

# ALTRUSA INTERNATIONAL DISTRICT THREE, INC.

Florida, Georgia, North Carolina, and South Carolina



## GOVERNOR'S NEWSLETTER

*Buzzing with the Governor*  
Mantha Young



As we enter the month of December—a season naturally filled with gratitude, reflection, and generosity—there is no principle more fitting to highlight than **Principle #4 of the Altrusa Principles**:

**“Altrusa, in the very derivation of her name, is committed to the philosophy of unselfishness, of the joy of giving rather than getting, and to the search for that happiness which is based upon spiritual worthiness.”**

This principle captures the heart of who we are as Altrusans. It reminds us that true joy is not found in what we accumulate, but in what we *give away*. Whether it is a warm meal, an encouraging word, a book placed into the hands of a child, or an hour spent in quiet service, every act reflects the deeper calling of our organization: to live lives marked by purpose, compassion, and generosity.

During this holiday season, many will be searching for meaning and connection. As leaders and servants within our communities, we have the privilege to show what unselfish giving looks like. Not grand gestures, but daily moments of kindness. Not recognition, but impact. Not obligation, but joy.

Principle #4 also reminds us that the greatest happiness comes from spiritual worthiness—a life aligned with service, integrity, and love for others. When we give freely, we strengthen not only our communities but our own sense of purpose.

As you celebrate this month, may your hearts be full, your service abundant, and your joy multiplied.

**Bee Essential. Bee Giving. Bee the Joy this season.**

December 2025  
Volume 1, Issue 32

[Newsletter Index](#)

Governors Letter ----- Pg. 1

Biennium Goals ----- Pg. 2

Reminders/News ----- Pg. 3

Calendar ----- Pg. 4

Dist. Leadership ---- Pg. 5-6

# 2025 – 2027 BIENNIIUM GOALS

## **Leadership:**

Post at least once per month to your club's social media platforms to showcase local leadership and raise awareness of Altrusa in your community.

## **Service:**

Submit a minimum of **two articles per year** to the *District Service Bulletin (DSB)* - for a total of four during the biennium.

## **Membership:**

Grow your club by **a minimum of two new members** each year over the previous year's total.

My 2025–2027 goals focus on building stronger club connections, expanding community impact, and empowering leadership at every level. Through collaboration, innovation, and service, we'll support each other like a hive—united and essential. Let's nurture growth, embrace fresh ideas, and celebrate the unique strengths each Altrusan brings to our District. Together, we *buzz with purpose!*



# REMINDERS AND NEWS

<p><b>Share</b> Do you have a concern, caring thought, request, congrats, or suggestion?  Send To: Mantha Young <a href="mailto:AltrusaDistrictThreeGovernor@gmail.com">AltrusaDistrictThreeGovernor@gmail.com</a></p>	<p><b>WEBSITE LINKS</b> Altrusa International District Three, Inc. <a href="http://districtthreealtrusa.org">districtthreealtrusa.org</a>  Altrusa International, Inc. <a href="http://altrusa.org">altrusa.org</a>  Altrusa International District Three Facebook <a href="http://facebook.com/AltrusaD3">facebook.com/AltrusaD3</a></p>	<p><b>Update Group Tally</b> REMEMBER to please update all of your membership changes and additions in Group Tally.</p> <p><b>Mail District Dues To:</b> Pay District Dues via Group Tally instead of sending them to Treasurer Scott Tice</p>
<p><b>DSB Articles</b> (District Service Bulletin)  Send To: Sandy Thompson <a href="mailto:sandy@organizemehappy.com">sandy@organizemehappy.com</a>  Please send in WORD format</p>	<p><b>Newsletter/Editor</b> Rachel Rhoden Dimple Overstreet</p>	<p><b>Pay International Dues:</b> Preferably on Group Tally Altrusa International, Inc. 1400 E. Touhy Avenue Suite 410 Des Plaines, IL 60018</p>
<p><b>District Awards – Recognizing Excellence</b></p> <p>It's that time again! District Awards season is approaching, and we want every club to be ready. Be on the lookout for an email with all the details and guidelines.</p> <p>Remember – awards aren't just plaques and certificates. They are a chance to highlight the incredible dedication of our members and showcase the impact Altrusans are making in their communities. Every hour volunteered and every project completed deserves to be celebrated.</p> <p>Lets make sure our volunteers receive the recognition they so richly deserve!</p>		<p><b>Bee Essential Tip of the Month</b> <b>Bee Essential. Bee Involved. Bee Inspired</b></p> <p>Just like bees thrive by working together, your club can <b>multiply its impact through collaboration</b>.</p> <p>Partner with another local organization this season - whether it's a school, food bank, or veterans' group. By joining forces, you'll not only share the workload but also expand the buzz about Altrusa in your community!</p> 

