JANUARY 2024

GOVERNOR'S MESSAGE

Altrusa International District Two Maryland, New York, Pennsylvania, Virginia, Washington, DC



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Embracing Altrusa Spirit - Reflecting on December and Welcoming 2024

by Linda Dorr, District Two Governor

Happy New Year! I trust that each of you had a wonderful holiday season filled with joy, laughter, and moments of reflection. As we step into the new year, let's take a moment to look back on the meaningful events and achievements of December.

December, often referred to as the month of festivities, was a time when our Altrusa spirit shone brightly. From embracing the spirit of Christmas and celebrating the first night of Hanukkah to engaging in intentional acts of kindness, our members truly exemplified the essence of the season.

As we reflect on this past year, let's carry forward the lessons learned and the memories created. December encourages us to evaluate our lives, appreciate the moments of joy, and remember those who may not longer be with us. It's a time for gratitude, contemplation, and setting positive intentions for the months ahead.

As we step into January, let's continue the tradition of service. Whether it's donating to a food bank, supporting a charity or cause close to our hearts, or performing a small act of service for a neighbor, each gesture contributes to making our community a better place.

I want to express my gratitude for the exceptional acts of kindness I witness from Altrusa clubs in District Two every day. Your dedication to making a positive impact is truly exciting. and I look forward to seeing the continued ripple effect of our collective efforts.

May this new year bring new opportunities, meaningful connections, and a continued commitment to serving others. Together, let's make 2024 a year filled with compassion, generosity, and positive change.

In Altrusa Service, Linda Dorr



2023-2025 Biennium Goals

Together, we can "Bee the Change You Want to See in the World." Every club should strive to attain these critical Biennium Goals. When developing your club's strategic plan, use these goals as a roadmap. I challenge you to "Bee the Change You Want to See in the World, your Club, and your Communities."



Leadership:

Foster a consortium of dynamic Altrusa leaders. Submit your club's Long Range Strategic Plan to the District Two Governor. Participate in succession planning activities. Submit insightful leadership articles to the DSB and monthly Governor's Message.

Membership:

Drive Altrusa's growth by achieving a net gain of three (3) or more new members during the biennium. Contribute strategies for member retention, submitting relevant articles to the DSB and the monthly Governor's message.

Service:

Increase participation in both local and global community service projects. Showcase your Club's Service Projects on the Altrusa International Service Database. Submit a minimum of one (1) article to the DSB for both summer and winter publications. Additionally, contribute at least two (2) articles to the District Two Service Newsletter. Promote increased participation in the Award Entry submissions. Encourage clubs to submit projects to the International Service Database.

Communication:

Continue to seek and find innovative ways to enhance the District Website, providing members with the necessary tools for club maintenance and growth. Explore diverse communication channels such as newsletter, social media, and electronic communication to engage with members effectively.

Days for Girls:

Continue exploring strategies to champion the International Service Project, Days for Girls.



DIANE KOLESAR

Diane Kolesar, a devoted member of Altrusa International McKeesport, PA Club since September 1995, currently serves as the club's treasurer. As District Two Past Governor (2019-2021), she provided influential leadership. Actively engaged in community and church activities, Diane is a regular participant in District Conferences and International Conventions, where she not only attends but also facilitates workshops, showcasing her commitment to service and leadership development. Diane currently serves as the Co-Chair of the District Two Club Building Committee, sharing this role with her daughter, Melissa Kolesar, an active member of the McKeesport, PA Club. Together, they contribute their dedication to further the development of clubs within the district.

MAUREEN MCGOUGH

In 2002, Maureen became a Charter member of Altrusa International, Inc of Blair County, PA. She held various leadership roles, including Vice-President and Club President (2004 – 2005), and served on the District Two Board in 2005. Maureen was District Governor from 2011 to 2013 and contributed to committees and task forces in the following years. She served on the Altrusa International Board of Directors from 2019 to 2021, acting as a liaison for the ASTRA Committee. Maureen, with a B.A. in Sociology from SUNY @ Geneseo and an M. Ed. in Counseling from Penn State University, retired in 2017 as a Treatment Specialist II from the PA Department of Corrections. Currently, she works part-time at Garvey Manor Nursing Home, volunteers for the Central PA Humane Society, and shares her home with her rescue dog, Leila.

