

Governor's Message

"Autumn shows us how beautiful it is to let things go."

– Unknown

Fall has arrived, and with it comes that wonderful reminder of change, gratitude, and new beginnings. Across District Three, I continue to be inspired by the incredible service projects our clubs have carried out through the summer and into fall. From community outreach to literacy programs and local partnerships, your work is making a real difference — and I couldn't be prouder of how our Altrusa family continues to buzz with service!

On the membership front, I'm thrilled to share exciting progress with our newest club in formation — Central Polk County! We've been working closely with Annette and Ashley to bring this new club to life, and a special shout-out goes to the Orlando-Winter Park Club for



Mantha Young

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serving as their sponsor. After several Zoom and phone meetings, their first in-person organizational meeting will be held Thursday, October 23, 2025, from 5:00 to 6:00 p.m. at the Lake Alfred Library.

If you have friends or family in the Central Polk County area, please invite them to attend! A friendly face and a personal invitation can make all the difference as this new club begins its journey. And if you're nearby, I encourage you to join us in person — your presence and support will mean so much to these new members starting their Altrusa story. Looking ahead, mark your calendars now for our 2026 District Three Conference in Spartanburg, South Carolina! Discover one of the South's most charming towns — from walkable streets and warm smiles to southern eats and sweet hospitality, Spartanburg will be the perfect place for Altrusans to gather.

When: April 24-25, 2026

Where: Hampton Inn & Suites - I-26 Westgate Mall, Spartanburg, SC

I hope each of you will take time this season to celebrate your club's accomplishments and the joy that comes from serving others. Let's continue to grow, welcome new members, and share the light of Altrusa wherever we go. Stay connected with what's happening across our District on [Facebook](#).

Until next time, keep shining and remember to always Bee Essential!

Buzzin' in Service

Mantha

Mantha A. Young
Governor
Altrusa District Three



District Three Foundation News

By Joanne Brown, Foundation Chair

The District Foundation Board has been very busy since the conference. We are sitting in a very good financial position thanks to our wonderful Altrusa donors.

At our mid-year meeting we updated and approved the Altrusa District Three Foundation policies. The Joey Robison Scholarship Endowment Fund was also approved. Instructions for this scholarship application will be posted on the website and sent out to club presidents in the near future. The awards this year will be handled by Connie Larson and submitted districtthreefoundationawards@gmail.com. The grants and the Joey Robison Scholarships will be sent to Christine Brewer and submitted to district3foundationgrants@gmail.com. It is not too early to be thinking about which projects you would like to submit to be funded by the awards or grants program. The **deadlines for both are January 31st**. All of this information will be posted on the District Foundation web page.



Joanne Brown

The Wilma B Hogan Literacy fund is in good shape. In the future, we are looking to increase the other funds to \$50,000 to sustain the award money to distribute to clubs for their projects. This can only be accomplished through your generous donations at our silent auction at conference. This year there will be no Dessert Dash since we are doing this every other year.

Thank you for your generosity in Cherokee and here's looking to another successful silent auction in Spartanburg.



Please submit DSB articles to:
Sandy Thompson
sandy@organizemehappy.com



2026 District Three Awards Criteria

By Scott Frieser, Vice Governor



Scott Frieser

Name of Award	Description	Level of Award	Due Date	Please note	Send to name/address	Judging Committee
Mamie L. Bass Service Award	Encourage interest in developing hands-on projects that benefit the community	District Three & International	1/31/2026	District winner is submitted to International for competition in the biennium Convention year.	Awards Chair / Vice Governor Scott Frieser 13212 Providence Green Ct. Charlotte, NC 28277 vicegovernordistrictthree@gmail.com	3 Prominent members of the general public
Letha H. Brown Literacy Award	Encourage interest in developing hands-on projects that benefit the community	District Three & International	1/31/2026	District winner is submitted to International for competition in the biennium Convention year.	Awards Chair / Vice Governor Scott Frieser 13212 Providence Green Ct. Charlotte, NC 28277 vicegovernordistrictthree@gmail.com	3 Prominent members of the general public
Ernestine Milner Program Excellence Award	Encourage good program planning	District Three	1/31/2026		Awards Chair / Vice Governor Scott Frieser 13212 Providence Green Ct. Charlotte, NC 28277 vicegovernordistrictthree@gmail.com	3 Prominent members of the general public
Dr. Nina Fay Calhoun International Relations Award	Encourage and stimulate International relations	District Three & International	1/31/2026	District winner is submitted to International for competition in the biennium Convention year.	Awards Chair / Vice Governor Scott Frieser 13212 Providence Green Ct. Charlotte, NC 28277 vicegovernordistrictthree@gmail.com	3 Prominent members of the general public
Outstanding Community Service Award	Demonstrate member commitment to service projects as a Club priority	District Three	1/31/2026		Awards Chair / Vice Governor Scott Frieser 13212 Providence Green Ct. Charlotte, NC 28277 vicegovernordistrictthree@gmail.com	Submissions that meet criteria are recognized
Newsletter Award	Encourage publication of timely and informative club newsletters	District Three	1/31/2026	Send 3 consecutive issues from previous calendar year	Awards Chair / Vice Governor Scott Frieser 13212 Providence Green Ct. Charlotte, NC 28277 vicegovernordistrictthree@gmail.com	3 Prominent members of the general public
Todd Jordan Yearbook Award	Encourage publication of annual club yearbook	District Three	1/31/2026	Send electronic copy of current Club Yearbook in PDF format to Awards Chair.	Awards Chair / Vice Governor Scott Frieser 13212 Providence Green Ct. Charlotte, NC 28277 vicegovernordistrictthree@gmail.com	Submissions are recognized



2026 District Three Awards Criteria Continued

By Scott Frieser, Vice Governor



Scott Frieser

Name of Award	Description	Level of Award	Due Date	Please note	Send to name/address	Judging Committee
Governor's Outstanding Club	Special recognition by the Governor	District Three	2/28/2026	Send to Governor	Governor Mantha Young PO Box 292 Lake City, FL 32056 vicegovernordistrictthree@gmail.com	Governor Mantha
Extension Award	Award for chartering new club	District Three	No Application Required	Determined by District records	Awards Chair / Vice Governor Scott Frieser 13212 Providence Green Ct. Charlotte, NC 28277 vicegovernordistrictthree@gmail.com	Governor Mantha
Myrtice H. Price Membership Award	Encourage clubs to make membership a high priority	District Three	No Application Required	Computation obtained from District Treasurer's records as of 1/31/2026	Send membership changes to District Three Treasurer Scott Tice 7610 SW 63rd Place Rd. Ocala, FL 34474 districtthreetreasurer@gmail.com	Based on computation from Treasurer
New Member Incentive Award	Cash awards based on new members gained during the previous year	District Three	No Application Required	Computation obtained from District Treasurer's records as of 1/31/2026	Send membership changes to District Three Treasurer Scott Tice 7610 SW 63rd Place Rd. Ocala, FL 34474 districtthreetreasurer@gmail.com	Based on computation from Treasurer
Membership - Greatest Net Gain	Based on membership gains between 2/1 - 1/31 of the previous year	District Three	No Application Required	Computation obtained from District Treasurer's records as of 1/31/2026	Send membership changes to District Three Treasurer Scott Tice 7610 SW 63rd Place Rd. Ocala, FL 34474 districtthreetreasurer@gmail.com	Based on computation from Treasurer

Please note the following change was approved by the board earlier this year!

