



What is the Jr. Crusaders Program?

The Jr. Crusaders is a Parent Volunteer Program, geared towards students in Grades 4 - 6 that will develop their overall physical abilities and build confidence in becoming the next Crusader Athletes. The mission of this program is to build up the CWA Community and foster a positive relationship between Varsity sports and our young student athletes. Most important, the program seeks to teach kids new and different skills and for the kids to have FUN!

What is the vision of the Jr. Crusaders Program?

The vision of the program is to help teach, correct, and encourage our students to become the best people they can be; to build each student's virtue and character by learning the value of hard work, respect, enthusiasm, and being mentally tough. Jr. Crusader Athlete will learn to love sports, grow in virtue, and have fun!

What can CWA parents and young athletes expect from the Jr. Crusaders Program?

The program will offer young athletes the opportunity to learn the skills to play various sports that are currently offered within CWA Athletics. The athletes will learn the fundamentals sports through repetition, drills, and scrimmages. There will a focus on movement, skill development, and participation.

The program will be able to offer quality coaches and instructors to work with our athletes.

"Playing sports has become very important today; since it can encourage young people To develop important values such as loyalty, perseverance, friendship, sharing, and solidarity"

St. John Paul II



When does the Jr. Crusaders Program Run?

The Program will run a series of Friday afternoon training sessions from September 15, 2017 to June 1, 2018. The sessions are planned for maximum activity. Training sessions start at 2:30 in Harvey Hall (CWA Gym). This will give our young athletes time to have a snack, change into their Jr. Crusaders gear, and be ready for the planned activity. Pick up will be at 4:00 p.m. Please stay tuned for the specific details and the Jr. Crusaders calendar, which will be sent out soon.

What does the Jr. Crusaders Program expects from the student athletes?

The Jr. Crusader athletes will show respect to coaches, referees, parents, and fellow athletes. The athletes will set a positive example and to demonstrate obedience, teamwork, positive attitude, and hard work. To learn to put others first and sacrifice for the good of the team. Grounded in virtue is an important part of our Human Formation and a key component of CWA Athletics.

Who supports the Jr. Crusaders Program within CWA?

The Jr. Crusaders Program is run by CWA parent volunteers and the activities will be run by various instructors and coaches that specialize in the planned activities. The program has the full support of the Athletic Dept. and CWA Management.

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What does the Jr. Crusaders Program expect from parents?

Our mission is to build community! In order to have a successful program we ask that you and your child are committed to consistently attending and that you adhere to start and pick up times, and to be advocates in building CWA Athletics within our community.

The Jr. Crusaders Program is run by CWA parent volunteers, the activities will be run by various instructors and coaches that specialize in the planned activities. The program welcomes volunteers to assist during the sessions. Our hope is that parents with little or no experience in CWA athletics use this as a spring board to start getting involved in CWA Athletics.

What is the cost of the Jr. Crusaders Program? How do I Register?

The cost of the program is \$295 Early Bird, open until June 30th. After Registration is \$325.00 and open until September 2nd. To register for the Jr. Crusaders Program simply send an email to Marianne Divjak Faba, parent volunteer, at divjakm@shaw.ca and details on how to register via Team Snap will be sent to you.

For more information on this program, please feel free to contact:

Marianne Divjak Faba – 403.993.3133 or divjakm@shaw.ca

Dan Faba – 403.660.6896 or dfaba@shaw.ca

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