

# ALTRUSA INTERNATIONAL DISTRICT THREE, INC.

Florida, Georgia, North Carolina, and South Carolina



## GOVERNOR'S NEWSLETTER

*Buzzing with the Governor*  
Mantha Young



As we step boldly into a new year, January invites us to reflect on fresh beginnings, renewed purpose, and the values that shape our work as Altrusans. **Principle #9** offers a powerful reminder as we set our intentions for 2026:

**“Altrusa expresses good will for all mankind. It emphasizes the good and lets the evil sink into the oblivion it merits.”**

What a beautiful and timely call. In a world that often feels divided, loud, and weighed down by negativity, Altrusans choose a different path. We choose goodwill. We choose to see the good in people, the possibility in communities, and the promise in every service project—no matter how small. We choose to elevate what is uplifting, healing, and hopeful.

Principle #9 challenges us not to dwell on the discouraging or the unkind, but to focus our energy where it can truly make a difference. The “evil” in the world—division, bitterness, cynicism—deserves only the obscurity of being ignored. Instead, we shine our light on compassion, resilience, unity, and service.

As we begin this new year, may our clubs lead with kindness in every meeting, every interaction, and every community initiative. Let us be known as people who lift others up, who speak life into their communities, and who create ripples of goodwill wherever they go.

May 2026 be a year in which Altrusans across District Three choose goodness, spread hope, and continue showing the world what it means to serve with heart.

**Bee Essential. Bee Kind. Bee the Good.**

January 2026  
Volume 1, Issue 33

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# 2025 – 2027 BIENNIIUM GOALS

## 🐝 Leadership:

Post at least once per month to your club's social media platforms to showcase local leadership and raise awareness of Altrusa in your community.

## 🐝 Service:

Submit a minimum of **two articles per year** to the *District Service Bulletin (DSB)* - for a total of four during the biennium.

## 🐝 Membership:

Grow your club by **a minimum of two new members** each year over the previous year's total.

My 2025–2027 goals focus on building stronger club connections, expanding community impact, and empowering leadership at every level. Through collaboration, innovation, and service, we'll support each other like a hive—united and essential. Let's nurture growth, embrace fresh ideas, and celebrate the unique strengths each Altrusan brings to our District. Together, we *buzz with purpose!*



# REMINDERS AND NEWS

<p><b>Share</b> Do you have a concern, caring thought, request, congrats, or suggestion?  Send To: Mantha Young <a href="mailto:AltrusaDistrictThreeGovernor@gmail.com">AltrusaDistrictThreeGovernor@gmail.com</a></p>	<p><b>WEBSITE LINKS</b> Altrusa International District Three, Inc. <a href="http://districtthreealtrusa.org">districtthreealtrusa.org</a>  Altrusa International, Inc. <a href="http://altrusa.org">altrusa.org</a>  Altrusa International District Three Facebook <a href="http://facebook.com/AltrusaD3">facebook.com/AltrusaD3</a></p>	<p><b>Update Group Tally</b> REMEMBER to please update all of your membership changes and additions in Group Tally.</p> <p><b>Mail District Dues To:</b> Pay District Dues via Group Tally instead of sending them to Treasurer Scott Tice</p>
<p><b>DSB Articles</b> (District Service Bulletin)  Send To: Sandy Thompson <a href="mailto:sandy@organizemehappy.com">sandy@organizemehappy.com</a>  Please send in WORD format</p>	<p><b>Newsletter/Editor</b> Rachel Rhoden Dimple Overstreet</p>	<p><b>Pay International Dues:</b> Preferably on Group Tally Altrusa International, Inc. 1400 E. Touhy Avenue Suite 410 Des Plaines, IL 60018</p>
<p><b>District Awards – Recognizing Excellence</b></p> <p>It's that time again! District Awards season is approaching, and we want every club to be ready. Be on the lookout for an email with all the details and guidelines.</p> <p>Remember – awards aren't just plaques and certificates. They are a chance to highlight the incredible dedication of our members and showcase the impact Altrusans are making in their communities. Every hour volunteered and every project completed deserves to be celebrated.</p> <p>Lets make sure our volunteers receive the recognition they so richly deserve!</p>		<p><b>Bee Essential Tip of the Month</b> <b>Bee Essential. Bee Involved. Bee Inspired</b></p> <p>Just like bees thrive by working together, your club can <b>multiply its impact through collaboration</b>.</p> <p>Partner with another local organization this season - whether it's a school, food bank, or veterans' group. By joining forces, you'll not only share the workload but also expand the buzz about Altrusa in your community!</p> 