JEANETTE WOLFE

Jeanette Wolfe is currently the President of the Montgomery County Maryland club. She has been an Altrusan since 2010. Jeanette has served in various positions at the club level primarily enjoying the role of Service Projects Chair. At the District level, she has served as Co-chair of Club Building and was instrumental with organizing the Prince George's County Maryland club of which she is a charter and dual member. During her tenure, Jeanette has attended several District Conferences and International Conventions. She enjoys meeting and interacting with other Altrusans. As a member of the Nominating Committee, Jeanette will seek out the best-qualified candidates for our leadership positions.



Days for Girls International



All around the world, Days for Girls is making a positive impact! Menstrual stigma can cause distress, but at DfG, we use menstrual health education to break down barriers, obliterate stigma and empower individuals and communities.

We know that sustainable, lasting change comes as everyone has access to accurate information.

Donate to help us provide holistic menstrual health education to women and girls as well as to men and boys. Because at Days for Girls, our mission is more than just a pad. It's about dignity, opportunity and freedom!

Every contribution makes a world of difference. Join us in supporting women and girls everywhere. Donate today at: <u>https://bit.ly/3rCxuLX</u>

Altrusa International 2023-2025 Biennium Calendar

January 2024	ТОРІС	wно	RESPONSIBLE PERSON	NOTES
01/01/24	Governor's Newsletter	2023-2025 Governor	Governor	S
01/01/24	ASTRA scholarship applications available	Local Clus	ASTRA Member Altrusa Member	Due March 15 to Int'l ASTRA Chair
01/01/24	Club Presidents prepare for District Award Entries	Local Club		Review Criteria before submission
01/01/24	Elect Club Nominating Committee	Local Club		
01/01/24	BRR requests due from Clubs to District BRR Chair	Local Club	BRR Chair	Required 90 days before District Confernce
01/01/24	Invite ASTRA participation at District Conference	Governor	District ASTRA Chair	
01/24 TBD	International Board of Directors meeting	International Board of Directors		
01/15/24	District Service Bulletin articles due	District Board, Committee Chairs	DSB Editor	
01/31/24	District award submission deadline	Local Club	Awards Coordiantor	Dates can vary
01/31/24	District Service Bulletin & Governor's Call to Conference	DSB Editor		E-mail DSB to Int'l Office for distribution

Even if you only make a difference in one person's life, you've still made a difference. Grayson Bearden

BYLAWS, RESOLUTIONS, AND RECOMMENDATIONS SUBMISSION PROCEDURE

In following the governance framework of Altrusa International and District Two, all District Board Members, District Committee Chairs, Past Governors, and Clubs are requested to submit any proposed bylaws, resolutions, and recommendations to the District Bylaws, Resolutions, and Recommendations (BRR) Committee Chair, Sindy Butler, no later than ninety (90) days preceding the annual Conference.

To ensure timely consideration, all submissions must reach the District BRR Chair by January 25, 2024, in anticipation of the upcoming annual District Two Conference scheduled for April 26-28, 2024, maintaining the specified ninety (90)-day window.

Each proposal should be comprehensive, providing a historical context with background and rationale, an implementation date, a list of other bylaws or policies affected by the proposed change, the fiscal impact (if applicable), and a suggested motion.

Prior to the annual Conference, the District BRR Committee will circulate all proposals to key stakeholders, including District Officers, District Committee Chairs, Past Governors, and Clubs, ensuring dissemination sixty (60) days before the conference (by February 27, 2023). It is imperative that submitted proposals be thoroughly considered in the best interest of Altrusa, as any adopted changes will have a broad impact on every Altrusan.

For a detailed overview of the submission procedure, please refer to pages 5-7 of the Altrusa International Official Policies. Questions and clarifications regarding the submission process can be directed to the BRR Committee Chair, Sindy Butler, at <u>sindykbutler59@gmail.com</u>.

(Note: The above information will be electronically distributed to District Two members on January 2024.)





Sindy Butler, BRR Chair

VOLUME 1, ISSUE 8

JANUARY 2024



Join us for these interactive workshops led by members of the District Two Board of Dirctors. All Workshops will be held on Zoom

VOLUME 1, ISSUE 8





District Two Workshop Series 2024

Award Applications Why? How? What's New?

Workshop Presenter

Brenda Ruby District Two Governor-Elect

DateTuesday, January 16, 2024 RepeatedThursday, January 18, 2024 Time7:00 pm EST Venue Zoom

Seminar Highlights

- Understanding Why clubs are encouraged to submit award applications.
- Understanding how to complete an effective application.
- Understanding the changes in some award applications.



Save The Date!