The monetary award from the Myrtice H. Price award comes from the \$10,000 endowment within District Three. The interest is calculated as of January 31st of each year.

First, Second, and Third place winners will receive checks for 50%, 30%, and 20%, respectively, of the interest earned annually from the Myrtice H. Price Investment Fund.

In the event of a two-way tie for First Place, the First And Second place awards will be combined and split evenly amongst the winners. If there are three or more winners, the First, Second, and Third places will be combined and split evenly amongst the winners. If there is a tie for Second place, the Second and Third place awards are combined and split evenly amongst the winners. If there is a tie for Third place, the Third place award will be split evenly amongst the winners.

Altrusa International District Three, Inc.

Membership Report

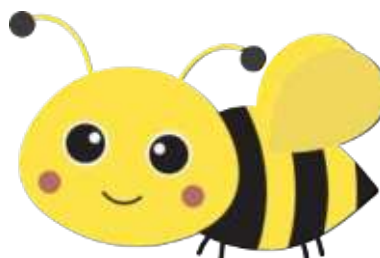
By Scott Tice
District Three Treasurer



Scott Tice

Altrusa District Three Membership as of October 15, 2025

Count of Member Type	Column Labels						
Row Labels	Active	Affiliate	Dual Member	Emeritus	Life	Young Adult	Grand Total
Atlanta, GA	5		1				6
Charlotte, NC	20			1		2	23
Citrus County, FL	16						16
District Three Virtual Club	13		10			1	24
Gainesville, FL	45			6			51
Gastonia, NC	10			1			11
Lake City, FL	74			6		7	87
Lake County, FL	27						27
Live Oak, FL	28			1			29
Marianna, FL	23						23
Monticello, FL	22			2			24
North Georgia, GA	38			4		1	43
Ocala, FL	30			3			33
Orlando-Winter Park, FL	35			1			36
Raleigh, NC	14				1	1	16
Salisbury, NC	9			1			10
Spartanburg, SC	29			3		1	33
St. Augustine, FL	13						13
Starke, FL	39			2	1		42
Statesboro, GA	35			5			40
Affiliate		1		3			4
Grand Total	525	1	11	39	2	13	591



District Three New Members

By Scott Tice
District Three Treasurer

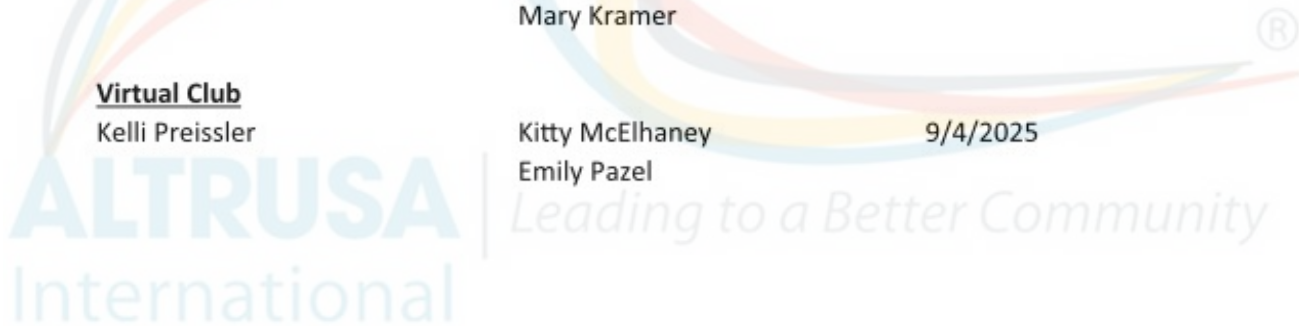


Scott Tice



Altrusa District Three, Inc.
New Members - Aug. 16, 2025 - Oct. 15, 2025

New Member	Sponsor	Joined
<u>Lake County, FL</u>		
Tami Hoffman	Anita Valdez Carol Lukeman	10/9/2025
<u>North Georgia, GA</u>		
Karen Pirkle	Julie Ford Becky Hitch	10/14/2025
<u>Ocala, FL</u>		
Jennifer Ruppel	Helen McDavid Judi Zanetti	8/21/2025
<u>Starke, FL</u>		
Shannon Edwards	Dimple Overstreet Mary Kramer	9/17/2025
<u>Virtual Club</u>		
Kelli Preissler	Kitty McElhaney Emily Pazel	9/4/2025



District Three Board Hits Spartanburg for Mid-Year Meeting

By Nancy Schwartz
District Three Secretary

The Altrusa District Three Board recently wrapped up a productive **Mid-Year Board meeting** in **Spartanburg, South Carolina**, mixing serious future planning with some fun local fellowship and service! The jam-packed agenda included a tour of the **1881 Event Hall**, which will be the site for our **2026 District Three Conference** (mark your calendars for April 24–25, 2026!). We also spent time hashing out exciting ideas for the activities and fellowship opportunities that will make the conference unforgettable.



Nancy Schwartz

Governor Young set a unifying tone for the biennium by sharing the concept of “**Bee-ginnings**.” It’s a powerful affirmation that reminds us all we’re part of the Altrusa “hive” and each play a vital role across our clubs, District Three, and the international organization. Keeping that “hive mind” focus, a large chunk of the meeting was dedicated to polishing up the **District Three long-range strategic plan**, which members will be able to review and formally ratify during the 2026 conference.

Before the official meeting, the Spartanburg Altrusa Club rolled out the red carpet for the officers with a beautiful luncheon at the historic **Piedmont Club**, sharing inspiring details about their local service projects. After lunch, club members joined the Board for a visit to **Hatcher Gardens & Woodland Preserve** to dedicate the new **children’s adventure trail**, a fantastic and lasting project sponsored by the club. Overall, the meeting was extremely productive, successfully moving our strategic goals forward while strengthening the bonds of fun and fellowship—just what Altrusa is all about!



Governor Young Addresses
Spartanburg Club



Parliamentarian Penny Penn, Secretary Nanci Schwartz, Governor Mantha Young, Director Rosemary Leake



Vice Governor Scott Frieser, Parliamentarian Penny Penn, Secretary Nanci Schwartz



Governor Elect Nancy Shumaker, Treasurer Scott Tice, Director Dee Dugger

District Three Board Hits Spartanburg for Mid-Year Meeting Continued.....



Altrusa Adventure Trail Dedication



District Three Board and Spartanburg Club at Hatcher Gardens

District Three Audit Report

By Scott Tice
District Three Treasurer



Scott Tice



REPORT OF DISTRICT THREE AUDIT COMMITTEE REVIEW OF DISTRICT THREE CONFERENCE FINANCIAL RECORDS FOR CHEROKEE, NC CONFERENCE 2025

The Audit Committee consisted of the following:

Debbie Vives, Audit Chair, Altrusa International of Statesboro, GA

Lorrie Wheeler, Altrusa International of Lake City, FL

The Committee reviewed the financial records, as presented to us by Treasurer Scott Frieser, for the Cherokee, NC Conference February 1, 2025 and ending June 30, 2025.

The District Three Audit Committee reviewed the financial statements, bank statements, general journals (including but not limited to, accounts receivable, accounts payable and transaction journals) and supporting documentation in order to arrive at its recommendations. The financial records of the Conference were very orderly and professionally handled by the District Three Treasurer Scott Frieser.

