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DECEMBER 2019

| Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|---|--|---|--|
| 2 | 3 | 4 | 5 | 6 | 7 LOCATION: MOJITOS *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome |
| CLOSED WEEK | CLOSED WEEK | CLOSED WEEK | CLOSED WEEK | CLOSED WEEK | 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR |
| 9 | 10 | 11 | 12 | 13 | 14 LOCATION: MOJITOS 10:00 am – 12:00pm 2 HOUR ZUMBA FITNESS JAM! *special event* LOCATION: MOJITOS! |
| 5:30pm to 6:30pm BodyPump with Jerome | (NO PILATES CLASS) | 5:30pm to 6:30pm BodyPump with Jerome | (NO BODYPUMP CLASS) | STRONG by Zumba™ 6:00pm to 7:00pm (HIIT Program) with JEROME | |
| 6:45pm to 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR | 7:30pm to 8:30pm ZUMBA ROCKIN' ROBBIN! | 6:45pm to 7:45pm ZUMBA with "JEN aka "SQUEAKS!" | ★7:30pm to 8:30pm SALSA DANCE CLASS with Mike★ |  | |
| 16 | 17 | 18 | 19 | 20 | 21 LOCATION: MOJITOS |
| 5:30pm to 6:30pm BodyPump with Jerome | 5:45pm to 6:45pm Pilates with Kelly G! | 5:30pm to 6:30pm BodyPump with Jerome | 5:45pm – 6:45pm BodyPump - Kelly G! | STRONG by Zumba™ 6:00pm to 7:00pm (HIIT Program) with JEN "Squeaks" | *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome |
| 6:45pm to 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR | 6:45pm to 7:45pm ZUMBA with "JEN aka SQUEAKS!" | 6:45pm to 7:45pm ZUMBA with Jerome aka MR. FITNESS! | ★7:00pm to 8:00pm SALSA DANCE CLASS with Mike★ | | 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR |
| 23 | 24 | 25 | 26 | 27 | 28 LOCATION: MOJITOS |
| 5:30pm to 6:30pm BodyPump with Jerome | CLOSED! CHRISTMAS EVE! | MERRY CHRISTMAS! CLOSED  | 5:45pm – 6:45pm BodyPump with Jerome! | STRONG by Zumba™ 6:00pm to 7:00pm (HIIT Program) with JEROME | *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome |
| 6:45pm to 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR | | | ★7:00pm to 8:00pm SALSA DANCE CLASS with Mike★ | | 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR |
| 30 | 31 | DECEMBER 2019 MONTHLY PASSES – DISCOUNT RATE OF \$40.00! Take all 1 hour classes all MONTH LONG! (mornings & evenings) | | | |
| 5:30pm to 6:30pm BodyPump with Jerome | CLOSED | | | | |
| 6:45pm to 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR | HAPPY NEW YEAR! | | | | |

STUDIO JEAR GROUP FITNESS SATELLITE LOCATIONS:

WEEKDAYS AT JJVA – 8457 Western Way, Jax, FL 32256

SATURDAYS – MOJITOS 8206 Philips Hwy, #39, Jax, FL 32256

2 HOUR ZUMBA FITNESS JAM!

Saturday – December 14th – 10am to 12pm!
FITNESS, FUN & FREE STUFF!

STICK TO YOUR WORKOUTS!

DON'T WAIT UNTIL THE NEW YEAR – DO IT NOW!