Click Here to Join the Workshop on January 16, 2024

Click Here to Join the Workshop on January 18, 2024



VOLUME 1, ISSUE 8

JANUARY 2024





Update Your Club's Information in Group Tally! REMEMBER to please update all of your membership changes and additions in Group Tally.

(\$)

Remember! International & District dues are half price for new members from December 1 - March 31.

Please pay your District Dues and International Dues, preferably in Group Tally!

Altrusa District Two Conference



April 25-28, 2024 Holiday Inn College Park 10000 Baltimore Avenue College Park, Maryland Hosted by Altrusa International Montgomery County, MD Club

Altrusa International Convention July 23-26, 2025 Quebec City, Canada

May you achieve all you want with ever-present happiness! From resolutions to bucket lists, I hope you check them all off this year! A new year is filled with possibilities, so dream big and believe in yourself this year! May the New Year 2024 bring you more happiness, success, love, and blessings! District Two Board of Directors

District Service Program Coordinator

Shari Gomez - <u>sharigomez66@gmail.com</u> Send questions to Shari with this email address: <u>sharigomez66@gmail.com</u>

Submit information to be added to the newsletter to this email address: <u>d2servicenewsletter@gmail.com</u>.

Submission due dates: the first of August, November, February, and May. The District Two Service Newsletter will be published in September, December, March, and June. (Please be sure that submission information includes pictures. :)

The easiest way to ensure the submission is correct is to add the information and pictures into a Word or Google Doc. There is not a limit to the amount of information to submit.

Call To Conference/Winter DSB Reminder! Publication January 31, 2024 Articles are due January 7, 2024 to Laura Ullrich lauralugnut@gmail.com





SUN	MON	TUE	WED	THU	FRI	SAT
Ş	1	2	3	4	5	6
7 Deadline for Call to Conference/ Winter DSB Articles	⁸ Club President Meeting 6:30-Zoom	q	10	11 District Two Finance Committee 6:30 pm Zoom	12	13
14	15	16 Workshop Series Preparing for Award Entries	17	18 _{Repeated} Workshop Series Preparing for Award Entries	19	20
21	22 Committee Chairs Meeting 6:30 Zoom	23	24	25	26	27
28	29 Special Call Board Meeting 5:30 Zoom	30	31 Publish Call to Conference/ Winter DSB			
				Happ	y New Y	′ear



ALTRUSA INTERNATIONAL DISTRICT TWO CONFERENCE

Conference Details

Venue:

Holiday Inn College Park College Park, MD 20740

Dates: April 25- 28, 2024

Hosted By: Altrusa International of Montgomery County Maryland, Inc.



UPDATE

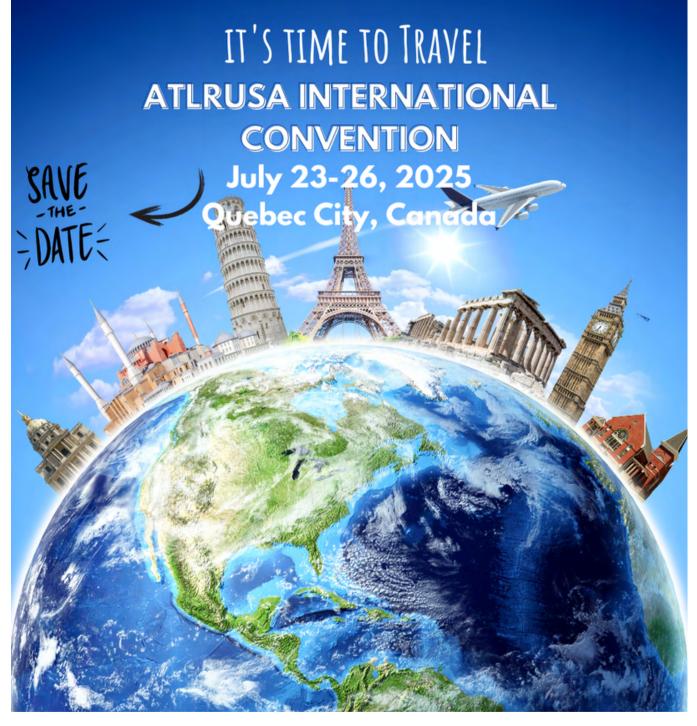
Bee There, or bee

Registration Fees: Full Conference: \$220.00 Friday Only: \$120.00 Saturday Only: \$130.00



SCAN HERE FOR HOTEL INFORMATION

Thursday, April 25, 2024 Registration & Credentials 3:00 pm - 7:00 pm Welcome Social 7:00 pm - 10:00 pm





The streets of the Petit-Champlain district and Place Royale are an invitation to travel back in time to the founding of Québec over 400 years ago. The sense of history in this square is palpable. Nearby street Petit-Champlain will make you feel like you've landed in a fairytale. Petit-Champlain is snugged along the base of Cap Diamant in Old Québec's lower town. Close to the banks of the Saint-Lawrence River, and a short walk from the Québec City cruise port.