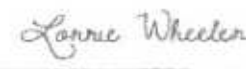
The Audit Committee agrees that District Three has the following funds in its Conference Checking at the banking institution listed below:

Wells Fargo - Conference Checking	\$ 2,000.16
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The Cherokee, NC Conference reflects net loss over expenses of \$ (3,469.34)

Date August 5, 2025


Debbie Vives, Audit Chair, Altrusa International of Statesboro, GA


Lorrie Wheeler, Altrusa International of Lake City, FL

2026 District Three Conference – Call to Action!

Spartanburg, South Carolina

Rosemary Leake & Tina Luca Conference Co-Chairs

Save the Date: 2026 District Three Conference — Spartanburg, South Carolina!

April 24–25, 2026 | Hampton Inn & Suites, I-26 Westgate Mall

Mark your calendars and get ready to head to one of the South's most charming destinations! The **2026 District Three Conference** will take place in **Spartanburg, South Carolina**—a city known for its Southern hospitality, vibrant downtown, and rich history.

Next spring, Altrusans from across District Three will gather to celebrate service, friendship, and the power of connection. This year, we're *buzzing* with something new: we're moving from a three-day conference to a **two-day format**, making it easier than ever to join the fun without missing a beat.

Our **Hampton Inn & Suites at I-26 Westgate Mall** will serve as your home away from home, with all conference sessions just steps away at the beautiful **1881 Events Center**. This spacious, modern venue will host our **Business Meetings, Breakout Sessions, and Meals**—all designed to make your experience convenient, comfortable, and inspiring.

Expect engaging workshops, dynamic speakers, meaningful fellowship, and plenty of Southern flavor throughout the weekend. Whether it's your first conference or your tenth, Spartanburg promises to deliver a memorable mix of learning, laughter, and Altrusa sisterhood.

More details—including registration, agenda highlights, and special surprises—will be coming soon. For now, grab your planner, circle those dates, and get ready to “**Bee in Spartanburg**” in 2026!



Rosemary Leake



Tina Luca

Experience Spartanburg!

Your 2026 District Three Conference Destination

When you're not attending sessions or sharing laughter with fellow Altrusans, take time to explore all that Spartanburg, South Carolina has to offer! Known as the “Hub City”, Spartanburg blends small-town charm with vibrant arts, local flavors, and a welcoming Southern spirit.

Downtown Delights

Just a short drive from the conference hotel, downtown Spartanburg is filled with locally owned shops, art galleries, and restaurants that capture the city's creative energy. Be sure to stop by Morgan Square, the heart of the city, where you'll find live music, public art, and plenty of photo-worthy spots.

Eats & Treats

Whether you're craving Southern comfort food or a farm-to-table feast, Spartanburg's culinary scene won't disappoint. Popular stops include The Kennedy for modern Southern dining, Cribb's Kitchen for casual fare, and Blue Moon Specialty Foods for local flavors to take home. Don't miss Little River Coffee Bar for your morning buzz or RJ Rockers Brewing Company for an evening unwind.

Outdoor Escapes

If you're looking to stretch your legs between sessions, visit Hatcher Garden and Woodland Preserve, a peaceful oasis with walking trails and blooming gardens. For something a little more adventurous, the Mary Black Rail Trail is perfect for a morning walk or afternoon bike ride.

Culture & History

Discover the area's artistic side at the Spartanburg Art Museum, or explore the region's heritage at the Hub City Railroad Museum. If you love music, the Chapman Cultural Center hosts performances and exhibits year-round — a true hub for local talent.

2026 District Three Conference – Spartanburg, South Carolina...Continued

Rosemary Leake & Tina Luca
Conference Co-Chairs

Link to Hotel: [Hampton Inn & Suites Spartanburg-I-26-Westgate Mall](#)



Hampton Inn & Suites



1881 Meetings, Meals & Breakout Sessions



Parliamentarian Pointer

By Penny Penn
District Parliamentarian

The Bee-auty of the Agenda

Robert's Rules of Order Newly Revised dictate meeting procedure at the club and district levels (Club Bylaws Article XVIII and District Bylaws Article XVI). They ensure that meetings are fair, orderly and organized. The meeting agenda reflects these goals and assists in their execution.

The agenda is a critical roadmap for a meeting, not merely a list of discussion topics. Its purpose is to provide structure by listing items in the order they will be discussed to ensure an orderly meeting, increase efficiency by letting attendees know what to expect and what needs to be accomplished, aid in record-keeping by supplementing accurate minutes and ensure accountability by reminding the group of outstanding items for discussion or action and tracking actions taken.

Typically, the president or chair prepares the agenda, often with assistance from the secretary. Distributing the agenda in advance allows participants to prepare for the meeting.

The format, or standard order of business, is as follows:

- CALL TO ORDER
- ADOPTION OF THE AGENDA
- APPROVAL OF THE MINUTES
- REPORTS OF OFFICERS
- REPORTS OF COMMITTEES
- UNFINISHED BUSINESS
- NEW BUSINESS
- ANNOUNCEMENTS
- ADJOURNMENT

The rules do allow for flexibility. Approval of the agenda often gives permission to the chair to take up items out of order if necessary. Any member may propose a motion to amend the agenda before it is adopted. This motion or one to approve the agenda as presented requires a simple majority vote to pass. Once the agenda is adopted, any member may make a motion to amend it (to add or delete an item, for example). It requires a two-thirds majority vote for approval.

By adhering to this consistent format and procedure, a group can conduct its business effectively and efficiently.



Penny Penn



Welcome New District Three Trustees

By LaShone T. Surrency
New Building Club Committee Chair

We are thrilled to announce the newest Altrusa club – Altrusa International of Polk County, Florida in District Three!

Excitement is building across District Three! The Altrusa International Club of Orlando-Winter Park, FL, is proudly sponsoring the brand new Altrusa International Club of Polk County. The club's charter members, mother-daughter duo Annette Barber Jensen and Ashley Murphy, are "buzzing" with enthusiasm to bring this new chapter to life. Both bring valuable Altrusa experience and deep family ties – in fact, Annette's sister, Deanna Barber Sargent, currently serves as Governor of Iowa.



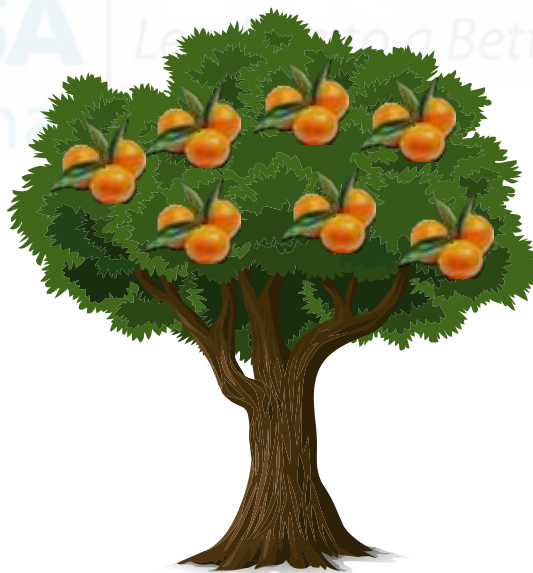
LaShone T. Surrency

Governor Mantha Young, Governor-Elect Nancy Shumaker, Lorrie Davis of Altrusa International of Lake County, and District Three New Club Building Committee Chair LaShone T. Surrency, are working together to support the effort with intentional guidance, positive encouragement, and consistent involvement to ensure the club's long-term success.