## CALENDAR

## Volume 1, Issue 32

DEC. 2025	Topic	Who	Responsible	Notes
12/1/25	Governor's Newsletter	25-27 Governor	Governor	
12/1/25	International & District dues are half price for new members from Dec 1 – Mar 31	Local Club	District Treasurer	
12/10/25	Human Rights Day	Local Club		
JAN 2026	Topic	Who	Responsible	Notes
1/1/26	Governor's Newsletter	25-27 Governor	Governor	
1/1/26	First week in January, ASTRA scholarship applications available	Local Club	ASTRA member Altrusa member	Due March 15 to Intn'l ASTRA Chair
1/1/26	Elect Club Nominating Committee	Local Club		
1/1/26	Club Presidents prepare for District Award entries	Local Club		Reviews criteria before submission
1/1/26	BRR requests due from Clubs to District BRR Chair	Local Club	BRR Chair	Required 90 days before District Conference
1/1/26	Invite ASTRA participation at Dist. Conf.	Governor	District ASTRA Chair	
1/26 TBD	International Board of Directors meeting	Int. Brd of Dirct.		
1/15/26	District service bulletin articles due	Dist. Board Comm. Chairs	DSB Editor	
1/31/26	District award submission deadline	Local Club		
1/31/26	District service bulletin & Gov. call to conference emailing	DSB Editor		Email DSB to Int'l office for distribution
FEB 2026	Topic	Who	Responsible	Notes
2/1/26	Governor's Newsletter	25-27 Governor	Governor	
2/1/26	Request for Conf. Delegate/Alternate names sent to Club President	Local Club	District Treasurer	
2/1/26	Conf. fee invoice sent to Club Treasurer	Local Club	Dist. Treasurer	
				Note: Letter should include # of members, # of Delegates, total fee, and that fee must be paid even if no delegates are sent
2/1/26	Club Nominating Committee presents slate of candidates to membership	Local Club		
1/1/26	ASTRA Service Award	Local Club	ASTRA Member Altrusa Advisor	Due March 1
2/15/26	Conf. Delegate fees due to District Treasurer	Dist. Treasurer	Local Club	Due 2/28 – only if applicable in your District
2/15/26	Elect Delegates and Alternates for Dis. Conf.	Dist. Treasurer	Dist. Treasurer	
				Note: # of Conf. Delegates and Altn. Determined by # of active members recorded as of 1/31; 1 per 15 or portion thereof
2/15/26	Notify, by email if possible, Club Treasurer and Club President of any unpaid Conference fees	Dist. Treasurer	Dist. Treasurer	Copy to Gov.
2/28/26	Close books for District	Dist. Treasurer		Only if applicable in your District

# DISTRICT LEADERSHIP

## DISTRICT THREE BOARD OF DIRECTORS

<b>Governor</b>	Mantha Young	Lake City, FL	AltrusaDistrictThreeGovernor@gmail.com
<b>Governor-Elect</b>	Nancy Shumaker	Statesboro, GA	nancyshumaker.altrusa@gmail.com
<b>Vice Governor</b>	Scott Frieser	Charlotte, NC	Scottfrieser.altrusa@gmail.com
<b>Treasurer</b>	Scott Tice	Ocala, FL	scottaltrusa@gmail.com
<b>Director</b>	Dee Dugger	Gainesville, FL	Ladydragonfly54@gmail.com
<b>Director</b>	Randi Kahl	Orlando, FL	Randi_altrusa@yahoo.com
<b>Director</b>	Rosemary Leake	Spartanburg, SC	Rosemary1976@msn.com
<b>Secretary</b>	Nanci Schwartz	Lake County	napschwartz@gmail.com
<b>Parliamentarian</b>	Penny Penn	North GA	ppenn04@yahoo.com

