

Roscommon Elementary and Roscommon Middle School NEWSLETTER

November 2, 2018

RES/RMS Vision: A school community providing an exceptional education for all students.

RES/RMS Mission: To educate and inspire all students to achieve academic and social growth that leads to a successful future.

Upcoming School Events

November 5

First Day of Second Marking
Period

November 15

No School
Safety Day

November 22 and 23

No School
Thanksgiving Break.

November 28

Early Release

December 19

Early Release

December 21

K-7 Holiday Celebrations

December 22-January 2

Winter Break

School Reminders

Colder Weather

The weather is beginning to turn cold. Please send your student to school with outdoor clothing. All students play outside, so it's important that they come ready for colder days.

Children will only be permitted to stay indoors with a doctor's note.

BUCK Expectations: Promoting Positive Behaviors

As part of cultivating a culture of achievement, the RES and RMS Staff has been working hard to build a school-wide positive behavior interventions and support (PBIS) system to establish a consistent K-7 plan that promotes positive behavior and learning.

What is PBIS?

PBIS is a process for creating safer and more effective schools. It is a systems approach to enhancing the capacity of schools to educate all children by developing research-based, school-wide, and classroom behavior support systems. The process focuses on improving a school's ability to teach and support positive behavior for all students. Rather than a prescribed program, PBIS provides systems for schools to design, implement, and evaluate effective school-wide, classroom, non-classroom, and student specific plans. PBIS includes school-wide procedures and processes intended for all students and all staff in all settings. PBIS is not a program or a curriculum. It is a team-based process for systematic problem solving, planning, and evaluation. It is an approach to creating a safe and productive learning environment where teachers can teach and all students can learn.

What does PBIS look like at RES/RMS?

We have adopted a unified set of K-7 expectations that define our expectations for behavior in our school. You will see these expectations posted throughout the school and your child has learned them during the first few months of school. Our unified expectations, found in every classroom and non-classroom setting in the school, are as follows:

Buck Expectations



B- Be Responsible

U- Use Respect

C- Come Prepared

K- Keep Safe

S- Stay Positive

Lost and Found

The Lost and Found is located in the front lobby (RES) and in the cafeteria (RMS). If your child is missing an item, please make sure to check in the

lost and found for it. Every few weeks, students are encouraged to check for any missing items. At the end of each semester, unclaimed items are donated to a local charity.

Holiday Concerts



December 4th

Kindergarten 6 p.m.
2nd Grade 7 p.m.

December 5th

1st Grade 6 p.m.
3rd Grade 7 p.m.

December 12th

4th Grade 6 p.m.
5th Grade 7 p.m.

December 13th

7 p.m.
6/7 Grade Choir
with RHS Choirs

As part of our PBIS process, teachers and other staff members use evidence-based practices to increase student learning and decrease classroom disruptions. We do the following when teaching academics and behavior:

- ⇒ Constantly teach and refer to our school-wide expectations.
- ⇒ Provide students with more praise than correction.
- ⇒ Talk to students with respect using positive voice tone.
- ⇒ ~~Actively engage everyone in the class during instruction.~~
- ⇒ Use pre-correcting, prompting, and redirecting as we teach.
- ⇒ Look for the positive first and provide positive, immediate, frequent, and explicit feedback.

Student Responsibility Center

We are excited to share that Roscommon Elementary and Roscommon Middle School has had great success with the Student Responsibility Center (SRC). This center works with students to apply the lessons that come from True Success, our social-emotional development curriculum in connection with the BUCK expectations. SRC promotes students analyzing their own behavior and working with our behavior interventionists, Mr. Quackenbush (RES) and Mrs. Terry (RMS), to identify appropriate strategies that will allow them to be successful in the classroom.

SRC is a process that assists staff members in working with students to build good habits so that there is no interruption of the teaching and learning in the classroom. If a child is sent to SRC, the classroom teacher will notify the parent(s) to inform them of the visit. If the student chooses to disrupt in SRC, they are again asked a series of questions and given the opportunity to stop disrupting. If the student disrupts again, the principal or assistant principal is called. If the student disrupts again, a parent/guardian contact will be made immediately. After contact with the parent, if the student can regroup themselves and negotiate a verbal plan with the administrator, then that student will be allowed back into SRC (with the understanding that if they disrupt again, he/she will go home).

