

## Before You Start

- Put down your devices and turn off the TV!
- Open in Prayer:

*Dear God,*

*As we come together as a family we ask you to join us. Through the power of the Holy Spirit, please help us be open to each other, honest in what we say, and willing to listen to each other. Help this time to be holy. In Jesus' Name, AMEN.*

## DO

Ask the following, and let each person respond:

1. What is your favorite kind of candy?
2. What was your favorite show as a 6-year old (or around that age)?
3. What are you missing out on most during this time of isolation?
4. If you could only have one type of food for the rest of your life, what would that food be?
5. What is your favorite restaurant?
6. What is one thing you do that drives the rest of your family nuts?
7. What is your favorite cereal?

## READ

Read Ephesians 4:31-32.

***<sup>31</sup>“Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. <sup>32</sup>Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.”***

## Talk About

1. Talk about the list in Ephesians 4: 31. Make sure everyone know what each mean. You can even look them up on your phone (the only time phones are allowed during family devotion): bitterness, rage, anger, brawling, slander, malice... which do you find your struggle with? And what causes you to have that attitude?
2. What are some of the words you would use to describe Jesus?
3. What are things going on in your life right now that is causing you to have a “bad” or negative attitude? What are the things that make it tough to have a kind and compassionate attitude?
4. What are some of the things the people to that really make you mad? What are some of the unlovable characteristics you find in other people that are hard to ignore?
5. In verse 32 it says we should forgive each other just as God has forgiven us. How did God forgive us? What are ways we can lay our lives down for each other?

## Close In Prayer

Dear God, we thank you for your Word, which teaches us how we are to live and how we are to treat others. Please guide us to be kind and loving to those, even those who are tough to love. Help us to be more like Jesus each day. Watch over our family and our friends, and guide us in all we do. In Jesus' name, AMEN!