Through continued collaboration, both in-person and virtual meetings will help lay the club's foundation. The first organizational meeting was scheduled for Thursday, October 23, 2025, at the Lake Alfred Public Library, 5 pm – 6pm. Social media campaigns across platforms such as Instagram and Facebook will play a key role in spreading the word and reaching potential members. Local leaders and community members will be invited to participate in the launch of Altrusa Polk County.

Research is underway to identify those organizations that could benefit from Altrusa's spirit of service and volunteerism. Invited business and community leaders will include affiliates of United Way, Chamber of Commerce, Polk State College, Elder Care, Early Learning Coalition of Polk County, Polk County School District, local Financial Institutions, local nonprofits, private business owners, and others who share a passion for community engagement.

We invite you to help spread the word about the newest Altrusa club in Polk County! Share this exciting news with your friends, family, and colleagues and join us in bringing the "buzz" to Polk County, Florida. Together, we'll continue to Make a Difference within our communities!



District Three Spotlight: Committee Chairs & Board Members

By Mantha Young
District Three Governor

Each biennium, District Three is led by an incredible group of Altrusans who bring energy, wisdom, and heart to every aspect of our organization. From guiding clubs to mentoring members, these leaders truly help District Three buzz with service!

This month, we're delighted to shine a light on three of our Board Members and three of our Committee Chairs — six inspiring women whose dedication, creativity, and compassion reflect the very best of Altrusa. Their stories remind us that leadership takes many forms, but it always begins with a heart for service.

Together, they remind us what it truly means to Bee Essential in District Three.

Buzzin' in Service

Mantha

Mantha A. Young
Governor
Altrusa District Three



Amanda Seyfang
District Membership Chair
Altrusa International of Starke, FL

Since joining the Altrusa Club of Starke, Florida in 2017, Amanda Seyfang has been an active and passionate Altrusan, dedicated to helping others and strengthening her community. In her current role as District Three Membership Chair, Amanda brings energy, encouragement, and insight to her work — helping clubs grow and ensuring that new members feel welcomed and inspired.

One of Amanda's favorite Altrusa memories is attending her first District Three Conference, where she discovered the depth and purpose of the organization she had joined. *"I learned so much more about what Altrusa stands for,"* she shared. That experience left a lasting impression and deepened her appreciation for Altrusa's mission of service and leadership.

Amanda finds great joy in seeing what happens when people come together for a common cause. *"Seeing the difference it can make when many hands come together"* is what she loves most about serving her community — a beautiful reflection of the teamwork and unity that Altrusans bring to every project.

Outside of Altrusa, Amanda's fun side shines through her love of Elvis Presley. Whether it's his music or his enduring spirit, she embraces a little rock 'n' roll energy in life — and those who know her would say she brings that same spark to Altrusa! When asked about mentors or sources of inspiration, Amanda's answer captures her humble and inclusive heart: *"To be honest, I've learned from and been inspired by every Altrusan I've met. Each one of you offers something to be emulated."* Her words remind us that leadership often begins with listening, learning, and lifting others up.

Professionally, Amanda serves as the Supervisor of Elections, a role that reflects her dedication to civic engagement, transparency, and community trust. Her integrity and leadership in this position mirror the same commitment she brings to her service in Altrusa.

With her optimism, compassion, and servant's heart, Amanda Seyfang continues to help our District "Bee Essential" — building community one member at a time.

District Three Spotlight: Committee Chairs & Board Members continued...



LaShone T. Surrency

LaShone T. Surrency
New Club Building Committee Chair
Altrusa International of Lake City, FL

When you meet LaShone T. Surrency, her enthusiasm for service and leadership instantly shines through. A proud member of Altrusa International of Lake City, Florida, LaShone has been an Altrusan for several years and continues to bring energy, innovation, and a big heart to everything she does.

As District Three's New Club Building Committee Chair, LaShone plays an important role in helping Altrusa grow and flourish across the District. She believes in the power of collaboration and loves watching new clubs take root and thrive—one idea, one project, and one relationship at a time.

When asked about her favorite Altrusa memory, LaShone reflects fondly on her time as President of the Lake City Club. *"Being able to implement service projects and watch them come alive with the support and volunteerism of fellow Altrusans was magical,"* she shared. That spark of teamwork and service continues to motivate her today.

For LaShone, serving her community is more than an act of kindness—it's a calling. *"I love serving my community because I am able to make a positive impact by helping others. It strengthens social connections, leads to personal and professional growth, and fosters a sense of purpose."* Her perspective beautifully embodies the Altrusa spirit of leadership through service.

And when she's not busy helping others? You might find her watching Swamp People—she's a big fan of Troy Landry, the *"King of the Swamp!"* It's a fun fact that adds a touch of Southern charm to her already vibrant personality.

LaShone also finds inspiration in many of her fellow Altrusans. She says with a smile, *"Since my Altrusa journey began, there are several Altrusans who serve as mentors or sources of inspiration. Each brings something different to my life that was or is needed to fulfill my purpose. I guess that means I needed a lot of support!"* She went on to lovingly list many names, including Mantha Young, Jill Adams, Christy Bryant, Dimples Overstreet, Connie Anderson, Sandy Furches, Lorrie Wheeler, Judge Leandra Johnson, Sheryll Walker, Scott Tice, Teresa Morgan (deceased), Colleen Duris, Kitty McElhaney, Vivian Ellis, Tammy Hall, and Shannon Schell—each a shining example of the bonds built within Altrusa.

Professionally, LaShone serves as the Chief Executive Officer of the Early Learning Coalition of Florida's Gateway, Inc., where she leads with compassion, purpose, and vision—much like she does in her Altrusa service.

Her dedication to helping others, uplifting her community, and inspiring new leaders makes LaShone a true example of what it means to "Bee Essential" in District Three.



District Three Spotlight: Committee Chairs & Board Members continued...



Colleen Duris
District Three Conference Co-Chair
Altrusa International of Ocala, FL & District Three Virtual Club

With a deep love for service and a heart for adventure, Colleen Duris embodies the spirit of Altrusa wherever she goes. A longtime member of the Altrusa Club of Ocala, Florida since 1996 and a proud member of the District Three Virtual Club since 2022, Colleen's commitment to leadership, service, and connection spans decades — and continents!

As District Three Conference Co-Chair, Colleen plays a vital role in creating meaningful and memorable experiences for Altrusans across the District. Her enthusiasm, organization, and genuine care ensure that each conference brings members together in both purpose and friendship.

When asked about her favorite Altrusa memory, Colleen's eyes light up as she recalls traveling with fellow Altrusans to the International Convention in New Zealand. *"Traveling around with fellow Altrusans was unforgettable,"* she shared — a reflection of the global friendships and shared adventures that make Altrusa so unique.

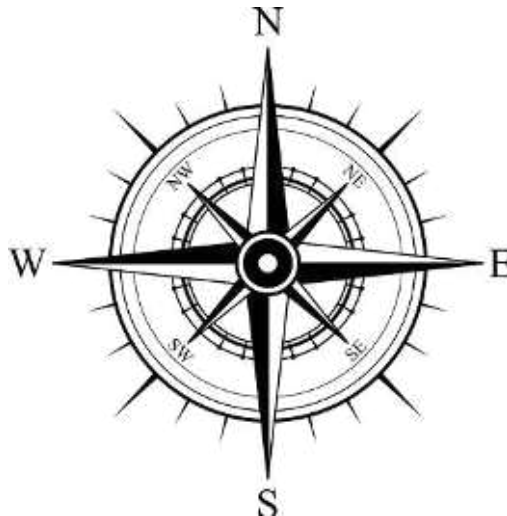
For Colleen, serving her community is a natural extension of who she is. *"Giving back to others, making a difference in people's lives,"* she said simply — a statement that beautifully captures her humility and heart for service.

