



UNITED WAY BLIZZARD BLAST 2021 “VIRTUAL” CHALLENGE RACE THE COURSE

The Blizzard Blast 2021 Virtual Challenge Race is not just another 5K, 10K, or Half Marathon road race. IT IS TOUGH! Why is it more tough than your typical 5K, 10K, or Half Marathon?

The Northern New England winter: this race will be run during the week starting January 30, 2021. During the week, participants can run the course any time they want... but it is rain or shine, blizzard, snow, or hail. In any case... it will be a lot tougher than your typical spring, summer, or fall race.

Course Challenges: there will be numerous stops along the course. Each of these stops is at one of Nashua's great nonprofits... and at each one you will encounter physical challenges. These could include any or all of the following:

- Burpees
- Lunges
- Pushups
- Jumping jacks
- Jump rope
- Situps
- Army crawls
- Kettle bells
- ...and more!

Course Map: We are developing a variety of courses in the 5K / 10K and Half Marathon Lengths (appx.). Along each course you will stop at one or more of the following locations:

- Stepping Stones Youth Homeless Drop In Center: Confirmed
- HEARTS Peer Support: Confirmed
- The PLUS Company
- Boys and Girls Club of Greater Nashua: Confirmed
- Nashua PAL
- Youth Council: Confirmed
- Marguerite's Place: Confirmed
- Adult Learning Center: Confirmed
- Salvation Army of Greater Nashua
- Revive Recovery
- Greater Nashua Mental Health: Confirmed
- Girls Inc. : Confirmed
- Clearway High School: Confirmed
- Nashua Soup Kitchen and Shelter
- Family Promise of Southern NH: Confirmed
- Corpus Christi Food Pantry: Confirmed
- Gateways Community Services: Confirmed
- Greater Nashua Dental Connection: Confirmed
- Front Door Agency: Confirmed
- Bridges Sexual and Domestic Violence: Confirmed

Course Check In, Start / Finish

RUNNERS WILL CHECK IN AND START / FINISH THEIR RACE, AT A TIME AND DAY OF THEIR CHOOSING, AT UNITED WAY OF GREATER NASHUA. SPONSORED BY ST. JOSEPH HOSPITAL MOBILE MEDICAL CLINIC.