## DISTRICT THREE COMMITTEE CHAIRS

<b>ASTRA</b>	Jeraldyn Rivest	Charlotte, NC	jeraldyn@hotmail.com
<b>Bylaws, Resolutions &amp; Recommendations (BRR)</b>	Judy Perkin	Virtual	batesperkin@gmail.com
<b>Club Revitalization</b>	Julie Keiper	Waynesville, NC	julie@techstrategics.com
<b>Communications</b>	Sarah Long	Starke, FL	sarahlaip@gmail.com
<b>District Service Bulletin</b>	Sandy Thompson	Lake City, FL	sandy@organizemehappy.com
<b>Finance Committee</b>	Scott Tice	Ocala, FL	scottaltrusa@gmail.com
<b>International Foundation Liaison</b>	Martin Houston	Atlanta, GA/YES	martinbhouston@gmail.com
<b>Leadership</b>	Yvette Pue	Orlando, FL	ypue@att.net
<b>Membership</b>	Amanda Seyfang	Starke, FL	aseyfang@gmail.com
<b>New Club Building</b>	LaShone Surrency	Lake City, FL	lsurrency@elcgateway.org
<b>Program Coordinators</b>	Susy Meier Colleen Duris	Atlanta, GA Ocala, FL	susymeier@gmail.com cmdaltrusa@gmail.com
<b>Service Program Development</b>	Debrorah McLendon	Statesboro, GA	Dmclendon16@gmail.com
<b>Webmaster</b>	Emily Pazel	Virtual Club/Yes	emilypazel@gmail.com

## BOARD OF DIRECTORS CLUB ASSIGNMENTS

<b>Governor</b>	Mantha Young	Lake City, FL	Spartanburg, Ocala, Citrus County, Salisbury & All Clubs in Two Years
<b>Governor-Elect</b>	Nancy Shumaker	Statesboro, GA	Atlanta, Gastonia, N. Georgia, Orlando-Winter Park
<b>Vice Governor</b>	Scott Frieser	Charlotte, NC	Lake County, St. Augustine, Gainesville, Monticello
<b>Treasurer</b>	Scott Tice	Ocala, FL	n/a
<b>Director</b>	Dee Dugger	Gainesville, FL	Statesboro, Starke, Lake City
<b>Director</b>	Randi Kahl	Orlando, FL	Live Oak, Marianna, District Three Virtual
<b>Director</b>	Rosemary Leake	Spartanburg, SC	Charlotte, Raleigh, Waynesville

# DISTRICT LEADERSHIP

## FOUNDATION BOARD 2025-2026

Chair	Joanne Brown	Monticello, FL	joannebrownndvm@gmail.com
Co-Chair	Yolander Hunter	Charlotte, NC	yhunteraltrusa@gmail.com
Treasurer	Shannon Schell	The Villages, FL	sezippy@aol.com
Secretary	Traci Jones	Oviedo, FL	tracijones505@gmail.com
Trustee	Christine Brewer	Lake City, FL	christinegbrewer@icloud.com
Trustee	Constance Larsen	Ocala, FL	connie d larsen@hotmail.com

## CONFERENCE CO-CHAIRS

2026			2027		
Tina Luca	Spartanburg, SC	tluca_61@yahoo.com	Amanda Seyfang	Starke, FL	<a href="mailto:aseyfang@gmail.com">aseyfang@gmail.com</a>
Rosemary Leake	Spartanburg, SC	rosemary1976@msn.com	Rebecca Golden	Lake City, FL	<a href="mailto:rebecca.golden@fgc.edu">rebecca.golden@fgc.edu</a>