Her favorite quote, from author James M. Barrie, also speaks volumes about her outlook on life: *"Those who bring sunshine into the lives of others cannot keep it from themselves."* It's a fitting reminder for someone who continually shares encouragement, guidance, and light with those around her.

Throughout her Altrusa journey, Colleen has been inspired by many — Nancy Jones at the club level, Freddie Dobson at the district level, and Donna Johnson at the international level — each leaving a lasting mark on her leadership and service.

Colleen's work as a Board Certified Elder Law Attorney reflects her deep belief in serving others with dignity and care. That same compassion and steady guidance define her Altrusa leadership — always finding ways to bring light, structure, and kindness to those around her.

With her wisdom, warmth, and unwavering positivity, Colleen Duris continues to uplift others and lead with grace — a shining example of what it means to "Bee Essential" in District Three.



District Three Spotlight: Committee Chairs & Board Members continued...



Scott Freiser

Scott Freiser
District Three Vice-Governor
Altrusa International of Charlotte, Inc.

When you meet Scott Freiser, you can't help but notice his enthusiasm and genuine passion for connecting with people. A proud member of Altrusa International of Charlotte, Inc. since 2019, Scott has quickly become a respected leader in District Three — known for his friendly approach, strong leadership, and commitment to service.

As District Three Vice-Governor, Scott brings both heart and strategy to his role. He believes that Altrusa's greatest strength lies in its people — and his favorite memories always circle back to those connections. *"I love going to conferences and getting to connect with other Altrusans,"* he shared. *"Getting to know others, and learning how they do things in their club — those are the best interactions, and that is where my inspiration comes from!"*

For Scott, community service is deeply personal. *"Being able to give back to people who are less fortunate and need a little bit of a helping hand"* is what drives him to stay involved and engaged. Whether through Altrusa or in his professional life, he finds purpose in helping others.

Outside of Altrusa, Scott is an avid sports fan who enjoys watching hockey, football, and basketball. He also loves playing poker and spending time with family and friends. Home is where the fun happens — *"Our house is always the gathering spot,"* Scott shared. *"We love to entertain and cook for everyone!"* He and his wife, Josie, have been married for 22 years, and together they're raising their 17-year-old son, Cody, along with their three dogs — making theirs a home full of love and laughter.

Scott credits Governor Dimple for being a key source of inspiration in his Altrusa journey. *"Governor Dimple took a chance on me and asked me to serve,"* he said. *"She also encouraged me to continue my journey, and I wouldn't be Vice-Governor without her support and inspiration."*

Professionally, Scott manages an Accounts Payable Department for the largest Hospice Organization in the country. While he doesn't work directly with families, he takes pride in knowing that his team's work supports those facing some of life's hardest moments — a true reflection of his compassionate and service-minded heart.

Through his leadership, kindness, and ever-present enthusiasm, Scott Freiser exemplifies what it means to serve with purpose — and to truly "Bee Essential" in District Three.



District Three Spotlight: Committee Chairs & Board Members continued...



Nanci Schwartz
District Secretary
Altrusa International of Lake County, FL

For Nanci Schwartz, Altrusa has been a 13-year journey filled with friendship, purpose, and endless opportunities to serve. A proud member of the Altrusa International of Lake County, Florida club, she currently serves as District Three Secretary, where her organizational skills, communication expertise, and caring nature shine through in everything she does.

When reflecting on her favorite Altrusa memories, Nanci couldn't choose just one. *"At the District level, probably my first conference in Asheville. I was so amazed by how gracious everyone was and the leadership opportunities within the organization,"* she shared. *"At the club level, starting our book club five years ago. It's become a gathering I look forward to every month."*

That spirit of connection and community runs deep for Nanci. She loves serving because it allows her to see the difference Altrusans make — one smile at a time. *"It makes me feel good to know that we are making a difference, however small it may seem,"* she said. *"To see the smiles and to be appreciated makes me feel more hopeful, especially during our topsy-turvy world."* One of her favorite recent experiences was when the Lake County Altrusans gave away over 1,000 books at the Leesburg Police Department's National Night Out — *"an incredible feeling to help people of all ages pick out books to take home."*

Outside of Altrusa, Nanci enjoys exploring new places with her husband, Marc, especially their shared hobby of discovering new breweries. *"That sentiment is shared by a few of my fellow Altrusans, too,"* she said with a laugh. *"When we're at conference together, you'll likely find us at a nearby brewery during free time!"* Nanci and Marc will celebrate 26 years of marriage in November, though they've been together for 34. Their daughter, Cadi, lives in Kansas City, and they visit as often as possible. Traveling and time together are among their greatest joys.

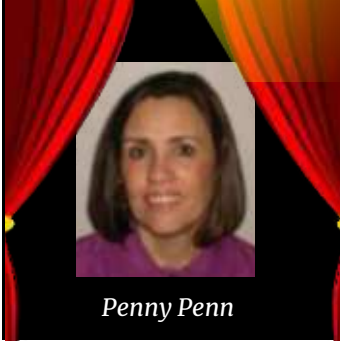
Nanci credits Colleen Duris as a key source of inspiration in her Altrusa journey. *"She was installed as Governor at that first conference I attended,"* Nanci recalls. *"When I first met her, I asked about her Altrusa journey. She explained that involvement and taking leadership roles are encouraged, and she reminded me that we are all volunteers, so there's less pressure."*

Professionally, Nanci serves as the Communications Lead at JLL, supporting the Delta Air Lines account. Her 35-year career in communications and public relations has equipped her with the insight, organization, and creativity that also make her a standout Altrusan.

With her kindness, sense of humor, and commitment to excellence, Nanci Schwartz brings a special spark to District Three — a shining example of what it means to "Bee Essential."



District Three Spotlight: Committee Chairs & Board Members continued...



Penny Penn
District Parliamentarian
Altrusa International of North Georgia

Since joining Altrusa International of North Georgia in 2006, Penny Penn has been a steadfast example of service, professionalism, and quiet strength. As District Three's Parliamentarian, she brings a calm and steady hand to the work of governance, helping ensure that every meeting runs smoothly and every voice is heard with respect and fairness.

When asked about her favorite Altrusa memory, Penny shared something beautifully simple yet profound:

"My favorite memory is more of a feeling. I always leave District Conferences in awe of, and inspired by, the accomplished and giving people in clubs everywhere. It always makes me proud to be an Altrusan and blessed to be included in such an awesome group."

That sense of pride and connection perfectly captures what so many Altrusans love about being part of this organization — the shared commitment to service, friendship, and making a difference.

For Penny, the joy of service comes from the people she serves alongside. *"I love getting to serve my community with such a tremendous group of women,"* she says. Her words reflect a deep appreciation for the bonds formed through Altrusa's mission — women working together, creating lasting impact in their communities.

Outside of Altrusa, Penny keeps a sense of humor and perspective with one of her favorite Polish proverbs:

"Not my circus, not my monkey."

