! CLASSES FREE FOR MILITARY & Their Families (active & inactive) Just show your ID at check in! ★					
18 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba with JEROME!	19 WE'RE WORKING FOR FOOD!! STICK TO YOUR WORKOUTS!	20 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba with JEROME!	21 THERE IS always always always SOMETHING TO BE THANKFUL FOR	22	LOCATION: MOJITOS: 23 *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome MUST RSVP FOR SAT CLASSES 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
25 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba with SPICY-E!	26 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba with JEROME!	27 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba with JEROME!	28 HAPPY THANKSGIVING! 	29	LOCATION: MOJITOS: 30 *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome MUST RSVP FOR SAT CLASSES 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
			CLOSED		

STUDIO JEAR GROUP FITNESS SATELLITE LOCATIONS:

WEEKDAYS AT JJVA – 8457 Western Way, Jax, FL 32256 SATURDAYS – MOJITOS 8206 Philips Hwy, #39, Jax, FL 32256

2 HOUR ZUMBA FITNESS JAM!

Saturday – November 16th – 10am to 12pm!

FITNESS, FUN & FREE STUFF!

STICK TO YOUR WORKOUTS!

*We're working for food!!!