A student who is sent home from school due to disruptive behavior in SRC is welcomed back in school once there is a conference held between the parent/guardian, administrator and the student to build a plan to start in SRC.

Cold Lunch: Milk

If a child brings cold lunch and would like milk there is a \$0.35 charge.



PTO Corner

Come find out what the PTO is doing and get involved. PTO continues to help the students and community. It can't be done without all of the volunteers! Our next meeting is Monday, November 12th at 6:00 p.m. in the elementary library.



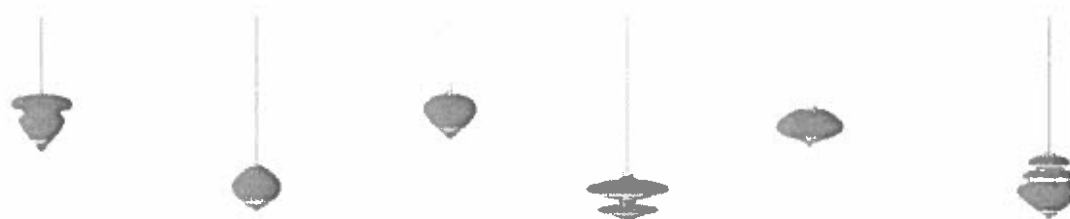
VOLUNTEER



School Volunteers

We are excited to welcome volunteers into our buildings. Thank you for your willingness to give your time and talents to benefit our students! Prior to volunteering, please fill out an iChat form. These forms are in the main office. In addition, please make arrangements with staff/teachers prior to volunteering. Upon arrival, check-in to the main office to obtain pass. Again, we thank you for your service to our students.

RES and RMS Holiday Literacy Family Involvement Night!



When: Tuesday, November 27th from 5:30-6:30

Where: RMS cafeteria

What: We're kicking off the Holiday season making festive ornaments and creating Holiday cards!

This event is for BOTH RES and RMS students and will be held at the middle school. Yummy Holiday snacks will be provided. You will also get to a FREE Holiday Children's book.

Must RSVP by returning sign up form that will be sent home. RSVP is due by Nov 9th

RMS Concession Stand Volunteers Needed!!!

Monday November 5 4:30 pm till games end, usually between 7 and 8 pm. Split shifts are also welcome!

Wednesday November 14 4:30 pm till games end, usually between 7 and 8 pm. Split shifts are also welcome!

Wednesday December 5 4:30 pm till games end, usually between 7 and 8 pm. Split shifts are also welcome!

Monday December 10 4:30 pm till games end, usually between 7 and 8 pm. Split shifts are also welcome!

Saturday December 15 times TBA.

If you can help us fund our K-7 field trips by volunteering in the Concession Stand during the RMS 7th and 8th Grade Girls Basketball Games please contact Erika Nichols at erikanichols@ymail.com or 989-390-9373.

Why do we need Physical Education?

Wondering why the school schedules for students to have physical education in their weekly practice? Here are some credible sources citing reasons why!

Newsweek—"Physical activity is good not only for the heart, but also for the brain, feeding it glucose and oxygen, and increasing nerve connections, all of which makes it easier for children of all ages to learn. Numerous studies show that children who exercise do better in school."

Centers for Disease Control and Prevention—"Over the past three decades the childhood obesity rate has more than doubled for preschool children (ages 2-5) and adolescents (ages 12-19), and it has more than tripled for children ages 6-11.

Caterino & Polak (creative and physical movement specialists) suggest that such physical activity as running, jumping and aerobic game playing have a definite impact of children frontal lobe. . . a primary brain area for mental concentration, planning and decision making.

Pollatschek & Hagen (physical education researchers) Children who engage in daily physical education show superior motor fitness, academic performance and attitude toward school as compared to their counterparts who don't have physical education.

More benefits of physical education:

--movement facilitates thinking (cognition). Movement is a central mission of the brain.

--Repetitive Gross Motor movement balances brain chemicals that calm behavior and elevates self-esteem and self worth, accommodates ADD/ADHD.

--Motor Skills are fundamental to learning. Memory is retrieved better when learned through movement.

--Participation in Physical Education teaches teamwork, tolerance and sportsmanship.

--Last but not least, Movement is FUN!

Sincerely,

Mr. Royce

K-7 Physical Education Teacher

Roscommon Area Public Schools