It's a phrase that brings a smile — and perhaps a bit of balance — to the many hats she wears both in and out of service. A source of inspiration in her Altrusa journey has been Norma Teuton, whose leadership and example have guided her along the way. And in her professional life, Penny serves as the District Attorney for Forsyth County, Georgia, where her dedication to justice and fairness mirrors her thoughtful leadership within Altrusa.

With her sharp mind, calm presence, and servant's heart, Penny Penn continues to help guide District Three with wisdom, integrity, and grace — a true example of what it means to "Bee Essential."



ASTRA

By Jeraldyn Rivest
District Three ASTRA Chair

Ronald's Cozy Corner Library

On a sunny morning in June, the Ronald McDonald House of Greater Charlotte celebrated its grand re-opening of "Ronald's Cozy Corner Library". This event marked the culmination of months of dedication from the ASTRA Clubs of Charlotte and Cabarrus County Home School Association, working hand in hand with the Altrusa Club of Charlotte, NC. Together, these volunteers had breathed new life into the library, transforming it into a comforting retreat for families facing various medical challenges.

With funding from the Altrusa International Foundation Grant and the Altrusa Club of Charlotte, the library underwent a colorful transformation. ASTRA volunteers sorted and prepared books, handcrafted bookmarks, and built Lego creations for the children. The atmosphere shifted from functional to truly welcoming: plush beanbag chairs invited young visitors to settle in, cozy blankets, bright throw pillows and rugs created warmth, and the walls—decorated with colorful murals of trees, fluttering butterflies, and cheerful flowers—sparked imagination. The shelves, now neatly organized, were updated with a diverse selection of books, puzzles, and games, welcoming guests of all ages.

For families staying at the Ronald McDonald House, Ronald's Cozy Corner has become a sanctuary and welcome distraction from hospital and doctors visits and a reminder that there are people in the community that care.



Jeraldyn Rivest



Nominations for District Three Foundation Board

By Nancy W. Shumaker
District Three Governor-Elect

If you are looking for an opportunity to serve District Three, then consider serving on the Board of the District Three Foundation. Elections of two Trustees and a Treasurer will be held in April at the District Three Conference in Spartanburg, South Carolina.

The Altrusa District Three Foundation Board is a 501(c)3 not-for-profit counterpart of the District Three Board that was established in 1991 to assist District Clubs in their endeavors to serve their communities. The Foundation serves as the guardian of Partnership Accounts within District Three, thereby providing tax exempt status for donations that flow through the Foundation. If a club does not have its own foundation, the club can take advantage of all the tax-exempt benefits for donations by being a member of the District Three Foundation.



Nancy W. Shumaker

To be eligible for election as a Foundation Trustee, the nominee:

- Must have been a member of Altrusa International, Inc. for a minimum of two (2) years prior to nomination for election and must have served as club president, club foundation chair or club or foundation treasurer.
- OR
- Must have been a member of Altrusa International, Inc. for a minimum of five (5) years prior to nomination for election and must have served on a 501(c)3 Foundation Board external to Altrusa.

The term of office for a Trustee or Treasurer is two years. Board members may serve no more than three consecutive terms.

A nomination form can be accessed at the Altrusa District Three Foundation, Inc. link of the Altrusa District Three website: <https://districtthree.altrusa.org/district-foundation/>

The form is to be completed by a candidate, a club president, District Three officer, or Past Governor. **Completed forms are due by January 10, 2026.**

The Nominating Committee is comprised of: Past Governor Dimple Overstreet, District Three Parliamentarian Penny Penn, and Chair Governor-Elect Nancy Shumaker. Questions can be sent to me at: nancyshumaker.altrusa@gmail.com

ALTRUSA | Leading to a Better Community
International



Committee Request for Nominations

ATTN: Club Presidents

By Mantha Young
District Three Governor



Mantha Young

Request for Nominations: In accordance with District Three Bylaws, Article IX: Committees, Section 3 (c), I am writing to request nominations for the 2025-2026 District Three Nominating Committee. The Candidate Nomination Form is on the next page. Please check if your club is ineligible due to having a member serve during 2024-2025.

Committee Roles and Responsibilities:

- **Position:** Nominating Committee
- **Eligibility:** To be eligible for election to the Nominating Committee, a member must be an active member having served a term as club president. No member of the Nominating Committee is eligible to be slated for office while serving on the Nominating Committee.
- **Elected:** Composed of three to five active past club presidents, each from a different club, elected at Conference from a slate of not more than one nominee from each club who did not have a member on the previous Nominating Committee. The candidate receiving the highest number of votes serves as Chair. Vacancies are filled by the District Board of Directors.
- **Term:** For the election.
- **Role:** To prepare a slate of candidates for each office, except Governor, Secretary, and Parliamentarian, for the vote of delegates at Conference in odd years, and to carefully consider the qualifications of leadership, accomplishments for Altrusa, and the needs of the District. It is strongly recommended that two (2) candidates be slated for each office.

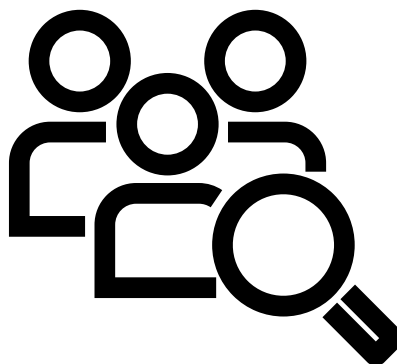
Listed below are the members who served on the 2024-2025 Nominating Committee, so these clubs **MAY NOT** be represented on the 2025-2026 Nominating Committee:

1. Lida Coffman – Raleigh, NC
2. Frances Ferguson – Ocala, FL
3. Sara Freeborn – Gainesville, FL
4. Emily Pazel – District Three Virtual Club
5. Glenda Williams – Live Oak, FL

Please consider nominating a past president, past district officer, or have your club nominate you to serve on this important committee, which will help recommend future leaders as district officers for our District. Candidate forms are requested to be returned by December 15, 2025.

Eligible clubs are:

1. Atlanta, GA
2. Charlotte, NC
3. Citrus County, FL
4. Gastonia, NC
5. Lake City, FL
6. Lake County, FL
7. Marianna, FL
8. Monticello, FL
9. North Georgia, GA
10. Orlando-Winter Park, FL
11. Salisbury, NC
12. Spartanburg, SC
13. St. Augustine, FL
14. Starke, FL
15. Statesboro, GA





ALTRUSA INTERNATIONAL DISTRICT THREE, INC.

2025-2026 Nominating Committee CANDIDATE NOMINATION FORM

For Election at April 2026 Conference

Altrusa International of:	
Candidate Name:	
Candidate Address:	
Candidate Home Phone:	
Candidate Work Phone:	
Candidate Cell Phone:	
Candidate E-Mail:	
Year of Candidate's Club Presidency:	
Other Club Offices Held:	
District Three Involvement:	
Nominee Agreement	I have spoken with this nominee and she/he is willing to serve on the District Three Nominating Committee if elected: ____ Yes ____ No
Signature of Club President:	
Date Submitted:	

Must be returned by December 15, 2025

Return to:

Mantha A. Young, Governor

8513 SE 123rd Court

Jasper, FL 32052

altrusadistrictthreegovernor@gmail.com

386-792-4050

District Three Club Bylaws Update

By Judy Perkins

District Three Bylaws, Resolutions & Recommendations Chair

At the summer International Conference, two changes to the Altrusa International Bylaws were passed. One of these changes affects Club Bylaws. The YOUNG ADULT category of membership has been added and needs to be inserted in Club Bylaws.

