Uplifting Books for Children & Teens (Ages 1–18)

A curated reading list celebrating kindness, resilience, gratitude, and self-discovery.

Toddlers & Preschoolers (Ages 1–4)

- **We're All in This Together** by Natalie Russell

  Uses simple text and bright illustrations to celebrate everyday acts of sharing, helping, and community kindness.

- **I See You Care** by Patricia Hegarty

  Follows a toddler's daily routine with bouncy, rhyming text that affirms empathy and emotional growth.

- **123s of Kindness** by Patricia Hegarty

  Pairs early counting concepts with sweet examples of family affection and caring for others.

Early Readers (Ages 5–8)

- **I Wish You More** by Amy Krouse Rosenthal & Tom Lichtenheld

  Delivers heartfelt, endless wishes for curiosity, friendship, and strength through warm, whimsical illustrations.

- **Good Night, God** by Holly Berry-Byrd

  Features interactive lift-a-flap pages that encourage little ones to appreciate everyday blessings and wind down with gratitude.

Middle Grade (Ages 9–12)

- **Other Words for Home** by Jasmine Warga

  A lyrical novel in verse following a young girl from Syria finding her voice, friendship, and belonging in America.

- **The Other Half of Happy** by Rebecca Balcárcel

  Tells a warm, relatable story about a girl embracing her Guatemalan-American heritage while navigating middle school friendships.

- **Are You There God? It's Me, Margaret.** by Judy Blume

  Captures the honest, humorous highs and lows of growing up, making new friends, and finding personal faith.

Young Adults (Ages 13–18)

- **The Poet X** by Elizabeth Acevedo

  An empowering novel in verse about a Harlem teen discovering self-confidence and her own truth through slam poetry.

Quick Recommendations

- **Best Multi-Age Read:** *Other Words for Home* — Hopeful and lyrical, making it wonderful for independent readers or family discussions.
- **Best Read-Aloud Gift:** *I Wish You More* — Inspiring and timeless for younger children and milestones.