## CALENDAR

## Volume 1, Issue 33

JAN 2026	Topic	Who	Responsible	Notes
1/1/26	Governor's Newsletter	25-27 Governor	Governor	
1/1/26	First week in January, ASTRA scholarship applications available	Local Club	ASTRA member Altrusa member	Due March 15 to Intn'l ASTRA Chair
1/1/26	Elect Club Nominating Committee	Local Club		
1/1/26	Club Presidents prepare for District Award entries	Local Club		Reviews criteria before submission
1/1/26	BRR requests due from Clubs to District BRR Chair	Local Club	BRR Chair	Required 90 days before District Conference
1/1/26	Invite ASTRA participation at Dist. Conf.	Governor	District ASTRA Chair	
1/26 TBD	International Board of Directors meeting	Int. Brd of Dirct.		
1/15/26	District service bulletin articles due	Dist. Board Comm. Chairs	DSB Editor	
1/31/26	District award submission deadline	Local Club		
1/31/26	District service bulletin & Gov. call to conference emailing	DSB Editor		Email DSB to Int'l office for distribution
FEB 2026	Topic	Who	Responsible	Notes
2/1/26	Governor's Newsletter	25-27 Governor	Governor	
2/1/26	Request for Conf. Delegate/Alternate names sent to Club President	Local Club	District Treasurer	
2/1/26	Conf. fee invoice sent to Club Treasurer	Local Club	Dist. Treasurer	
		Note: Letter should include # of members, # of Delegates, total fee, and that fee must be paid even if no delegates are sent		
2/1/26	Club Nominating Committee presents slate of candidates to membership	Local Club		
1/1/26	ASTRA Service Award	Local Club	ASTRA Member Altrusa Advisor	Due March 1
2/15/26	Conf. Delegate fees due to District Treasurer	Dist. Treasurer	Local Club	Due 2/28 – only if applicable in your District
2/15/26	Elect Delegates and Alternates for Dis. Conf.	Dist. Treasurer	Dist. Treasurer	
		Note: # of Conf. Delegates and Altn. Determined by # of active members recorded as of 1/3.1; 1 per 15 or portion thereof		
2/15/26	Notify, by email if possible, Club Treasurer and Club President of any unpaid Conference fees	Dist. Treasurer	Dist. Treasurer	Copy to Gov.
2/28/26	Close books for District	Dist. Treasurer		Only if applicable in your District

## DISTRICT LEADERSHIP

## DISTRICT THREE BOARD OF DIRECTORS

<b>Governor</b>	Mantha Young	Lake City, FL	AltrusaDistrictThreeGovernor@gmail.com
<b>Governor-Elect</b>	Nancy Shumaker	Statesboro, GA	nancyshumaker.altrusa@gmail.com
<b>Vice Governor</b>	Scott Frieser	Charlotte, NC	Scottfrieser.altrusa@gmail.com
<b>Treasurer</b>	Scott Tice	Ocala, FL	scottaltrusa@gmail.com
<b>Director</b>	Dee Dugger	Gainesville, FL	Ladydragonfly54@gmail.com
<b>Director</b>	Randi Kahl	Orlando, FL	Randi_altrusa@yahoo.com
<b>Director</b>	Rosemary Leake	Spartanburg, SC	Rosemary1976@msn.com
<b>Secretary</b>	Nanci Schwartz	Lake County	napschwartz@gmail.com
<b>Parliamentarian</b>	Penny Penn	North GA	ppenn04@yahoo.com