News Around the District December Service Newsletter



A heartfelt thank you to all the Altrusa clubs for generously sharing their inspiring stories. Special appreciation goes to Shari Gomez, our Service Coordinator, for her exceptional efforts in assembling this newsletter. Your contributions and commitment make a significant impact, and we're truly grateful for all you do "Leading To A Better Community."

DISTRICT TWO BOARD OF DIRECTORS 2023-2025 BIENNIUM

Governor	Linda Dorr	Martinsville-Henry County, VA Club	dorrlr13@gmail.com
Governor-Elect	Brenda Ruby	Centre County, PA Club	brendaruby@gmail.com
First Vice-Governor	Ann Tyndall	South Central PA Club	atyndall46@gmail.com
Second Vice-Governor	Shari Gomez	Tidewater, VA Club	sharigomez66@gmail.com
Treasurer	Becky Schrope	Centre County, PA Club	bschrope@cvim.net
Director	Cindy Jennings	Richmond, VA Club	cindy.jennings@trane.com
Director	Martha Woody	Martinsville-Henry County, VA Club	rfbmmw@comcast.net
Secretary	Dr. Lillian Holland	Martinsville-Henry County, VA Club	misslillian22@yahoo.com
Parliamentarian	Beth Vann-Turnbull	Richmond, VA Club	elizabeth.l.vann@gmail.com
Immediate Past Governor	Tammy Boyd	Richmond, VA Club	tboyd@ccafinancial.com

DISTRICT TWO COMMITTEE			
ASTRA	Cindy Jennings	Richmond, VA Club	CINDY.JENNINGS@TRANE.COM
Bylaws, Resolutions & Recommendations (BRR)	Sindy Butler	Centre County, PA Club	sindykbutler59@gmail.com
District Communications Committee Co-Chairs	Sue Miller	Reading-Berks, PA Club	smemiller@comcast.net
	Ann Tyndall	South Central PA	atyndall46@gmail.com
District Web Master	Brenda Ruby	Centre County, PA Club	brendaruby@gmail.com
District Service Program Coordinator	Shari Gomez	Tidewater, VA Club	sharigomez66@gmail.com
Days for Girls Liaison Co-Chairs	Elle Barta	Tidewater, VA Club	lbarta@cox.net
	Susan Corey	Tidewater, VA Club	jnscorey@verizon.net
District DSB Editor	Laura Ullrich	Centre County, PA Club	lauralugnut@gmail.com
International Foundation Liaison	Deb Flage	South Central PA Club	dflage@verizon.net
Leadership Training Committee Co-Chairs	Cheryl Outen	Capital City, Virginia Club	outen.cheryl@gmail.com
	Annette Andrews	Capital City, Virginia Club	aahea@aol.com
Membership Development Chair	Joanne Baines	Tidewater, VA Club	joannekbaines@yahoo.com
New Club Building Committee Co- Chairs	Diane Kolesar	McKeesport, PA Club	d_kolesar@hotmail.com
	Melissa Kolesar	McKeesport, PA Club	mkolesar05@gmail.com
Support Our Soldiers (SOS)	Roxanne Barzona	Centre County, PA Club	rbarzona@gmail.com

"A leader takes people where they want to go. A great leader takes people where they don't necessarily want to go, but ought to be." – Rosalynn Carter, former first lady of the United States



District Two

Board of Directors Club Visit Assignments 2023

Club	Board Position
Capital City, VA Club	Gov-Elect – Brenda Ruby
Reading-Berks, PA Club	Gov-Elect – Brenda Ruby
New York, NY Club	Governor – Linda Dorr
Prince George's County, MD Club	Governor – Linda Dorr
Washington, DC Club	Governor – Linda Dorr
Fauquier County, VA Club	First Vice-Governor – Ann Tyndall
Charlottesville, VA Club	First Vice-Governor – Ann Tyndall
Montgomery County, MD Club	Second Vice-Governor – Shari Gomez
Richmond, VA Club	Second Vice-Governor – Shari Gomez
Rochester, NY Club	Director – Cindy Jennings
South Central PA Club	Director – Cindy Jennings
Tidewater, VA Club	Director 2 – Martha Woody
McKeesport, PA Club	Director 2 – Martha Woody
Martinsville-Henry County, VA Club	Immediate Past-Governor – Tammy Boyd
Centre County, PA Club	Immediate Past-Governor – Tammy Boyd

