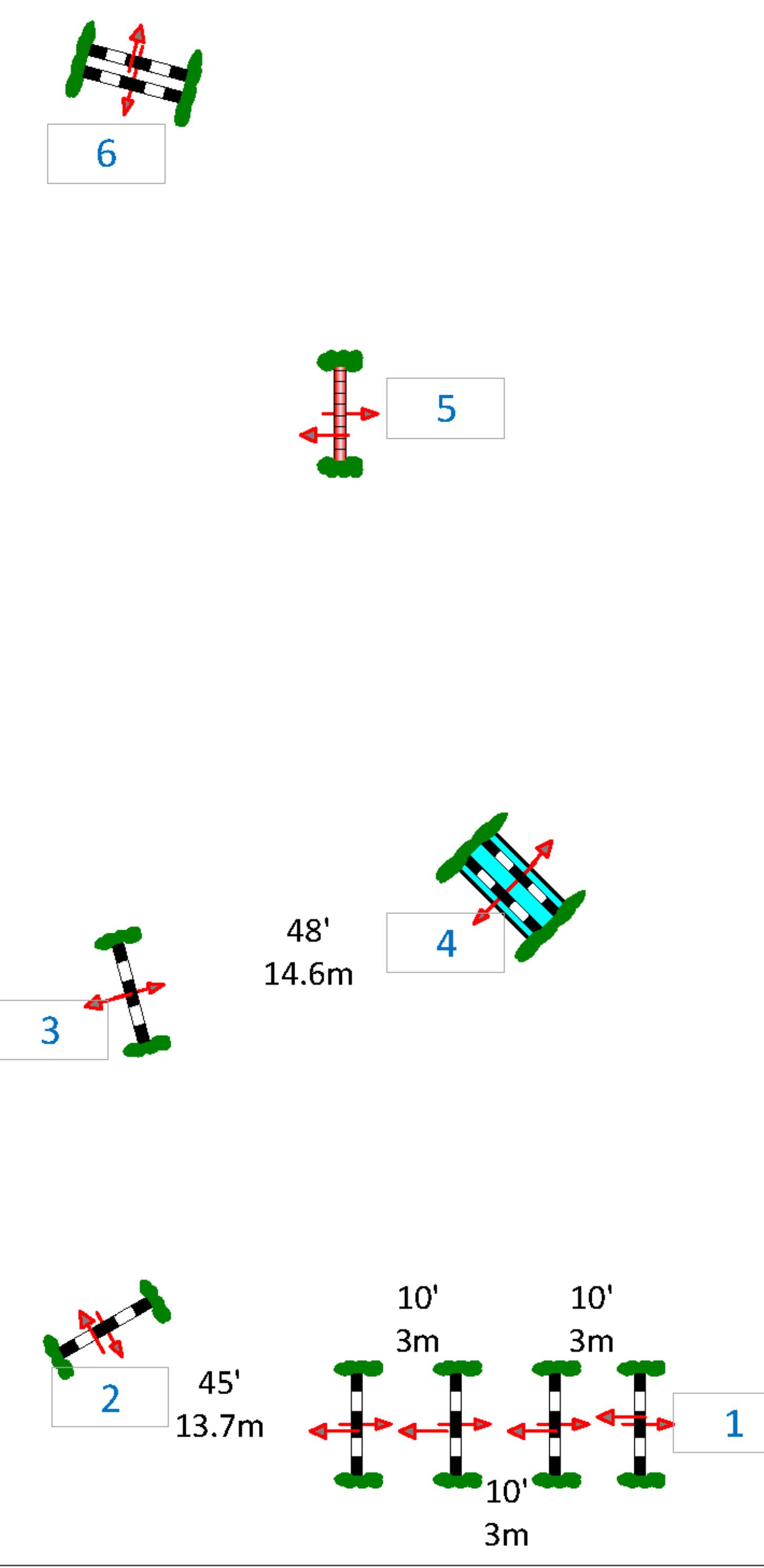


EQUI VAULT

SUPER S LINE

Difficulty: Advanced



Materials: 4 Cavalettis, 1 Wall, 1 Liverpool, 12 Standards, 12 Poles

KEY POINTS

Horse:

- Looking for the fence
- Balance through the turn
- Adjustability

Rider:

- Eyes
- Using track for the distance
- Balance in the landing

LESSONS

The Super S Line looks very hard, but it rides very nicely. The key is to ride it naturally and let the canter flow but still be controlled, ideally at a 325m/min canter. You have the option of staying out in the turns or coming early to the jumps, do what feels right.

Part 1: Ride the line from #1 -#6. Fences 3 –4 should be in a direct line or a very slight curve. Both lines are to be ridden in 3 strides.

Part 2: Ride the line the other direction. The corner to the liverpool needs to be slightly past the turn so the 3 stride ride with balance.

Part 3: (Advanced Ride) Ride both lines in 4 strides. You will have to use the bend in both lines to create enough room. This is especially challenging from #3 to #4, in both directions.