

# St Hedwig School Boys Volleyball tryouts 2025

Location: Quinn Hall

Head Coach: Sue Monsoor (Varsity & B Teams)

Note: **Day 1 & 2** are considered "Open Gym" by the coach and are optional days to attend.

**Day 1:** Monday, Feb 24<sup>th</sup>

Boys B (5<sup>th</sup> & 6<sup>th</sup> grade) 3-4:30 PM

Boys Varsity (7<sup>th</sup> & 8<sup>th</sup> grade) 4:30-6:30 PM

**Day 2:** Tuesday, Feb 25<sup>th</sup>

Boys B (5<sup>th</sup> & 6<sup>th</sup> grade) 3-4:30 PM

Boys Varsity (7<sup>th</sup> & 8<sup>th</sup> grade) 4:30-6:30 PM

Note: **Day 3 & 4** are both \*mandatory days to attend.

**Day 3:** Wednesday, Feb 26<sup>th</sup>

Boys B: (5<sup>th</sup> & 6<sup>th</sup> grade) 4-5:00 PM

Boys Varsity: (7<sup>th</sup> & 8<sup>th</sup> grade) 5-6:30 PM

**Day 4:** Thursday, Feb 27<sup>th</sup>

Boys B: (5<sup>th</sup> & 6<sup>th</sup> grade) 3-4:30 PM

Boys Varsity: (7<sup>th</sup> & 8<sup>th</sup> grade) 4:30-6:30 PM

**\*If a student is going to be absent from any of the\* mandatory tryout dates/times, (illness, etc.), the Athletic Director must be notified.**

Students trying out for these teams need to be dressed in comfortable, appropriate athletic attire. Shorts/pants/shirts, etc. shall not have pockets.

Please contact Mr. Russell or Steve Belloise if you have any questions.

Thank you,

Mr. Russell: [jrussell@sthedwigk8.org](mailto:jrussell@sthedwigk8.org)

Steve Belloise: [sbelloise@sthedwigk8.org](mailto:sbelloise@sthedwigk8.org) Cell: 714-745-8948

# St Hedwig School Girls Flag Football tryouts 2025

Location: St. Hedwig School Football Field

Varsity (7<sup>th</sup> & 8<sup>th</sup> Grade)

Monday & Tuesday, Feb 24<sup>th</sup> & 25<sup>th</sup>

3-4:30 PM

Head Coach : Matt Knabe

Note: Both days are **\*mandatory** to attend.

B Team (5<sup>th</sup> & 6<sup>th</sup> Grade)

Wednesday & Thursday, Feb 26<sup>th</sup> & 27<sup>th</sup>

3-4:30 PM

Head Coach : Matt DeRuyter

Note: Both days are **\*mandatory** to attend.

**\*If a student is going to be absent from any of the mandatory tryout dates (illness, etc.), the Athletic Director must be notified.**

Students trying out for these teams need to be dressed in comfortable, appropriate athletic attire. Shorts/pants/shirts, etc. **shall not** have pockets.

Please contact Mr. Russell or Steve Belloise if you have any questions.

Thank you,

Mr. Russell: [jrussell@sthedwigk8.org](mailto:jrussell@sthedwigk8.org)

Steve Belloise: [sbelloise@sthedwigk8.org](mailto:sbelloise@sthedwigk8.org) Cell: 714-745-8948