

"Living Life Well with Diabetes" Celebrating Diabetes Awareness Month

Sunday, November 9th, 2025 Midlands Park Hotel, Portlaoise

Room 1: Type 1 Diabetes

2:00 PM

Managing Type 1 diabetes during hospital admissions

Dr Ma Pyeh Kyithar Consultant Endocrinologist & Physician -Midland Regional Hospital Portlaoise **Room 2: Type 2 Diabetes**

2:00 PM

What community specialists' hubs have to offer people with diabetes

Dr Michael Lockhart Integrated Care Consultant in Endocrinology and Diabetes - St. Luke's General Hospital Carlow/Kilkenny and CHO5 **Room 3: Paediatric Diabetes**

2:00 PM

Pumps, CGMs and Hybrid Closed Loop systems – interpreting diabetes data

Niamh O'Rourke Advanced Nurse Practitioner - Regional Hospital Mullingar

2:35 PM

Living with Type 1 diabetes: how can the diabetes team support you with exercise, nutrition, lifestyle choices?

Lorraine Kelly Clinical Specialist Dietitian – Diabetes Midland Regional Hospital Portlaoise 2:35 PM

Understand how your community dietitian can support you in behaviour change and what food choices can affect your glucose, cholesterol and BP levels

Theo-Anne Botha, & Rachel Mulcahy, Dietitians, HSE Chronic Disease Hub - Kildare & West Wicklow | Primary Care Division

2:35 PM

Managing exercise and diabetes in children and adolescents

Anne-Marie Keogh Clinical Specialist Dietitian - Regional Hospital Mullingar

3:10 PM

Coffee and Tea Break / Exhibition

3:10 PM

Coffee and Tea Break / Exhibition

3:10 PM

Coffee and Tea Break / Exhibition

3:40 PM

Georgina Doyle

Pumps, CGMs and Hybrid Closed Loop systems – interpreting diabetes data

Diabetes Advanced Nurse Practitioner
- Midland Regional Hospital Portlaoise

3:40 PM

Managing Type 2 diabetes during hospital admissions

Dr Ma Pyeh Kyithar Consultant Endocrinologist & Physician - Midland Regional Hospital Portlaoise 3:40 PM

Checking in with your child's mental health and wellbeing – new research

Professor Michael O'Grady Consultant Paediatrician & Paediatric Endocrinologist - Regional Hospital Mullingar