I have asked all Club Presidents in District Three to update their Bylaws and Email me a copy of the updated Club Bylaws by **NOVEMBER 26 , 2025** or sooner. This Bylaws change does not need a vote by the Club so it is just a matter of updating your Bylaws in Word format. Thanks so much for your attention to this matter. Feel free to contact me at batesperkin@gmail.com if you have questions.

The changed sections are shown in **RED** below.



Judy Perkins

Article IV. Members

Section 1. Members

The members shall include persons who are Active, **Young Adult**, Emeritus, Honorary and Life members.

Section 2. Active Members

Except as herein provided, community members who are of good character and who subscribe to the principles and purposes of Altrusa International, Inc. may be invited to become Active members of the Club.

Section 3. Young Adult Members

Young adult members are those active members who are age 30 and younger and are eligible for a 50 percent reduction in International Dues from the regular Rate. Any member not willing to document their date of birth will be charged the Full regular rate.

Section 4. Emeritus Members

- (a) Emeritus members are those Active members who are no longer able to actively contribute to the Club because of health or other restrictions which limit their activity, provided:
 - (i) The Board of Directors of the Club and the District Board of Directors approve such change in status; and
 - (ii) They have been members of International for ten (10) years; and
 - (iii) They are, through great service to Altrusa and devotion to its Principles, deserving of the honor.
- (b) Emeritus members are not eligible to vote, hold office, or serve on a committee, and have no interest in the property or funds of the Club or District. They are entitled to wear the insignia of International and to attend all meetings. They shall not be required to pay District and International dues. The Club may waive club dues. An Emeritus member will only receive services purchased by the Club.
- (c) An Emeritus member who again is able to participate as an Active member may return to Active status.

Section 5. Honorary Members

- (a) The Club may confer honorary membership upon any individual who has achieved distinction through some notable service.
- (b) Honorary members shall be exempt from all fees and dues, shall not be eligible to vote, hold office, or serve on a committee and shall have no interest in the property or funds of the Club. They shall be entitled to attend all meetings of the Club.
- (c) Honorary members shall not be members or former members of Altrusa.



District Three Virtual Club – Growing and Doing

By Emily Pazel
Altrusa International Virtual

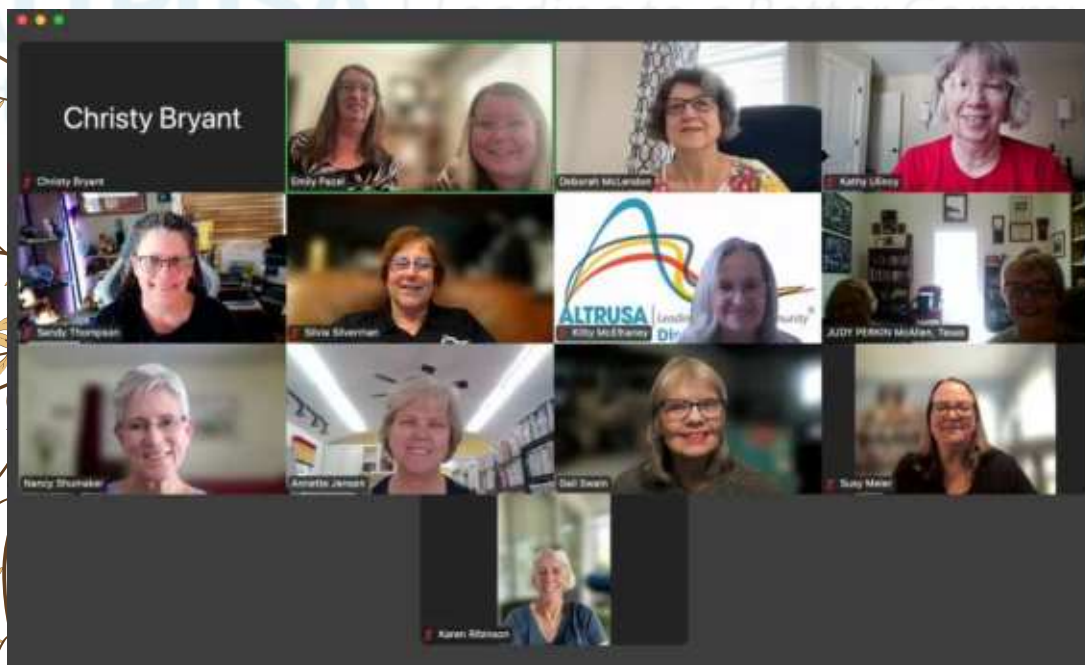
The District Three Virtual Club now has 24 members with others in the membership pipeline. For many, we provide an Altrusa home in areas of the country where the opportunity to meet in person does not exist. For others, we are a way to increase networking with more Altrusa members who live not only in District Three but in states outside of the District. We have found ways to provide community service and support literacy in a new format. Recently, we were asked to assist District Nine (Texas) identify strategies that would be helpful as they look to develop a Virtual Club in their District.

We have a quarterly newsletter and received the District Three Award for Outstanding Newsletter at the last conference. We continue, as a group to support Days for Girls and at last count, we have donated 424 panties, 608 pads, 88 bars of soap, and 96 washcloths. We also received a New Club grant from the Altrusa International Foundation in August of 2024 and just completed our report of projects completed with these monies. Examples of projects that we were able to do with grant and individual funding involved provision of school supplies, snacks, and books; flood relief assistance; items for foster children; and support for community service in partnership with organizations such as: Catholic Charities, North Star Family Resource Center, Saving Mercy, and Safe Harbor. Overall the New Club grant helped fund 12 projects.

Currently we are in the process of constructing our first Yearbook, identifying a project or projects which will benefit from a Club fundraiser, and conducting a Strengths, Weaknesses, Opportunities, and Threats (SWOT) analysis that will help us in strategic planning and improvement of Club functioning. At the recommendation of our Membership Development Committee and other members, we have started a Member Minute and will initiate chat rooms to help our members get to know each other better.

We hope our Club can help advance the LOVE, LITERACY, AND LEGACY agenda of our new Altrusa International President, Christine DeVlieger.

In service and literacy, Altrusa's reach goes well beyond traditional boundaries, we are proof of that. Considering joining us! For more information about membership, contact: Judy Perkin, Altrusa District Three Virtual Club President at batesperkin@gmail.com. Please put Altrusa District Three Virtual Club in the subject line.



Kindness Stars in St. Augustine

By Mimi Cooper
Altrusa International of St. Augustine, Florida

During her biennium, Linda K. Smith, our International President (2023 – 2025), introduced a new initiative – Intentional Acts of Kindness. With this initiative she was asking each Altrusan to commit one intentional act of kindness a week throughout her biennium. This initiative was motivated by a young man named Wyatt who had given Kindness Stars to all of those attending the Charlotte Convention. Wyatt started folding paper stars, attaching messages of love and encouragement, and leaving them for strangers to find in 2019. He had decided that he couldn't do anything big when he noticed people around him who were sad or upset (being only nine at the time), but maybe he could do lots of small things to help people know how loved they are “just in case no one has told them recently”. Wyatt's Kindness Stars have been found all over the world.

When we read about Wyatt and his making and giving these Kindness Stars, we thought what a nice way to spread some kindness here in St Augustine and make them part of our intentional acts of kindness project.