## DISTRICT THREE COMMITTEE CHAIRS

<b>ASTRA</b>	Jeraldyn Rivest	Charlotte, NC	jeraldyn@hotmail.com
<b>Bylaws, Resolutions &amp; Recommendations (BRR)</b>	Judy Perkin	Virtual	batesperkin@gmail.com
<b>Club Revitalization</b>	Julie Keiper	Waynesville, NC	julie@techstrategics.com
<b>Communications</b>	Sarah Long	Starke, FL	sarahlaip@gmail.com
<b>District Service Bulletin</b>	Sandy Thompson	Lake City, FL	sandy@organizemehappy.com
<b>Finance Committee</b>	Scott Tice	Ocala, FL	scottaltrusa@gmail.com
<b>International Foundation Liaison</b>	Martin Houston	Atlanta, GA/YES	martinbhouston@gmail.com
<b>Leadership</b>	Yvette Pue	Orlando, FL	ypue@att.net
<b>Membership</b>	Amanda Seyfang	Starke, FL	aseyfang@gmail.com
<b>New Club Building</b>	LaShone Surrency	Lake City, FL	lsurrency@elcgateway.org
<b>Program Coordinators</b>	Susy Meier Colleen Duris	Atlanta, GA Ocala, FL	susy whole meier@gmail.com cmdaltrusa@gmail.com
<b>Service Program Development</b>	Debrorah McLendon	Statesboro, GA	Dmclendon16@gmail.com
<b>Webmaster</b>	Emily Pazel	Virtual Club/Yes	emilypazel@gmail.com

## BOARD OF DIRECTORS CLUB ASSIGNMENTS

<b>Governor</b>	Mantha Young	Lake City, FL	Spartanburg, Ocala, Citrus County, Salisbury & All Clubs in Two Years
<b>Governor-Elect</b>	Nancy Shumaker	Statesboro, GA	Atlanta, Gastonia, N. Georgia, Orlando-Winter Park
<b>Vice Governor</b>	Scott Frieser	Charlotte, NC	Lake County, St. Augustine, Gainesville, Monticello
<b>Treasurer</b>	Scott Tice	Ocala, FL	n/a
<b>Director</b>	Dee Dugger	Gainesville, FL	Statesboro, Starke, Lake City
<b>Director</b>	Randi Kahl	Orlando, FL	Live Oak, Marianna, District Three Virtual
<b>Director</b>	Rosemary Leake	Spartanburg, SC	Charlotte, Raleigh, Waynesville

# DISTRICT LEADERSHIP

## FOUNDATION BOARD 2025-2026

Chair	Joanne Brown	Monticello, FL	joannebrownndvm@gmail.com
Co-Chair	Yolander Hunter	Charlotte, NC	yhunteraltrusa@gmail.com
Treasurer	Shannon Schell	The Villages, FL	sezippy@aol.com
Secretary	Traci Jones	Oviedo, FL	tracijones505@gmail.com
Trustee	Christine Brewer	Lake City, FL	christinegbrewer@icloud.com
Trustee	Constance Larsen	Ocala, FL	connie d larsen@hotmail.com

## CONFERENCE CO-CHAIRS

2026			2027		
Tina Luca	Spartanburg, SC	tluca_61@yahoo.com	Amanda Seyfang	Starke, FL	<a href="mailto:aseyfang@gmail.com">aseyfang@gmail.com</a>
Rosemary Leake	Spartanburg, SC	rosemary1976@msn.com	Rebecca Golden	Lake City, FL	<a href="mailto:rebecca.golden@fgc.edu">rebecca.golden@fgc.edu</a>