District Two Conference Host Clubs

2024	2025	2026
Montgomery County,	Past Governors'	South Central PA Club
Maryland Club	Conference	

"The pessimist complains about the wind. The optimist expects it to change. The leader adjusts the sails." -John Maxwell



JANUARY 2024



Altrusa International District Two Club Presidents 2023-2024

Rita McCulloch	rdmccull@comcast.net
Capital City, VA Club	
Laura Ullrich	lauralugnut@gmail.com
Centre County, PA Club	
Clarice Zimmer	cazillmer63@gmail.com
Charlottesville, VA Club	
Katie Ott	katies210@hotmail.com
Fauquier County, VA Club	
Deloris East	mimieastx5@gmail.com
Martinsville-Henry County, VA Club	
Helene Moux	helenemouxalt@gmail.com
McKeesport, PA Club	
Jeanette Wolfe	wolfej1@aol.com
Montgomery County, Maryland Club	
Audrey Braver	audiedaniels@aol.com
New York, New York Club	
Shantal Williams	slwilli4@yahoo.com
Prince George's County, Maryland Club	
Sue Miller	smemiller@comcast.net
Reading-Berks, PA Club	
Nancy Minter	cnminter@me.com
Richmond, Virginia Club	altrusarichmond@aol.com
Pam Mitchell	pam.mitchell@altrusarochester.org
Rochester, New York Club	
Ann Tyndall	atyndall46@gmail.com
South Central PA Club	
Sherral Nelson	sherralnelson1@verizon.net
Tidewater, Virginia Club	
Latonya Parker	latonyaarker@gmail.com
Washington, DC Club	

Revised 9/23/2023



"Leadership is the capacity to transform vision into reality." - Warren G. Bennis, founding chairman of the Leadership Institute at the University of Southern California



ALTRUSA INTERNATIONAL INC. DISTRICT TWO DISTRICT SERVICE BULLETIN SCHEDULE 2023-2024



POST CONFERENCE 2023 (PUBLISH 6/30/2023)

List of Club Visit Assignments Conference Article Days for Girls First Timers Governor's Message Conference Awards List District Two Budget 2023-2024 District Two Strategic Plan 2023-2025 Area Workshop Plans Committee Chairs/Goals International Foundation District Two Website News from around District Conference Survey Results

CALL TO CONFERENCE (PUBLISH 1/31/2024)

Conference Info, Program, Registration, Awards Submission Criteria Area Workshop Reports Conference Evaluation Announcement Membership Report News from Committee Chairs District Two Website Updates Conference Related Forms Memorial Form Delegates/Alternates Registration Form Exhibit/Merchandising Space Reservation

ALTRUSAN RESPONSIBLE

Lillian Holland/Linda Dorr Joanne Baines and Ellen Barta Ellen Barta and Susan Corey Maureen McGough Linda Dorr Tammy Boyd Becky Schrope Brenda Ruby Martha Woody All Committee Chairs Deb Flage Brenda Ruby Shari Gomez Ann Tyndall

ALTRUSAN RESPONSIBLE

Linda Dorr & Montgomery Club Host Club Area Reps to Lillian Holland Ann Tyndall and Shari Gomez Becky Schrope Submitted by Committee Chairs Brenda Ruby Linda Dorr

Deadline for Post Conference 2023 is June 1, 2023

Deadline for Call to Conference 2024 is January 7, 2024

Please email information to Laura Ullrich @ lauralugnut@gmail.com

Leading to a Better Community

Bee the Change

You Want to See in the

World



Altrusa International District Two

Helpful Information

Altrusa is an international non-profit organization, making our local communities better through leadership, partnership, and service. We strive to create better communities worldwide. Altrusa is made up of civic-minded people who find great joy in enhancing the lives of others.

ALTRUSA INTERNATION

WEBSITE LINKS

- Altrusa International
- <u>Altrusa Interntional Service</u>
 <u>Facebook Page</u>
- <u>Altrusa District Two Website</u>
- <u>Altrusa District Two Facebook</u>

DO YOU HAVE A QUESTION, CONCERN, CONGRATULATIONS, OR SUGGESTION?

Contact Linda Dorr at Irdorr@comcast.net

