



BROWN BAGGING FOR  
**Calgary's Kids**  
[bb4ck.org](http://bb4ck.org)

Individually packaged NUT-FREE snack items:

- Granola bars (ex. President's choice- Rich & Chewy bars or Nature Valley- Lunch Box varieties)
- Fruit Gummies
- Goldfish
- Cookies
- Crackers
- Applesauce

Baking Supplies:

- Chip-its chocolate chips (must be this brand as they are NUT-FREE)
- Sun-Maid raisins (must be this brand as they are NUT-FREE)
- Ground flax seed or Bran meal
- Oats
- Multi-grain or Whole wheat cereal
- Puffed wheat cereal
- Vanilla extract
- Marshmallows

Miscellaneous:

- Zip seal snack and sandwich size bags
- Mini paper muffin cups
- Rubber cleaning gloves
- Hand washing soap
- Nut-free cooking spray
- Latex free and powder free gloves
- Grocery gift cards