From the Kindness Star's Facebook page, we learned, through Wyatt, how to make the Kindness Stars and where to get the materials to make the stars. We developed our own message to attach to the stars. We also wanted folks to know that the stars were coming from Altrusa St Augustine, so we incorporated that into the message.



We started our Kindness Star Project during the second year of Linda's biennium by just leaving the stars in public places such as grocery stores or libraries. Then we became a little more deliberate and brought the stars to all the events where our Altrusans were volunteering such as The Coconut Borell Christmas Craft Show and the A1A Longest Yard Sale. We also brought them to all the Monday Funday programs we did throughout the school year with the Early Childhood Services Department. At these events we would give each person or family two stars, one to keep and one to give to someone else. The children especially loved the second star, often saying they wanted to give it to a teacher or grandparent. Last year we gave away over 250 Kindness Stars.

Because we saw so many happy faces in giving away our Kindness Stars last year, we have decided to continue the program this year – making and sharing kindness in St Auguastine through our Kindness Stars.

Monticello (FL) Altrusans Help to “Stuff the Bus”

By Mimi Cooper
Altrusa International of St. Augustine, Florida

Altrusa International of Monticello did its part by donating school supplies for Jefferson County students to begin the 2025–26 school year. We joined with a local business to sponsor the 7th grade class and help ensure that no student was without supplies necessary to thrive in their learning environment. The Jefferson County School Board recognized the donors at its October 13th meeting. Shown here (left to right) are School Superintendent Jackie Pons, State Representative Allison Tant, Event Organizer Jamia Bradley, Altrusa Vice-President Anita Ashworth, Altrusa President Pat Cichon, Altrusa member Amy McDaniel, and Community Partnership School Director Lori Livingston.



Altrusa International of Monticello, FL Makes a Difference

By Mimi Cooper
Altrusa International of St. Augustine, Florida

Altrusa members Anita Ashworth, Mary Frances Gramling, and Sally Jordan bring food to our local library distribution point. Jefferson County is a low income area with many single parents. Due to cuts in federal food assistance programs, we are stepping up to supplement nutrition with healthy fresh foods and shelf stable donations. The local library has a distribution point in the hallway and those using the community computer room or receiving paperwork help from local and state agencies can select what they need to help put food on their tables. Most of us have never had to worry about having enough food, so it's the least we can do. This will be an ongoing project for the Altrusa Club.



In October, Altrusa International of Monticello also provided gift cards for those in our community that have been **victims of domestic abuse**. We hope this helps someone in need that has had to escape a threatening situation with “only the shirt on their backs.”

Gainesville Club News

By Dee Dugger
Altrusa International of Gainesville, Florida

The Altrusa Club of Gainesville is partnering with the Gainesville Woman's Club to host the 3rd Annual Festival of the Trees. The Festival of the Trees is a wonderful way to kick off the holiday season as it is held the week before Thanksgiving. The two organizations work together to make crafts, solicit sponsorships, provide wonderful appetizers and awesome desserts to guests. The highlight of the evening is the drawing for a gift card tree with a value of over \$1,000! Proceeds from the event are split evenly between the Gainesville Woman's Club for camp scholarships to Camp Crystal Lake and Altrusa of Gainesville for client support at Altrusa House, an adult day-stay facility. The photos below show members working on Christmas-themed coasters that will be sold at the event. An opportunity to let the creative side out!



DISTRICT LEADERSHIP

DISTRICT THREE BOARD OF DIRECTORS

Governor	Mantha Young	Lake City, FL	AltrusaDistrictThreeGovernor@gmail.com
Governor-Elect	Nancy Shumaker	Statesboro, GA	nancyshumaker.altrusa@gmail.com
Vice Governor	Scott Frieser	Charlotte, NC	Scottfrieser.altrusa@gmail.com
Treasurer	Scott Tice	Ocala, FL	scottaltrusa@gmail.com
Director	Dee Dugger	Gainesville, FL	Ladydragonfly54@gmail.com
Director	Randi Kahl	Orlando, FL	Randi_altrusa@yahoo.com
Director	Rosemary Leake	Spartanburg, SC	Rosemary1976@msn.com
Secretary	Nanci Schwartz	Lake County	napschwartz@gmail.com
Parliamentarian	Penny Penn	North GA	ppenn04@yahoo.com

DISTRICT THREE COMMITTEE CHAIRS

ASTRA	Jeraldyn Rivest	Charlotte, NC	jeraldyn@hotmail.com
Bylaws, Resolutions & Recommendations (BRR)	Judy Perkin	Virtual	batesperkin@gmail.com
Club Revitalization	Julie Keiper	Waynesville, NC	julie@techstrategics.com
Communications	Sarah Long	Starke, FL	sarahajp@gmail.com
District Service Bulletin	Sandy Thompson	Lake City, FL	sandy@organizemehappy.com
Finance Committee	Scott Tice	Ocala, FL	scottaltrusa@gmail.com
International Foundation Liaison	Martin Houston	Atlanta, GA/YES	martinbhouston@gmail.com
Leadership	Yvette Pue	Orlando, FL	ypue@att.net
Membership	Amanda Seyfang	Starke, FL	aseyfang@gmail.com
New Club Building	LaShone Surrency	Lake City, FL	lsurrency@elcgateway.org
Program Coordinators	Susy Meier Colleen Duris	Atlanta, GA Ocala, FL	susymeier@gmail.com cmdaltrusa@gmail.com
Service Program Development	Deborah McLendon	Statesboro, GA	Dmclendon16@gmail.com
Webmaster	Emily Pazel	Virtual Club/Yes	emilypazel@gmail.com

BOARD OF DIRECTORS CLUB ASSIGNMENTS

Governor	Mantha Young	Lake City, FL	Spartanburg, Ocala, Citrus County, Salisbury & All Clubs in Two Years
Governor-Elect	Nancy Shumaker	Statesboro, GA	Atlanta, Gastonia, N. Georgia, Orlando-Winter Park
Vice Governor	Scott Frieser	Charlotte, NC	Lake County, St. Augustine, Gainesville, Monticello
Treasurer	Scott Tice	Ocala, FL	n/a
Director	Dee Dugger	Gainesville, FL	Statesboro, Starke, Lake City
Director	Randi Kahl	Orlando, FL	Live Oak, Marianna, District Three Virtual
Director	Rosemary Leake	Spartanburg, SC	Charlotte, Raleigh, Waynesville

DISTRICT LEADERSHIP

FOUNDATION BOARD 2025-2026

Chair	Joanne Brown	Monticello, FL	joannebrowndvm@gmail.com
Co-Chair	Yolander Hunter	Charlotte, NC	yhunteraltrusa@gmail.com
Treasurer	Shannon Schell	The Villages, FL	seszippy@aol.com
Secretary	Traci Jones	Oviedo, FL	tracijones505@gmail.com
Trustee	Christine Brewer	Lake City, FL	christinegbrewer@icloud.com
Trustee	Constance Larsen	Ocala, FL	connie_d_larsen@hotmail.com

CONFERENCE CO-CHAIRS

2026			2027		
Tina Luca	Spartanburg, SC	tluca_61@yahoo.com	Amanda Seyfang	Starke, FL	aseyfang@gmail.com
Rosemary Leake	Spartanburg, SC	rosemary1976@msn.com	Rebecca Golden	Lake City, FL	rebecca.golden@fgc.edu

