

# VOLUNTEERS NEEDED



# JFS PATIENT NAVIGATORS

Become a Trusted Guide at Medical Appointments

CALL: 508-875-3100

## Make a difference in the lives of elders in your community.

Volunteer in your free time and help frail elders get the medical care and information they need to manage their health, improve their quality of life and live independently in the community.



### Volunteer as a Patient Navigator:

- ◆ Receive comprehensive, ongoing training and support
- ◆ Gain experience navigating healthcare systems and working with elders
- ◆ Select appointments that fit your schedule
- ◆ Get a Patient Navigator padfolio to organize communications
- ◆ Join a team of highly trained volunteers who make a direct and positive impact in the lives of people every day

### Learn How to:

- ◆ Help elders prepare for upcoming medical appointments, review concerns and frame questions
- ◆ Serve as a companion to medical appointments and procedures
- ◆ Facilitate communication between doctor and patient
- ◆ Take notes during the visit
- ◆ Assist in scheduling follow up care and picking up prescriptions

### The Elders You Will be Helping:

- ◆ Aged 60 to 100+ years old
- ◆ Live in Framingham, Natick and surrounding communities
- ◆ Able to enter and exit a car independently
- ◆ Have appointments in the Metrowest and Greater Boston areas

*"I would be lost without my Patient Navigator! She helps me get organized. My memory is not as it was; I depend on the notes she writes for me. I feel better knowing someone is with me and stays the whole time."*

- Anne R., Framingham

### ATTEND A TRAINING:

**Tuesday, February 26, 2019**

**9:00am-3:00pm**

**Lunch and materials provided**



**To learn more about becoming a Patient Navigator, contact our team at:**

**JFS of Metrowest**

475 Franklin Street  
Suite 101

Framingham, MA 01702

Phone: 508-875-3100 x 110

Email: [patientnav@jfsmw.org](mailto:patientnav@jfsmw.org)

Web: [www.jfsmw.org](http://www.jfsmw.org)

Independence • Dignity • Piece of Mind