



## **Little Chefs Studio**

September 9, 2018

Hi Families,

I'm delighted your little chefs signed up for cooking class this fall! Class starts today!

If your child is a returning chef, then some recipes may be repeats from last year. Who doesn't enjoy eating some things more than once? There will also be a selection of new recipes throughout the semester.

Chefs will be wearing provided aprons while cooking (beginning next week). These will be washed each week following class. Please send in from home a labeled re-usable container each week with your child for left overs. This helps us reduce disposable items. We will also be using non-disposable utensils this year to be more environmentally friendly.

Each week we will discuss ingredients, equipment needed, and process at the beginning of each studio time. There is a focus on sanitary practices as well as exposure to foods students may not be familiar with. Every child will not love every recipe; however, I am hoping they take pride in making each recipe. I will ask each chef to at least try a bite of each item we make because often they have preconceived notions that may shift upon tasting. They love bringing foods home to share it with their families.

Please let me know if you have any questions as the semester progresses. There will be pictures posted on the school's Facebook page that are taken in the studio.

Thank you!  
Ms. Crystal